Minutes of the Meeting

The Career Advancement committee met under the chairmanship of the Dean, SGPGIMS on 6th March 2023 at 12:30 pm in the 3rd Floor Committee Room of Admirative Block. Dr. Harshvardhan, was present in the meeting as special invite, elaborated on the mandate of the committee, which is to hold activities to enhance student's awareness and up-to-date career advancement information. The committee unanimously agreed to undertake programs to

- Promote training and development of students
- 2. To encourage mentoring and counselling
- 3. To Support work-life balance of the students

Following suggestion have been provided to develop / Improvise chances of finding a suitable job/ career advancement.

- a) Enhance communication skills by attending the soft skill development program/courses being run by the Institute. This would include improving linguistic skills, inter personal relationship with colleagues, pears, supervisors and patients
- b) Learn the art of presentation and public speaking through soft skill development programs and courses, department run academic program clinical grant round, participation in awareness and outreach programs of the Institute.
- c) Create a structural and innovative curriculum is vital that describes the range of skills acquired during the professional journey. Maintenance of log book will help a great deal in making of complete curriculum vitae.
- d) Developing interest in extra-curriculum activities that are being conducted at SGPGI like sports events, cultural program etc.
- e) Becoming an active participant in the Alumni Cell activities. This will help in networking and broadening the horizon.
- f) Becoming tech-savy and frequently social network sites to stay in touch with friends and
- g) Students will be given an opportunity to hear motivational speakers (at every 3-6 months) for their emotion and mental well-being for a better work life balance. Besides, motivational talks will also help in preparing them for job interviews and exams. Three such motivational talks have already been organized for the students /residents of SGPGI.
- h) Events such as Mentors talk for career counselling, by the experts in the field, will be organized for up-to-date career advancement information and motivation.

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