



## Syllabus for Hospital Attendant Grade-II (English)

(Syllabus is only Indicative. The questions can assess any aspect of knowledge, aptitude, attitude and practical skills, which is expected from a trained person to work efficiently at the advertised

### Part B

#### Core Subject

1. Meeting the Basic needs of the patient
  - a. Physical needs-
    - Comfort, rest, sleep & exercise.
    - Body Mechanics Moving, Lifting, transferring.
    - Position & Posture maintenance.
    - Beds & bed making- Principles of Bed making, types and care of bed linen.
    - Safety devices, restraints Splints.
  - b. Hygienic needs
    - Personal and environmental hygiene
    - Attendants' role in maintaining personal and environmental hygiene.
  - c. Elimination needs
    - Problems constipation and diarrhoea, retention and incontinence of urine. Offering Bedpan, Urinal
2. First Aid- Definition, Aim and importance, rules/general principles of First Aid, first aid in emergencies.
3. Procedures & Techniques in First Aid
  - Preparation of First aid kit.
  - Dressing, bandaging & splinting etc.
  - Transportation of the Injured.
  - CPR & Basic Life support.
4. Communication Skills & How to communicate with patients & their relatives.