

Rules and Regulations for the Sports Complex

The following rules and regulations will be observed by all members, to ensure smooth and proper functioning of the Sports Complex.


- 1. The Sports Complex** includes the swimming pool, badminton court, table tennis, gymnasium and lawn tennis court. The pool functions from May to October while the other facilities are available round the year.
- 2. Membership.** The facilities of the Sports Complex are only available to members. All faculty members, senior and junior residents, PhD scholars and students in other courses, officers and all permanent employees of the institute are entitled to become members. Membership forms are available with Caretaker of the Sports Complex for all those eligible and desirous of joining the Sports Complex.
- 3. Timings.** The Sports Complex will open from 6 am to 9 am and 5 pm to 9:30 pm. Swimming pool timings will be:-
Common timings : 6 am to 9 am and 6 pm to 9:30 pm
Ladies' timings : 5 pm to 6 pm (children below 12 yrs are also allowed)
- 4. Membership dues.** All applications for membership of the Sports Complex will be reviewed by the committee. New members will deposit caution money of Rs. 2000/- at the time of joining the Sports Complex. This money is refundable when the member decides to surrender membership of the Sports Complex. Any damages, fines, unpaid dues etc. may be recovered from this caution money in case these are not deposited by the member. In addition, annual membership (excluding gymnasium fee) for the Sports Complex will be charged at Rs. 1000/- for individuals, Rs. 1500/- for two family members and Rs. 2000/- for more than two family members with effect from April 1 of every year to March 31. "Family Members" in this context refers to husband/ wife, daughter, son, mother and father of the institute employees.
- 5. I Card.** All members and their dependants will be issued a photo identity card with a registration number. Entry to the Sports Complex will be permitted only to those with proper I cards that must be deposited with the caretaker upon entry to the complex and will be returned when the member leaves the Sports Complex. Entry may be denied to those not able to produce proper I cards. Proper entry will be made by each member upon entry and exit from the Complex in a register kept for this purpose by the Caretaker. Those not issued I cards but have paid the fee have to produce their cash receipts on entry to the Sports Complex. I cards will be renewed every financial year and old cards have to be submitted at the time of payment of renewal fee. Non-members and any other unauthorized persons are not allowed to enter the Sports Complex/Swimming Pool.
- 6. Guest Members.** Regular members may invite guests to the Sports Complex. Guest charges per head will be as follows: Daily Rs. 50/-, weekly Rs. 250/-, fortnightly Rs. 500/- and monthly Rs. 900/-. These will be collected by Caretaker/Housekeeper and proper receipts will be issued.
- 7. Conduct Rules.** Members are expected to observe decency and decorum in the Sports Complex. The committee reserves the right to evict any member creating a disturbance. Indulging in misbehavior may lead to suspension or termination of the membership of the member.
- 8. Damage to Property.** Members are liable for all deliberate damage, damage due to improper or inappropriate use or ignorance of proper use. Cases of damage to Sports Complex property will be reviewed by the Caretaker and appropriate damages or fine may be levied for such damage that may be deducted from the caution money of the member in case of default or undue delay in payment of assessed fine.
- 9. Sports.** Members wishing to play badminton, table tennis and lawn tennis are required to bring their own rackets, shuttlecocks and other sporting gear. These will not provided by the Sports Complex.

Swimming Pool.

- (i) Members have to remove their shoes/slippers and put them in the shoe rack before entering the Swimming Pool area. Children's walkers, cycles etc have to be left near the shoe rack. Pets and prams are not allowed in the Swimming Pool area.
- (ii) Members are not allowed to enter the pool wearing jewelry, watches and other accessories. If these are lost in the Swimming Pool the members will themselves be responsible for them. Also, the members will be responsible for their belongings.
- (iii) Swimming pool will not be open for use if "life guard" is not available. Under any circumstances nobody will be allowed to swim in absence of life guard.
- (iv) All the members have to wear proper swimming costume while swimming.
- (v) All members will have shower bath before and after entering the swimming pool. Foot disinfectant like $KMnO_4$ will also be used before entering the pool.
- (vi) Entitled person with no skin disease, free from contagious disease and does not have any illness that may be aggravated by swimming will only be allowed to become the member of swimming pool. The officers/employees have to submit a medical certificate in this respect from G.H.doctor of SGPGI . Membership will be discontinued temporarily till such time the person is free from these diseases. Member are expected to be educated and have the sense of responsibility for these diseases so that they should avoid themselves from swimming for the period they are suffering with diseases.
- (vii) Members will have to submit their consent for their willingness for use of swimming pool. They will be responsible for any possible danger/harm to their life due to swimming or swimming pool. In case of minor employee will give the consent to the same respect.
- (viii) Non-members, spectators and any other unauthorized persons are not allowed in the pool area. Even members will not act as mere spectators; they will have to utilize the facilities.
- (ix) Members will be responsible for any damage, misbehavior or breaking of rules by them or their guests.
- (x) Children below 12 years will be allowed in swimming pool only if they are accompanied with parents/guardians.
- (xi) Children below 2 years will not be allowed for swimming. Children from 2 to 5 years are not allowed in the main swimming pool; they have to use the baby pool.
- (xii) Those members who have availed limited membership for swimming pool and deposited Rs. 1000/- as caution money can only use the swimming pool.
- (xiii) Photographing is not allowed.

11. Gymnasium.

- (i) Those who are members of the Sports Complex and have availed full membership by depositing Rs. 2000/- as caution money can become members of the gymnasium.
- (ii) Gymnasium fee will be charged per head Rs. 50/- daily, Rs. 300/- monthly, Rs. 800/- quarterly, Rs. 1500/- half yearly and Rs. 2800/- yearly from members only. Guest charges are the same for gymnasium too as mentioned earlier.
- (iii) The gymnasium is not allowed for minors (below 18 years).
- (iv) Persons suffering from hypertension, diabetes mellitus, coronary artery disease, chest pain on exertion/rest, asthma, swelling feet, cervical/lumber sodalities, seizure disorder and any other disorder will not be allowed to use the gymnasium. The members have to submit a medical certificate from General Hospital Doctor of SGPGI.


Chairman
Sports Complex