

DEPARTMENT OF NEPHROLOGY, SGPGIMS LUCKNOW 01 BASIC COURSE IN THERAPEUTIC NUTRITION Feb 14-20, 2020, 2:00-500pm VAC0015

Lectures: Online mode (Via Google meet)

Do you run screaming every time a patient asks you "doctor what do I eat"? Are you looking to explore a challenging specialty area of **therapeutic nutrition practice**? If yes, then welcome to the course on therapeutic nutrition!. This course will expose you to the origins, challenges, and nutritional management of cardiovascular diseases, renaldisease, diabetes, gastrointestinal ailments, surgical cases and critically ill patientsandwill bring you up to speed on all aspects of nutrition care for patients. The course includes practical application, case studies of actual patients to make theory relevant to clinicians. **Learning Objectives of the course are such that by the end of the course you should be able to**

- 1. Applyevidence-based guidelines in nutritional management of patientsin order to prevent adverse outcomes and feel much more reliant on yourself in counselling and managing nutritional needs of the patients.
- 2. To outline future directions in the pursuit of quality care in diseases mentioned above.

The course with conclude with theory examination (multiple choice questions). You will also be provided with hand-outs on the topic covered after completion of the course

Day/Date/Speciality	Lecture	Topic	Speaker
Monday 14 th Feb 2020	1	Introduction to Therapeutic Nutrition .	Prof. Ashwani
		Preventing hospital acquired malnutrition.	Dhabi .
Cardiology	2	Fundamentals of nutritional requirements	Prof. Sudeep
		in cardiac patients	Kumar
	3	Basics of nutritional requirements for	Prof. Shantanu
		cardiac surgery patients. Do's and Donts	Pandey
	4	Clinical Case Can we plan a Diet?	Prof. Sudeep
		December COVID Duty available in Jan	Kumar
Tuesday	5	Basics of diabetic diet	Dr Vijay Lakshmi
15 th Feb 2020	6	Lifestyle modifications for obese patients?	Dr Vijay Lakshmi
		Are we talking about metabolic syndrome?	
Endocrinology	7	Perioperative nutrition in a surgical patient	Dr Gaurav
		(Non gastrointestinal cases).	Agarwal
	8	Clinical Case Diabetic Diet planning and	Dr Vijay Lakshmi
		insulin dose	
Wednesday	9	Nutritional management in predialysis	
16 th Feb 2020		chronic kidney disease	
	10	Nutritional management in maintenance	
Nephrology		dialysis	
	11	Nutritional requirements of a post-renal	Prof. Anita
		transplant patient	Saxena .
1 (1)000/	12	Nutritional management in Acute Kidney	12 110
		injury	

Dr Laxmikant Bharti Organising Secretary Lt Col Varun Bajpai VSM
Executive Registrar
SGPGIMS, Lucknow



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	13	Clinical Case:	Dr Ravi
		 CKD patient's Journey from 	Kushwaha
		predialysis to dialysis	Prof. Anita
		2. Post Renal Transplant	Saxena
Thursday	14	Are there special diets for neurology	Prof Palliwal
17 th Feb 2020	- '	patients (stroke, seizures)	
	15	Nutritional management of surgical cases.	Dr Kuntal
Neurology			kantdas
		,	Dr. Anant
			Mehrotra
	16	Clinical Case: Ketogenic diet	Prof Palliwal
Friday 18 th Feb 2020	17	Fundamentals of therapeutic nutrition in patients with IBS, liver disease	Prof UC Goshal
	18	Nutritional requirements of Paediatric	Dr Moinak Sen
Gastroenterology		patients with gastrointestinal involvement	Sharma
	19	Nutritional evaluation of a surgical	Prof Rajan
		Patients	Saxena
			Or nominee
	20	Nutritional optimization of a Surgical cases	Prof Rajan
		(with clinical cases)	Saxena
•			Or nominee
Saturday 19 th Feb 2020 CCM	21	Nutritional management in ICU	Prof Afzal Azim
CCM	22	Clinical case Refeeding Syndrome	Prof Afzal Azim
		Clinical: optimizing macro and	
		micronutrient intake in ICU patients	
Haematology	23	Nutritional advise for Haematological conditions	Dr Anshul Gupta

Dr Laxmikant Bharti Organising Secretary

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SGPGIMS,Lucknow

Value added Certification Course on Therapeutic Nutrition

Duration: 21 Hours 14.02.2020 to 20.02.2020 Online mode: Google meet

Organising Secretary:

Dr Laxmikant Bharti Course Code –VAC015

		List of enrolled students and attendance						
S.No	Name of the	Program	14.02.202	15.02.202	16.02.202	17.02.202	18.02.202	19.02.202
	student		0	0	0	0	0	0
1	Dr. Abhinav Srivastava	MD	Р	Р	Р	Р	Р	Р
2	Dr. Nitin Kumar	MD	Р	Р	Р	Р	Р	Р
3	Dr. Parul Chaurasia	MD	Р	Р	Р	Р	Р	Р
4	Dr. Kriti Batni	MD	Р	Р	Р	Р	Р	Р
5	Dr. Ramesh Kumar Singh	MD	Р	Р	Р	Р	Р	Р
6	Dr. Alka Kushwaha	MD	Р	Р	Р	Р	Р	Р
7	Dr. Arpita Yadav	MD	Р	Р	Р	Р	Р	Р
8	Dr. Katyayani Tripathi	MD	Р	Р	Р	Р	Р	Р
9	Dr. Nupur Gupta	MD	Р	Α	Р	Р	Р	Р
10	Dr. Anil Kumar	MD	Р	Р	Р	Р	Р	Р
11	Dr. Meghna	MD	Р	Р	Р	Р	Р	Α
12	Dr. Anupama Sahu	MD	Р	Р	Р	Р	Р	Р
13	Dr. Pooja Pandey	MD	Р	Р	Р	Α	Р	Р
14	Dr. Shreya Khatri	MD	Р	Р	Р	Р	Р	Р
15	Dr. Vipendra Singh Solanki	MD	Α	Р	Р	Р	Р	Р
16	Dr. Kanak Kumari	MD	Α	Р	Р	Р	Р	Р
17	Dr. Owk Esther	MD	Р	Р	Р	Р	Р	Р
18	Dr. Gurudayal Khare	MD	Α	Р	Р	Р	Р	Р
19	Dr. Devanshi Agarwal	MD	Р	Α	Р	Α	Р	Р
20	Dr. Deepak Solanki	MD	Р	Р	Р	Р	Р	Р
21	Dr. Mahesh Kumar	MD	Р	Α	Р	Α	Р	Р

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22	Dr. Mayank Kumar	MD	Α	Р	Р	Р	Р	Р
23	Dr. Syed Mohd. Faisal	MD	Р	Α	Р	Α	Р	Р
24	Dr. Yamini Chawla	MD	Α	Р	Р	Р	Р	Р
25	Dr. Devesh Malik	MD	Р	Α	Р	Α	Р	Р
26	Dr. Rishabh Kumar	MD	Α	Р	Р	Р	Р	Р
27	Dr. Khushboo	MD	Р	Α	Р	Р	Р	Р
28	Dr. Rahul Kumar Singh	MD	Р	Р	Р	Р	Р	Р
29	Dr. Katne Dinesh	MD	Р	Α	Р	Р	Р	Р
30	Akhlaque Ahmed	DM	Α	Р	Р	Р	Р	Р
31	Anindya Ghosh	DM	Р	Α	Р	Α	Р	Р
32	Anurodh Dadarwal	DM	Α	Р	Р	Р	Р	Р
33	Chandra Kumar Singh	DM	Р	Α	Р	Α	Р	Р
34	Deepti Yadav	DM	Α	Р	Р	Р	Р	Р
35	Manas Layek	DM	Р	Α	Р	Р	Р	Р
36	Paritosh Kumar Rajput	DM	Р	Р	Р	Р	Р	Р
37	Saklecha Abhishek Ashok	DM	Р	Α	Р	Р	Р	Р
38	Sujeet Kumar	DM	Р	Р	Р	Р	Р	Р
39	Hafis Muhammed V K	DM	Р	Р	Р	Р	Р	Р
40	Harikrishnan. G	DM	Р	Р	Р	Р	Р	Р
41	Sarit Sekhar Pattanaik	DM	Р	Р	Р	Р	Р	Р
42	Sujata Ganguly	DM	Р	Α	Р	Р	Р	Р
43	Bhanuprakash. K.B	DM	Р	Р	Р	Р	Р	Р
44	Rupali Patnaik	DM	Р	Р	Р	Р	Р	Α
45	Ajay Kumar Shukla	DM	Р	Р	Р	Р	Р	Р
46	Gunna Sriharsha	DM	Р	Р	Р	Α	Р	Р
47	Mayur Agrawal	DM	Р	Р	Р	Р	Р	Р
48	Priyamvada Tyagi	DM	Α	Р	Р	Р	Р	Р
49	Abdul Majeed. P.K	DM	Α	Р	Р	Р	Р	Р
50	Akshay Sudhir Kulkarni	DM	Р	Р	Р	Р	Р	Р
51	Arun Singh Bhadauria	DM	Р	Р	Р	Р	Р	Р
52	Bhavesh Bhut	DM	Р	Р	Р	Р	Р	Р
53	Butala Shreya Prashant	DM	Р	Р	Р	Р	Р	Р
54	Kaustubh Dilip Mundada	DM	Р	Α	Р	Р	Р	Р
55	Gala Ruju Sunil	DM	Р	Р	Р	Р	Р	Р
56	Mudit Khurana	DM	Р	Р	Р	Р	Р	А



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Sasaniana	57	Sabarinath.S	DM	Р	Р	Р	Р	Р	Р
Thomas Mathew									
60 Yuvraj Gulatit DM									
61 Ananya Das DM A P <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>									
62		-							
Deshmukh		-							
64 Justin Thomas DM A P		Deshmukh							
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Madhura Sanjay	64		DM			-			
Anand R	65		DM	Р	Р	Р	Р	Р	Р
68 Jayendra S DM P A P <t< td=""><td>66</td><td></td><td>DM</td><td>Р</td><td>Р</td><td>Р</td><td>Р</td><td>Р</td><td>Р</td></t<>	66		DM	Р	Р	Р	Р	Р	Р
69 Pulkit Malhotra MCh P	67	Amrit Gopan	DM	Р	Р	Р	Р	Р	Р
70 Supaksh Mahindru MCh P	68	Jayendra S	DM	Р	Α	Р	Р	Р	Р
Mahindru	69	Pulkit Malhotra	MCh	Р	Р	Р	Р	Р	Р
71 Nitish Gupta MCh P	70		MCh	Р	Р	Р	Р	Р	А
73 V.n.s.s.v.a.m.s. Mahalakshmi. D MCh P	71	Nitish Gupta	MCh	Р	Р	Р	Р	Р	Р
Mahalakshmi. D MCh A P	72	Suneel Mattoo	MCh	Р	Р	Р	Α	Р	Р
74 Valiveru Chakrapani Ramya MCh A P	73		MCh	Р	Р	Р	Р	Р	Р
75 Ashutosh Kumar MCh A P	74	Valiveru Chakrapani	MCh	А	Р	Р	Р	Р	Р
77 Rangari Kamlesh Vasant MCh P <td>75</td> <td></td> <td>MCh</td> <td>Α</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td>	75		MCh	Α	Р	Р	Р	Р	Р
Kamlesh Vasant 78 Sharma Ashish MCh P	76	Gagandeep	MCh						
78 Sharma Ashish Rampratap MCh P </td <td>77</td> <td></td> <td>MCh</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td>	77		MCh	Р	Р	Р	Р	Р	Р
79 KULBHUSHAN HALDENIYA MCh P	78	Sharma Ashish	MCh	Р	Р	Р	Р	Р	Р
80 Murugappan. N MCh P	79	KULBHUSHAN	MCh	Р	Р	Р	Р	Р	Р
82 Nishant Kumar Malviya MCh P <td>80</td> <td></td> <td>MCh</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td> <td>Р</td>	80		MCh	Р	Р	Р	Р	Р	Р
Malviya MCh P P P P P P A 84 Ravi Banthia MCh P	81	Neha Bhatt	MCh	Р	Α	Р	Р	Р	Р
83 Naveen Kumar MCh P P P P P P A A B B A B P	82		MCh	Р	Р	Р	Р	Р	Р
85 Shrey Jain MCh P P P A P P 86 Yashpal Thakur MCh P	83		MCh	Р	Р	Р	Р	Р	Α
85 Shrey Jain MCh P P P A P P 86 Yashpal Thakur MCh P	84		MCh	Р	Р	Р	Р	Р	Р
86Yashpal ThakurMChPPPPPP87Kamlesh RautDMAPPPPP88Kunal Kumar SinghDMAPPPPP89Ritesh Kumar PandeyDMPPPPPP90Shashank PandeyDMAPPPPP91Smarakranjan RoutDMAPPPPP92Amarendu KumarDMPPPPPP				Р	Р	Р	Α	Р	Р
87Kamlesh RautDMAPPPP88Kunal Kumar SinghDMAPPPPP89Ritesh Kumar PandeyDMPPPPPPP90Shashank PandeyDMAPPPPPP91Smarakranjan RoutDMAPPPPPP92Amarendu KumarDMPPPPPPP		_		Р	Р	Р		Р	Р
88Kunal Kumar SinghDMAPPPPP89Ritesh Kumar PandeyDMPPPPPP90Shashank PandeyDMAPPPPP91Smarakranjan RoutDMAPPPPP92Amarendu KumarDMPPPPPP		·		Α	Р	Р	Р	Р	Р
89Ritesh Kumar PandeyDMPPPPPP90Shashank PandeyDMAPPPPP91Smarakranjan RoutDMAPPPPP92Amarendu KumarDMPPPPPP		Kunal Kumar				Р		Р	Р
90 Shashank PM A P P P P P P P P P P P P P P P P P	89	Ritesh Kumar	DM	Р	Р	Р	Р	Р	Р
91 Smarakranjan DM A P P P P P P P P P P P P P P P P P P	90	Shashank	DM	А	Р	Р	Р	Р	Р
92 Amarendu DM P P P P P P P P	91	Smarakranjan	DM	Α	Р	Р	Р	Р	Р
	92	Amarendu	DM	Р	Р	Р	Р	Р	Р
	93		DM	Р	Р	Р	P	Р	Р



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	Bhushan Pandey							
94	Koshy Nithin Thomas	DM	Р	Р	Р	Р	Р	Р
95	Mehta Pankti Kirti	DM	Р	Р	Р	Р	Р	Р

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Dr. Nitin Kumar

HAS SUCCESSFULLY COMPLETED THE FOLLOWING VALUE ADDED

COURSE

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Course Code VAC0015

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Dr. Owk Esther

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Dr. Shreya Khatri
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Dr. Deepak Solanki
HAS SUCCESSFULLY COMPLETED THE FOLLOWING VALUE ADDED
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Dr. Arpita Yadav

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