



Sanjay Gandhi Post Graduate Institute of Medical Sciences

VALUE ADDED CERTIFICATION COURSE

ON

CONCEPT OF NUTRITION

Duration : 30 Hours

Timing : 10.00 AM to 12.00 P.M.

10.8.2022 to 27.8.2022

Venue : SS Agarwal Auditorium , SGPGI

Organising Secretary :

Dr Pulak Sharma

Apex Trauma Centre

SGPGI, Lucknow

Course Code : VAC080

COURSE OBJECTIVE

To apprehend the candidate with

1. Basics of nutrition
2. Functional foods and food group system
3. Mastery of core knowledge in nutrition sciences.

COURSE OUTCOME

After the course accomplishment the student will be able to:

CO1. Students will be able to integrate knowledge and skills in food and nutrition.

CO2. Student will be able to calculate and interpret nutrient composition of foods

Lt Col Varun Bajpai VSM
Executive Registrar
SGPGIMS, Lucknow

Day wise course breakup

S.No.	Topic	Date	Teaching Hours
1	Definition of concepts in relation to human nutrition	10.8.2022	02 Hrs
2	Determinants of Food Choice	11.8.2022	02 Hrs
3	Functional Foods	13.8.2022	02 Hrs
4	Food Group System and Food Guide	14.8.2022	02 Hrs
5	Food Guide	15.8.2022	02 Hrs
6	Balanced Diet	16.8.2022	02 Hrs
7	Principles of Planning Diet	17.8.2022	02 Hrs
8	Recommended Dietary allowances	18.8.2022	02 Hrs
9	Menu Planning, Factors affecting Menu Planning	20.8.2022	02 Hrs
10	Composition of Food	21.8.2022	02 Hrs
11	Types of Malnutrition	22.8.2022	02 Hrs
12	Concept of Diet Therapy	23.8.2022	02 Hrs
13	Types of Therapeutic Diet	24.8.2022	02 Hrs
14	Definition and Types of Dietician	25.8.2022	02 Hrs
15	Roles and responsibilities of Dietician	27.8.2022	02 Hrs
	Total	15 days	30 hours



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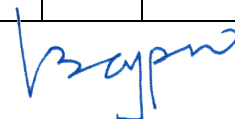
Dr Pulak Sharma

Course Code VAC080

List of enrolled students and attendance																	
Sn o.	Name of the student	Progra m	10.7. 22	11.7. 22	13.7. 22	14.7. 22	15.7. 22	16.7. 22	17.7. 22	18.7. 22	20.7. 22	21.7. 22	22.7. 22	23.7. 22	24.7. 22	25.7. 22	27.8. 22
1	Dr. Ashish Kumar Singh	DM	P	P	P	P	P	A	P	P	A	P	P	P	P	P	P
2	Dr. Abhishek Kumar	M.Ch.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	Dr. Rangach etana A	DM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P


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4	Abhishek Mishra	BSc_CMT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	Rahul Jena	M.Ch	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	Vanshika Rastogi	MD	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	Braja Sundar Hajira	MD	P	P	P	A	P	P	A	P	P	A	P	P	A	P	P
8	Kailash Kumar	MD	P	P	P	A	P	P	A	P	P	A	P	P	A	P	P
9	Mridula Pathak	MD	P	A	P	P	P	P	P	A	P	P	A	P	P	A	P
10	Pradeep Kumar Verma	MS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Rashmi Priya	MS	P	P	P	P	P	A	P	P	A	P	P	P	P	P	P
12	Anushi Verma	MHA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	Awtansh Kumar Singh	MHA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	Om Prakash Maurya	MHA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	Shalvi Verma	MHA	P	P	P	A	P	P	A	P	P	A	P	P	A	P	P



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16	Vaibhav Shriya	MHA	P	P	P	A	P	P	A	P	P	A	P	P	A	P	P
17	Divya Arora	PDAF	P	A	P	P	P	P	P	A	P	P	A	P	P	A	P
18	Pallav Singh	PDAF	P	P	P	P	P	A	P	P	A	P	P	P	P	P	P
19	Ashutosh Chaurasia	PDAF	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Aarti	PDAF	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
21	Ajeet Tiwari	PDAF	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
22	Harshit Mishra	PDAF	P	P	P	A	P	P	A	P	P	A	P	P	A	P	P
23	Tanvi Bhargava	PDAF	P	P	P	A	P	P	A	P	P	A	P	P	A	P	P
24	Anwesha Banergee	PDAF	P	A	P	P	P	P	P	A	P	P	A	P	P	A	P
25	Shweta Chaudhari	PDAF	P	P	P	P	P	A	P	P	A	P	P	P	P	P	P



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ACKNOWLEDGES THAT

Dr. Ashish Kumar Singh

HAS SUCCESSFULLY COMPLETED THE FOLLOWING VALUE ADDED
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ACKNOWLEDGES THAT

Rahul Jena

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ACKNOWLEDGES THAT

Dr. Rangachetana A

HAS SUCCESSFULLY COMPLETED THE FOLLOWING VALUE ADDED
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ACKNOWLEDGES THAT

Abhishek Mishra


HAS SUCCESSFULLY COMPLETED THE FOLLOWING VALUE ADDED
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ACKNOWLEDGES THAT

Dr. Abhishek Kumar

HAS SUCCESSFULLY COMPLETED THE FOLLOWING VALUE ADDED
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Dr Pulak Sharma



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