



#### **Azadi Ka Amrit Mahotsav in SGPGIMS**

15 August 2022, the 75<sup>th</sup> anniversary of our much awaited independence as a nation, was special for every Indian. SGPGI too observed this momentous occasion with full fervor.

The celebrations commenced with every house in SGPGI being provided with the National Tricolour flag under the government's " Har ghar Tiranga" campaign to encourage people to bring the Tiranga home and to hoist it to mark the 75<sup>th</sup> year of India's independence. Our relationship with the flag has always been more formal and

Our relationship with the flag has always been more formal and institutional than personal. Bringing the flag home collectively as a nation in the 75<sup>th</sup> year of independence thus becomes symbolic of not only an act of personal connection to the Tiranga but also an embodiment of our commitment to nation-building. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian

National Flag. It was a moment of pride to see the tricolour swaying in the breeze on every house in the entire residential campus. Staff members and their families uploaded their pictures with the Tiranga on social media portals and the government website.

All the important buildings in the sprawling SGPGI hospital and residential campus were also lit up with flag colours to commemorate 75 years of independence.

Essay and slogan writing competitions were held for all the students on topics related to India at 75 years, these provided insight into the minds of the youth of today.

Finally,15th August morning dawned, the Institute Plaza was thronging with employees and students. Every one realized that this is a special day and they must join in. The Director ,Professor R K Dhiman, hoisted the

tricolor and it swayed proudly in the breeze, above the crowds. The Director gave a meaningful and inspiring speech ,apt for the occasion. He congratulated everyone

and reiterated that "Nation comes first". Every action or step we take should contribute towards nation building and progress. While we are happy that the Institute did exemplary work in the tough covid years, but we cannot rest on our laurels and must strive for further excellence.

The ER(Executive Registrar) Lieutenant Colonel Varun Bajpai, reminded every one about the martyrs, both sung and unsung, who have sacrificed their lives, so that we may live a life of peace and safety. On this occasion ,19 members of the institute were honored by the Director, for their excellent work.

The winners of the collage competition organized by the Nursing College of the institute were also awarded on the occasion.

Along with this, the winners of essay competition and slogan competition

organized for the students of the institute on the occasion of Independence Day were also felicitated.

There can be no better way to celebrate bonding and team spirit than sports. In keeping with that emotion, a cricket match was organized between Director's11 and Dean's 11, in which the Director's team was the winner.









# Inauguration of Neurophysiology Lab & Oxygen Gas Plant

"You can only see your current horizon. Every time you move nearer to your desired destination, new horizons will become clear." - Chris Murray ...

The newly constructed Clinical Neurophysiology lab was formally inaugurated on 6th July by the Hon'ble Deputy

Chief Minister, Uttar Pradesh, Shri Brijesh Pathak ji.

This lab has facilities for various investigations required for patients suffering from disorders of brain, spinal cord, peripheral nerves and muscles. Video Electroencepahogram is used for the diagnosis of epilepsy.



Electromyography and Nerve conduction tests are used for diagnosis of nerve and muscle diseases. Transcranial magnetic stimulation is used for management of various headaches and other painful conditions. Transcranial



Doppler is used to diagnose obstruction in the flow of blood in intracranial arteries. These investigations are specialised tools handled by experts trained over years.

The Deputy Chief Minister also inaugurated a 1000 LPM (litre per minute) capacity oxygen PSA plant which was donated to the institute by NGO 'Doctors For You'. The expenditure for supply and installation will be borne by the NGO. This plant works on PSA (Pressure Swing absorption) technique, by which 93% to 94% of pure oxygen is obtained from air. Then it is transported to the patients admitted in hospital through central pipe line system.

**Professor R K Dhiman, Director,** welcomed the Hon'ble guest and thanked him for gracing the occasion. **Dr Rajat Jain,** President, 'Doctors for You' NGO which has donated the PSA oxygen plant was also felicitated with a memento. Speaking on the occasion, Hon'ble minister appreciated the work culture at SGPGI to treat every patient with utmost care and empathy.



Live Streaming of Complex Coronary Intervention by SGPGI Cardiologists: Teamwork pays dividends

The Department of Cardiology performed a complex coronary intervention case in a 65 year old male on 31st July 2022. The highlight was the live telecast of this case in the prestigious ACVS India South Asia 2022-India's premier Interventional Cardiology Conference – organized in Hyderabad. More than 500 leading interventional Cardiologists from India and abroad, exchanged thoughts, shared ideas and interacted with

each other on a hybrid platform in this meeting. The insights provided are likely to contribute towards making India a significant player in the global cardiac space in the years to come provide an impetus to quality based Cardiology care in the country.

The patient had left main coronary artery disease involving the origins of both the main arteries of the heart (the left anterior descending: LAD and circumflex:



Cx arteries). After detailed discussions and planning amongst the cardiology team members (comprising of Professor Aditya Kapoor, Head of Cardiology, Professor Satyendra Tewari, Professor Sudeep Kumar, Dr Roopali Khanna and Dr Ankit Sahu) a coronary angioplasty was performed taking the guidance of the latest coronary imaging techniques including IVUS (intravascular imaging) and OCT (optical coherence tomography).

ProfessorAditya Kapoor informed that use of these advanced imaging modalities helps delineating the coronary anatomy, plaque structure and other aspects of the coronary vascular bed that are not seen by simple coronary angiography. Following initial IVUS imaging, the vessel size and tissue characterization were discussed with the international and national faculty who were participating as panel discussants in the live telecast. Professor Satyendra Tewari explained that after this, once the management strategies were decided, at first the disease in the Circumflex artery was tackled by inserting a stent in that artery. Following this, stents were inserted in the main artery ie the LAD and the left main coronary artery.

Explaining the intricacies of this complex procedure, Prof Sudeep Kumar elaborated that meticulous pre-planning is a key to success in such cases that involve multiple wire passages and balloon crossings in the coronary arteries. Dr Roopali Khanna said that imaging using IVUS or OCT was mandatory in these situations not only to understand the exact stent size needed, but also to assess if the stent was well implanted and apposed to the vessel wall. Emphasizing this, Dr Ankit Sahu said that after implanting the stents, in this case too, a final imaging analysis by OCT was performed to see for any residual plaque or diseased areas left uncovered by the stents.

The panel discussants on the live portal were extremely impressed with the final result and expressed their satisfaction on the optimal use of dual imaging modalities (IVUS and OCT) in this case.

Professor RK Dhiman, Director of SGPGIMS congratulated the Cardiology team and said that successful performance of this live case has added another feather in the cap for the Department of Cardiology.

# Induction/ orientation programme of newly recruited staff nurses at SGPGIMS

The healthcare sector is governed by an amalgamation of sets of rules, regulations, codes, conducts and etiquettes coupled with the latest and state-of-the-art diagnostics. These set out the responsibilities of healthcare professionals, hence it is imperative that the newly recruited staff be well versed with the culture of the Institute, thereby increasing the level of productivity of the staff as well amplifying the standards of care being delivered. The Department of Hospital Administration, SGPGIMS organized an Induction Training cum Orientation program for newly recruited staff, in SGPGIMS on 16th and 17th September, 2022 at C.V. Raman Auditorium, New Library Auditorium Complex.

Dr. R. K.Dhiman, Director,was the Chief Guest of the session, delivered the Keynote address. In his talk he welcomed all the newly recruited staff in the family of SGPGIMS and further motivated them to work harder to bring laurels for the institution and never indulge in any dubious activities.

The program started with the customary Lamp lighting by Dr. R.K Dhiman ,Director, Dr. Gaurav Agarwal ,Chief

Medical Superintendent, Dr. R Harsvardhan, Head, Hospital Administration and Mrs. Lizamma Kalib, Chief Nursing Officer.

All the newly recruited nurses registered themselves for this induction cum orientation programme with utter enthusiasm. The program was in three phases i.e. Welcome Phase, Training Phase, and Pre & Post test Phase. The organizing committee unanimously decided to have experts from different sections of the society which included Medical and Nursing professionals, System manger of HIS, Administrative Officers for imparting the training.

This 5 weeks on job training schedule, had a comprehensive list of topics to equip the new recruitees with both knowledge and confidence. The topics included Nursing services Organogram, roles and responsibilities of nurses, dress code and attire, nursing assessment tools, patient admission and discharge process, nursing process and care plan, leave rules, code of conduct, communication, sample collection, patient safety ,CPR, Diabetic care, Ecg reading etc. The learners felt motivated





to get acculturated in the color of Institute and more significantly they discussed how to add values to both professional and individual lives.

After completion of the induction programme; entrants were confident that they would smoothly transition into a new professional environment. It is expected that they will bring moral values and display ethical and humane behavior in their work practices.

Ms. Juin Dutta Ghosh, Quality Care Nurse

#### World Zoonoses Day 2022: One Health Approach



World Zoonoses Day 2022 in SGPGIMS was observed under the leadership of College of Nursing with a Seminar built around the theme "World Zoonoses Day 2022: One Health Approach". The Program was Inaugurated by Chief Nursing Officer, Ms Lizsamma Kalib and Dr Prerna Kapoor, Senior physician ,General Hospital and Mr Yadidya, Lecturer College of Nursing.

The Seminar was held in both online and offline mode, a total of 310 delegates registered all around India and there were some delegates even from Africa. The venuefor the seminar was a telemedicine hall. After the Inaugural function and welcome note by Mr Yadidya, Lecturer college of Nursing, Dr Atul Baranwal, Senior Scientist and

Vetenary Surgeon elaborated on the topic of Zoonoses and Lab Animals: Challenges and Way forward.

Next, Dr Prerna Kapoor shared her knowledge on the vital topic Rabies: Prevention is better than cure. This was followed by a talk on Scrub Typhus by Dr. Bishal Gupta, PDCC (Infectious Diseases) Resident, Department of Microbiology.

Dr Om Prakash Sanjeev shared his experience and wisdom on the topic Emergency Management of Zoonosis: Lessons from Covid Pandemic.

Mr.Dhikhil CD, Quality Nurse Coordinator, elaborated upon Monkey Pox, a very important contemporary topic.

The last talk was on Nursing Management of Zoonotic Diseases by Mr. Yadidya.

The event was supported by Mrs Merlin Cheema, Ms Alice, Mr K Halimany, Mr Vinod and Mr Auchitya, teachers of college of Nursing.

The program cleared lot of doubts regarding the reemerging zoonoses and lessons learned from covid period. The program ended with vote of thanks by Ms Alice, Tutor, College of Nursing followed by National Anthem. E-Certificate were issued to participants after pre and post tests.



Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do

Pele



## **World Rabies Day 2022**

World Rabies Day is observed each year on 28th September, to promote the fight against rabies and raise awareness about its prevention . Rabies is a fatal but preventable viral disease, which is spread to people from the saliva of infected animals.

According to the World Health Organization, the theme of World Rabies Day 2022 was "Rabies: One Health, Zero Deaths". This theme was to emphasize the



connection between the environment, people, and animals. One Health as a theme represents the vulnerabilities of the health system but also sheds light on what we can achieve with collaboration across sectors.

Zero Deaths means that the world has all the medicines, tools, vaccines, and technologies to eradicate the disease and zero death should be the end goal.

The Department of Hospital Administration, and Dr.Prerna Kapoor, Senior Physician, General Hospital, took the initiative to organize a program to create the awareness among the staffs of the institution on 30th September,2022 at H. G. Khurana Auditorium Complex, New Library, SGPGIMS.

Opening Remarks were delivered by the Head of the Department, Hospital Administration, Dr. R.

Harsvardhan. Dr. V. L. Bhatia, Professor, Endocrinology and Chairperson, CDAC (Campus Development Advisory Committee) highlighted the significance of awareness regarding the disease.

Dr. Prerna Kapoor talked about the management of Dog-bites, the Do's and Don't's and how to prevent the deadly disease.





Dr. Atul Kumar Baranwal, Veterinarian, Member Secretary, Animal House, deliberated on "Rabies se bachaav", how to handle animals.

The target audience for the program were domestic workers staying in SGPGI residential campus, contractual staff, housekeeping staff and sanitation staff. The program was well attended and the audience took home a few important and lifesaving messages from the short and interactive session.

Dr. Swati Choudhari and Dr. Anushi Verma, Residents of Department of Hospital Administration along with their colleagues helped organize the program

## From the editor's pen.....

Walk for fitness!" Everything is within walking distance if you take out the time for it"



SGPGI campus is a paradise for walkers. Walking is one of the best forms of exercise as anyone can do it, any time of day,no fancy equipment needed, only a good pair of shoes. One can listen to music , podcasts , devotional talks or motivational speeches while walking . Some people choose to not listen to music but tune in to the sights and sounds around, appreciate the flowers, trees, peacocks and listen to the birds chirping. We can walk alone or with a friend or family member or in a group. Running, jogging, sprinting are all cousins of walking and one can take those up in order to enhance fitness and increase calories spent . With summers receding and pleasant weather now around us , no one has any excuse to not walk or exercise. With India all set to become the Diabesity capital( Diabetes + Obesity) of the world, one way to beat it is walk your way to health. So let's all start today and now!

Dr Prerna Kapoor



## World Heart Day 2022: Use Heart for Every Heart



World Heart Day is celebrated every year on 29th September to increase awareness about heart diseases. The week was kickstarted started with a Cyclothon and Walkathon,on 25th September, in order to re emphasize about the role of fitness in staying heart healthy. The event was organized by Department of Cardiology SGPGIMS in collaboration with the famous Cycling group Pedalyatri Lucknow under aegis of UPCSI - UP Chapter of Cardiological Society of India. While SGPGI faculty members and

their families started their Sunday morning with a brisk walk or jog or run, About 50 cyclists spread the knowledge of Healthy Heart at the iconic Rumi Darwaja using

standees and banners. They started their cycling towards SGPGIMS after flagging off by their leaders Mr Rajesh Kumar Verma and Dr Sudeep Kumar, Professor ,Cardiology, SGPGI. They were received by Head of Cardiology, Professor Aditya Kapoor and Professor Satyendra Tewari at the Hobby Center in SGPGI campus. Here lady cyclists of the group presented heart shaped balloons to everyone present there and spread the message of World Heart Day slogan i.e.







USE ♥ FOR EVERY ♥

Everyone present pledged to play their roles in helping spread awareness about heart diseases and also to look after their own cardiac health by walking on the path to fitness.

Dr. Sudeep Kumar, Professor, Cardiology

# **World Hepatitis Day 2022**



On World Hepatitis Day, an awareness program was jointly organized by Departments of Hepatology and Hospital Adminis-tration in collaboration with Department of Gastroenterology, King George's Medical University, Lucknow with the theme, "Bringing hepatitis care closure to you". Dr Lily Singh, Director General Medical & Health, Uttar Pradesh was the chief guest for the program.

The inaugural session was conducted by Dr. R. Harsvardhan, Nodal Officer and Head ,Hospital Administration. Professor R.K.Dhiman, Director ,SGPGI delivered a talk on the "Burden of viral hepatitis and its sequelae". Professor AK Tripathi, Head, Clinical Hematology and Dean Academics, KGMU spoke on Importance of World Hepatitis Day.

Professor Gaurav Agarwal, Chief Medical Superintendent, closed the inaugural session with a talk on National Viral Hepatitis Control Program of India.

The scientific session started with a talk by Dr Sumit Rungta, Additional Professor, KGMU on burden of viral Hepatitis in India and the State of Uttar Pradesh.

Prof. R.K. Dhiman enlightened the audience on National Viral Hepatitis Control Program: "A Public Health Initiative". Dr. A.K. Singh, Director- Sanchari Rog and Dr. Vikasendu Aggarwal, Joint Director, IDSP shared their data on National Viral Hepatitis Control Program in Uttar Pradesh and the way forward.

Dr. Madhumita Prem Kumar, Associate Professor, PGIMER, Chandigarh joined the program virtually and shared the Punjab model of "Micro-Elimination of Hepatitis C from high-risk population".

Dr Amit Goel, Additional Professor, Department of Gastroenterology, SGPGIMS closed the session with a talk on Stake holders for expanding the program.

More than 100 participants participated in program and got insights into Hepatitis. The program was successfully conducted with the help from Chairpersons, Dr U.C Ghoshal, HoD, Gastroenterology, SGPGIMS, Dr Virendra Atam, HoD, Internal Medicine, KGMU, Dr Ajay K Patwa, Additional Professor, KGMU and Dr. Himanshu Dandu, Medical Superintendent, KGMU for answering queries of the participants in an insightful way.



# **Awareness session cum Pledge Drive regarding Organ Donation**

# अंगदान महादान! आप भी बचा सकते हैं दूसरों की जिंदगी

State Organ & Tissue Transplantation Organization (SOTTO) for the State of U. P. is established in SGPGIMS, Lucknow to formalize the system of removal, storage & transplantation of human organs and tissues. Following its statutory obligation, SOTTO – U. P. conducts awareness sessions and pledge drives, in order to create awareness & promote deceased organ donation by dispelling myths & encouraging people to come forward & share the gift of life.

A two-day Awareness session cum Pledge Drive was organised on 1st and 2nd October, 2022 at 19th National Book Fair, Balrampur Gardens, Lucknow by SOTTO and Department of Hospital administration.

Photo session,Offline and Online pledge forms were part of the drive. The basic objective was to sensitize all verticals of society, regarding organ & tissue donation, which in turn will become a part in the journey of improving the deceased organ donation rate through their kind participation.



Mr Rabinshu Sharma, Media Consultant, SOTTO-UP

# **Every Heart Beat Matters**

Sudden Cardiac Arrest (SCA) can happen to anyone, anytime and anywhere. In our country, nearly 2 Million people die suddenly at home or at public places due to SCA. This condition usually results from sudden electrical disturbances in the heart rhythm that disrupts its pumping action and stop blood flow to the vital organs of the body leading to sudden collapse.

Without immediate help (within the first three minutes) the victim's chances of survival are nearly zero. Although SCA victims CAN BE SAVED by bystanders, such victims do not survive due to minimal public awareness and knowledge on how to handle such emergencies. Every 1 minute delay in initiating life saving measures in the form of cardiopulmonary resuscitation (CPR) by bystanders decreases the chances of survival by 10%. CPR is a simple life saving skill and can be easily learned.

All over the world, members of the public are routinely trained for CPR and bystander resuscitation. If people have the crucial knowledge and hands-on training on how to keep a victim of a Sudden Cardiac Arrest alive until medical help arrives, many such people can be saved and reach the hospital in a timely manner.

As the National Coordinator of Sudden Cardiac Awareness week, Prof Aditya Kapoor, Head of Cardiology, SGPGI, conducted a series of public awareness workshops from 24th September 2022 to 1st October 2022 in which participants were taught to familiarize themselves with the following:

- How to recognize Sudden Cardiac Arrest
- Tips on the techniques of CPR
- Tips on using the life saving device called an Automated External Defibrillator (AED)

Workshops were conducted at the Centre of Biomedical Research, Lucknow, IIT Kanpur, Gym owners and fitness trainers, Indian Oil Association, Times of India, La Martiniere's College, State Bank of India head office, for athletes and coaches at KD Singh Babu stadium and Rotary Club, Lucknow.

The concluding program of the week was held at Lok Bhawan, Lucknow under the guidance of Chief Secretary, Govt of UP, Shri DS Mishra on 3rd October 2022 as part of his initiative on कार्य क्षमता वृद्धि व्याख्यान माला

Overall, approximately 5000 persons attended these workshops either in-person or on virtual mode.





#### Walkathon on the occasion of National Nutrition month 2022

A walkathon was organized on 28.9.22 by the department of dietetics, nephrology, society of renal nutrition and metabolism in collaboration with faculty club on the occasion of national nutrition month 2022. The program was inaugurated by Director , Professor R K Dhiman. Professor Anita Saxena, all the dietitians, Faculty members, students of Kendriya Vidyalaya and Nursing students actively participated in the walkathon. The highlight were placards with catchy slogans like

"Best Medicine is kitchen and best pharmacy is kitchen"

#### "A high five to high fiber"

Candlelight march was also organized on this occasion. People were encouraged to eat home cooked clean and healthy foods. Pamphlets about healthy balanced thali and its nutritive values with instructions for maintaining a healthy diet and lifestyle were also distributed.

The aim of Walkathon was to encourage the general public to eat a healthy, balanced diversified diet and to include regular physical activity in their daily routine as a step towards a healthy lifestyle. The focus was on including more and more of seasonal, locally available fresh vegetables and fruits, millets and slim milk and milk products in the daily diet. They were also educated about the harmful effects of junk and fast foods. To limit salt, sodium rich foods and trans fat was also emphasized.



- " घर का हेल्दी खाना खाओ बीमारी को दूर भगाओ ",
- " संतुलित आहार स्वस्थ जीवन का आधार ",
- " घर का हेल्थी खाना खाओ, ताज़ी सब्जियाँ , फल ले आओ ",
- " कदम कदम बढाए जा,जंक फूड को भगाए जा "

**Team Dietetics, SGPGI** 

# Bone and joint day

Indian Orthopaedic Association observes National Bone and Joint Day on 4th August since 2012, every year. This year the theme was "Each One Save One" with a mission to save trauma/Road Traffic Accident victims, and also to sensitize the individuals of society towards Bone and Joint Health. Keeping the same in mind, Speciality of Orthopedics, Apex Trauma Center organized a Workshop on Basic Life Support Skills.

After the inauguration and lamp lighting, the scientific session started with training on Basic Life Support by Dr. Kumar Keshav, Assistant Professor, Orthopedics, followed by a lecture on management of airway & breathing by Dr. Prateek Singh Bais, Assistant Professor, Anaesthesiology. Dr. Suruchi, Assistant Professor, Anaesthesiology talked about management of circulation and cardiopulmonary resuscitation. There was demonstration of CPR on mannequin by Dr. Vansh Priye Associate Professor, Anaesthesiology, demonstrated CPR on a mannequin. Primary

management of musculoskeletal injuries was elaborated upon by Dr. Amit Kumar, Assistant Professor, Orthopedics. The guest of honour for the event was Dr. Archana Singh, Assistant Commissioner of Police, Cantt, Lucknow. The event concluded with the vote of thanks by Dr. Pulak Sharma, Associate Professor, Speciality of Orthopedics. Over 100+delegates attended the workshop.







# **National Pharmacovigilance Week**

Adverse Drug Reaction Monitoring Cell (ADRMC) was established in the Department of Hospital Administration. Pharmacovigilance activities of ADRMC are actively carried out under the leadership of Dr. R. Harsvardhan, Coordinator and Head of Department.

The Department of Hospital Administration launched the National Pharmacovigilance Week(17th-23rd September 2022)to create awareness among Health Care Professionals, Patients, Attendants and the common masses about Adverse Drug Reactions (ADR) and its reporting and also to improve patient safety and welfare of the Indian population by monitoring drug safety and thereby reducing the risk associated with the use of medicines. The theme for this year's Pharmacovigilance Week celebration is "Encouraging ADR Reporting by Patients", to actively engage the common masses, patients and their attendants to identify and report adverse drug reactions.

Awareness sessions were conducted by Dr. Pragya Sonker, Resident, Hospital Administration and Mrs. Tatheer Zehra, Pharmacovigilance Associate, SGPGIMS.

Various tools available for reporting ADRs are :IPC helpline number 1800-180-3024, the ADR reporting form for Healthcare workers and consumers, the ADR monitoring center helps coordinate with these.





# **Breast feeding: A Right for every Newborn**

On the occasion of World Breastfeeding week from 1st to 7th August, the Department of Neonatology organized a week long program which included presentations on various topics related to breastfeeding by doctors and nursing staff to parents of all newborn babies.

Mothers were taught various issues related to breastfeeding via videos and physical demonstrations. Queries related to breastfeeding were answered. Separate Quiz for doctors and nurses was also organized in the department. There was much enthusiasm from doctors and nurses regarding the quiz participation.

Overall there was a positive feedback from parents regarding knowledge and education given to them about breastfeeding. Parents were also encouraged to spread the message of breastfeeding to others.





Dr Abhishek, Neonatalogy



## Dr S S Agarwal memorial lecture



The department of Medical Genetics, SGPGIMS, Lucknow, in association with SIAMG(Society for Indian Academy of Medical Genetics) organized the annual

event of Public lecture in memory of Late Dr S S Agarwal on 5th July 2022. This year the lecture was delivered by Dr Akhilesh Pandey, the founder director of Institute of Bioinformatics and Professor Department of Laboratory Medicine and Pathology Center for Individualized Medicine, Mayo Clinic, Rochester, Minnesota, USA. The topic was "Tackling Genetic Disorders in the Omics Era". The talk was very informative.

In addition to his talk, a small skit based on the ethical issues of prenatal diagnosis and preimplantation diagnosis was presented by students. The program was attended by about 90 people in person and about 100 people joined on zoom.





Dr Shubha Phadke, Professor & Head, Department of Medical Genetics.

## "New Molecular Diagnostic Targets for Women's Reproductive Heath"

CME on "New Molecular Diagnostic Targets for Women's Reproductive Health" was organized by the the department of Molecular Medicine and Biotechnology on 24th September 2022 at BC Joshi guest house.

Senior Gynecologists, faculty members from Maternal Reproductive health department, and Professor Vinay Singh from Loyalist College, Ontario, Canada, were the eminent participants. The Head of the Department ,Dr Swasti Tewari,welcomed the CME participants and opened the session by elaborating on the event's purpose. Dr.Lokendra K. Sharma, Assistant professor in the department, introduced the presenters.

A Cost-effective molecular approach for detecting Human Papilloma Virus (HPV) was discussed. The approach was found helpful for cervical cancer screening. In addition, a "Novel 'First-in-class' dualbiomarker test and non-hormonal drug candidate for endometriosis" was also presented.

Dr. Anju Rani and Professor Amrit Gupta enthusiastically participated in the discussions and highlighted the Clinical utilities of the potential targets.



Dr Lokendra Sharma, Molecular Medicine

# "5th Annual Meeting of UP-UK State Chapter of IAPS"

Department of Pediatric Surgery, SGPGIMS, Lucknow hosted the "5th Annual Meeting of Uttar Pradesh-Uttarakhand State Chapter of Indian Association of Pediatric Surgeons (IAPS)" from 12-14th August, 2022. The theme of the event was "Pediatric Gastro-intestinal and Hepato-biliary Surgery", which is the core focus area of the host department and which poses immense challenges to pediatric surgeons in day to day clinical practice.

The organizing team put together a comprehensive and diverse scientific program which benefited everyone from a junior resident to the senior most faculties. Preconference workshop on day 1 focused on "Stoma,

wound care & bowel management program" and was well attended by nursing and para-medical staff from different institutes across the state.

Professor Ujjal Poddar (Chief Guest), Professor Rajneesh Singh (Guest of Honour) and Dr. Kirti Naranje (Special invitee) inaugurated the workshop and encouraged the participants. The workshop featured didactic lectures and hands-on training which helped the staff to enhance their knowledge and skills in this often neglected area.

CME program on day 2 featured lectures from stalwarts and renowned national experts which stimulated excellent scientific deliberations. Professor Raj Kumar inaugurated the CME as the Chief Guest. The prestigious



"Asopa-Wakhlu oration" was delivered by Professor V. Bhatnagar(ex-Professor and Head, Pediatric Surgery, AIIMS, New Delhi) who shared his vast experience on management of choledochal cysts in children. The last day of the meeting showcased edited videos from young faculty and research papers from residents. A good number of faculty and residents attended the meeting from all major centers in the country. After a long day of academic activity, everyone let their hair down for a fun filled musical night at the banquet dinner.

Professor Basant Kumar (organizing chairman), Professor Vijay D. Upadhaya (organizing co-chairman),



Dr. Ankur Mandelia (organizing secretary) and the entire organizing team would like to extend their deep gratitude to all those, who made this event successful, for their active participation, support and encouragement.

# Participation in AsiaPacific Intensive Care Symposium



Dr.Sachin B Wali, final year DM, Critical Care Resident presented a poster on the topic: New onset: "Gastro-esophageal reflux disease in critically ill ICU survivors" at the Asia Pacific Intensive care symposium at Singapore held in August 2022.

## I am supreme (Nature)

Tons of fire in brilliant wires,

Mouth of mother and wrath of father;

Metals and minerals, O! Sire,

When new land forms, why bother?

Volcanoes abound in Nature's splendour.

Rivers of milk and streams of soup,
Diamond stones and silky robes;
Flora and fauna taken in loop,
Hustle and bustle, as time probes;
Floods flow and make us ponder.

World of sorrow and glistening white, Triangles up and triangles down; Where fairies roam in steps so light, Gargling streams so well found; Mountains exist as we all slumber!

Roller coasters of giant nature,
Hard grey rocks play around;
Merry-go-rounds of God's stature,
Mud and winds lost and found;
Earth quakes as men shudder.

Herons and butterflies, ducks and cranes,
Lilies and dahlias, poppies and buttercup;
Meadows of grass and sunny rains,
Apples and walnuts to keep your mood up;
Man enjoys Nature's wonder.

Dr Ruchika Tandon, Associate Professor, Department of Neurology



# **Department of Critical Care Medicine Foundation day celebration**



The Department of Critical Care Medicine turned 20 years old on 17th September 2022. To celebrate this landmark, the department celebrated the Foundation Day on 23<sup>rd</sup> September and started an oration named after the Founder Head Professor A. K. Baronia. Professor R K Dhiman, Director, SGPGI, inaugurated the program. The gathering was welcomed by the head, Professor Banani Poddar, who remembered the important personalities; namely the then Directors, Late Professor S.S.Agarwal and Professor Mahendra Bhandari, who made it possible for the department to be created. Professor Baronia himself was present during the celebration and shared his 'Journey in critical care'. Professor P.K. Singh, Vice-Chancellor, Uttar Pradesh University of Medical Sciences, Saifai, Etawah, and former head of the department of Anesthesia at SGPGI was also instrumental in creating and nurturing the department of CCM. Hence it was very appropriate that he delivered the first Professor A.K. Baronia oration on

the topic 'Transition from Anaesthesia to Critical Care'. Professor Yugan Mudaliar, Intensive Care Specialist from Sydney, Australia, delivered the key-note address on the occasion on 'The role of simulation and artificial intelligence in critical care' and highlighted the role of simulation for teaching and training to reduce errors. Professor Afzal Azim was organising secretary , Professor Mohan Gurjar was scientific secretary and Dr Shreyas H Gutte, Assistant Professor, was co-scientific secretary in this program. The department recognised the contributions of those who work silently 'behind the scenes', so to say, i.e., the attendants and housekeeping staff by presenting mementoes to them.

The afternoon session was dedicated to academic enhancement for nurses who are the most important personnel in the ICU. Nurses from the department were the faculty for this session and they deliberated on various topics which were of relevance for the management of sick patients in ICUs and wards. These sessions were attended by nurses from various Institutions of Lucknow and IGMC, Patna, and were highly appreciated by one and all.





## गुरु महिमा

हे ज्ञानवंत महिमा अनंत
विद्या के संत हे उपकारी।
पथ कर सुगम मिट जाए भ्रम
हट जाए तम हे दुख हारी।
तुम गुण की खान कर ज्ञानदान तुम हो महान , हे दानी।
बस एक लक्ष्य बन जाए शिष्य उज्जवल भविष्य यह ठानी।
कर गुरु का ध्यान मिल जाए ज्ञान बढ़ जाए मान हे सुख कारी।
हे ज्ञानवंत......

है गुण की प्यास मत हो निराश जा गुरु के पास सच मानो । हों आदि व्यास या रामदास गुरु द्रोण खास यह जानो। बस गुरु की शरण गह उनके चरण हो दुख का क्षरण हे हितकारी। हे ज्ञानवंत .....

जीवन का सार उत्तम विचार

पर दुख निवार हे संन्यासी। बसऔर मुझे क्या तुम्हीं अयोध्या तेरी दया मथुरा काशी। भव सिंधु परो गुरु रीति करो मम भीति हरो हे भयहारी। हे ज्ञानवंत .......

> हे त्यागमूर्ति हे धर्ममूर्ति हे कर्ममूर्ति तुम को प्रणाम। हे गुण निधान कर गरलपान दे दिव्य ज्ञान तुम चारधाम। मैं शठ अनाथ तव चरण माथ धर सिर पे हाथ मंगलकारी। हे ज्ञानवंत महिमा अनंत विद्या के संत हे उपकारी।

डॉक्टर सौरभ निगम, सीनियर रेसिडेंट ,न्यूरोलाजी विभाग



## Academic Session Inauguration: 18th July 2022

Sanjay Gandhi Post Graduate institute of Medical Sciences, Lucknow for the first time since its inception organised the inauguration of Academic Session 2022 today at Shruti Auditorium for Ph.D./D.M./ M.Ch/M.D/PDF/PDCC and academic courses running under College of Medical Technology and College of Nursing.

Professor Balram Bhargava, Director General, Indian Council of Medical Research and Secretary, DHR, graced the function as Chief Guest. Professor Balram Bhargava is an outstanding cardiologist, one of the foremost leaders in biomedical innovation, public health, medical education and medical research.



The program started with the customary lamp lighting and invoking the blessings of Maa Saraswati, the Goddess of learning. Director, SGPGI, Professor R K Dhiman introduced the distinguished guest and thanked him for gracing the occasion. He stated that the purpose of this activity is to develop deep bonds among the fraternity. He then emphasized the purpose and significance of the pin-up ceremony. He said the ceremony would impart a deep sense of pride and belonging to the Institute.

He elaborated upon the achievements and awards received by Professor Bhargava. He listed a few significant awards, including the prestigious Padma Shri. He also referred to the cover page of the Times Magazine, in which Prof. Bhargava was highlighted as the 'Man of the week.'

The Academic Report of the institute was presented by Professor Rajkumar, Acting Dean and Head, Neurosurgery. He summarized the progress of the institute in the last 32 years. SGPGI stands 6th in Asia for its super specialist services.

In these 32 yrs, 34 academic departments have been started with 250 faculty members. Various medical and paramedical courses have also been started. College of Medical Technology and College of Nursing are our latest additions. Several advanced courses, including MSc. in molecular Imaging, have been initiated. Our Apex Trauma center and Hospital Administration are now geared-up to start fresh courses.

"On the research front, more than 6000 publications with

good citations have been published in these 32 years which is an outstanding achievement" he said.

This was followed by the "Pin-up ceremony "of 306 students who joined the institute under various academic courses. Dr Shalini Singh, Sub Dean (Students affairs and training) conducted the pin up ceremony of newly inducted students.



The keynote address delivered by Professor Balram Bhargava, was very inspiring and motivating for resident doctors. Addressing the students he said, 'This is your karma bhumi, and you will cherish your moments here. In the coming years, we should strive to become Hub for Medical research and Medical tourism."

He then emphasized the need for Ethics in Medical Practice. He said Medicine is an art, and not a business. He explained the joy of Medicine, and the true meaning of Medical

professionalism. He elaborated on the characteristics of a physician and elements of professionalism.

While he emphasized the need for Ethics in Medical Practice, he focused on the importance of patient-physician relationships, informed consent, confidentiality and issues in emergency medicine.

As a token of respect, a memento was presented to the Chief Guest by the Director Professor Dhiman. Vote of thanks was proposed by Lt.Colonel Varun Bajpai, Executive Registrar, SGPGI.

Today's program was the brainchild of Director, Professor Dhiman. The aim was to inspire the young students, ignite a fire in them to strive for the very best in their chosen fields, infuse them with pride and positivity and thus help them start the new academic year with deep motivation.

As everybody rose to the National Anthem, the program ended with high tea.





# **Award of Excellence**

Selected Employees and Officers are felicitated with "Award of Excellence" on the occasion of Independence day each year. It is a matter of pride for all the award recipients to receive these in front of their colleagues and family. These awardees are themselves an inspiration for their peers, showing the path towards excellence. The Newsletter team heartily congratulates each of them. The list of employees who were proud recipients this time is

Mr. Avadhesh Kumar Rawat	Driver Grade 1	Vehicle Cell	
Mr. Dilip Kumar Kashyap	Photocopy cum Data Entry Operator	Contract Cell	
Ms Ireen Singh	Nursing superintendent	General Hospital	
Mr. Rajkumar Gupta	Junior Reception Officer	Public Relations Officer	
Mr. Sri Chand	Senior Mali	Horticulture	
Ms Anjana Sharma	Sister Grade 2	Pulmonary Medicine ICU	
Mr. Rajendra Kumar	Office Superintendent	Critical Care Medicine	
Mr. Kafeel Ahmed	Lower Division Assistant	Radiotherapy	
Ms. Lizzie Josheph	Sister Grade 2	Robotic OT	
Ms. Anita Slngh	Nursing Superintendent	Cardiology	
Mr. Avadh Bihari Prajapati	Assistant Accountant	RSD Cell	
Mr. Kamlesh Kumar Rahi	Lower Division Assistant	Neurosurgery	
Mrs. Alecjamma Biji	Deputy Nursing superintendent	Pediatric Gastroenterology	
Mr. K P Srivastava	Administrative Officer	CMS Office	
Mr. N P Srivastava	Senior Electrician (Fire)	Electrical Engineering	
Mr. Om Prakash	Senior Sanitary Officer	Sanitation & Biomedical	
Mr. P K Srivastava	Senior Technical Officer	Transfusion Medicine	
Mr. Ramesh Kumar	Deputy Nursing superintendent	Incharge Nephrology Ward	
Mr. Rajesh Dinker	Assistant Nursing superintendent	Neurology	





Dr. Richa Mishra, Additional Professor, Department of Microbiology was awarded the First prize in e-poster presentation at the 12th Annual Conference of Clinical Infectious Diseases Society, India held at Kolkata, between July 15th – 17th, 2022. Her work entitled "Clinical and Microbiological Characteristics of Infectious Peritonitis at a Tertiary Care Center in Northern India" won the best poster award at the national level. The Clinical Infectious Diseases Society (CIDS) is an organization of and for physicians, microbiologists, health professionals and scientists that advances the specialty of Infectious Diseases in India through education, research, advocacy and



professional support. Her work has highlighted that a high index of clinical suspicion and good laboratory workup is required to diagnose the etiology of infective peritonitis especially tubercular peritonitis for improved patient outcomes. The microbiological characteristics and the emerging antibiotic resistance to various pathogens call for a prompt diagnosis and initiation of treatment. Dr. Richa has been an active researcher in the field of Mycobacteriology and Infection Control and is currently in the process of establishing a self-contained Biosafety level 3 laboratory dedicated to tuberculosis at the New Diagnostic Block of SGPGIMS.



Dr Rajesh Harsvardhan, Head, Department of Hospital Administration, was awarded the Chandragupta - Young Administrator Award, for his contributions towards infusing professionalism in hospital administration, by Professor Vinod Paul, Member, Neeti Ayog in Delhi.

Dr Tanmoy Ghatak, Assistant Professor, Department of Emergency Medicine received the prestigious 'Young Intensivist of the year 2022' award from the UP UK critical care society in Varanasi in CRITICON 2022





Dr.K.M.M. Vishvak Chanthar, Assistant Professor, Endocrine & Breast Surgery, was awarded the Best Podium Presentation for the outstanding research work - Dr.Selwyn Taylor Award in the International Association of Endocrine Surgeons session of the 49th World Congress of the International Society of Surgery held in Vienna, Austria on 15-18 August 2022, for the work on "Cardiac Changes in Pheochromocytoma and their Reversal After Curative Surgery-Pheo Card Prospective Cohort Study".

He also received the International Association of Endocrine Surgeons Travel Award at the congress. The study was guided by Professor Gaurav Agarwal, Department of Endocrine Surgery, Professor and Head Dr. Aditya Kapoor, Associate Professor Dr. Roopali Khanna and Dr. Smarak Rout, Department of Cardiology. The study was supported by SGPGI intramural grant.

NURSE-Just another word to describe a person strong enough to tolerate everything and soft enough to understand everyone. Nurses are there when the last breath is taken, and nurses are there when the first breath is taken. Nurses dispense comfort, compassion, and caring without even a prescription. Keeping the above

- 1. Mrs Irene Singh, Nursing Superintendent,
- 2. Mr Ramesh Kumar, Deputy Nursing Superintendent,
- 3. Mrs Alecjamma Biji, Deputy Nursing Superintendent
- 4. Mrs Anita Singh, Assistant Nursing Superintendent,

essence progressively alive some of our nursing officers have received the excellence awards. Awards are like applause, and everyone likes to hear applause.

Some of the nursing angels who received the excellence awards on the Republic Day, 2022, by the honorable Director of SGPGI are as follows:

- 5. Mr Rajesh Dinker, Assistant Nursing Superintendent,
- 6. Mrs Liji Joseph, Grade 1
- 7. Mrs Anjana Sharma Grade 2

Mrs. Renu Roy, DNS, Pulmonary Medicine



# College of Nursing, SGPGIMS: Session 2022-2023

College of Nursing is making rapid strides to improve upon its teaching and training infrastructure. Commencement of session has been aligned with the National Schedule for B.Sc.(N) program i.e., March, 2022. Under Prime Minister Special Scholarship Scheme for J&K, 06 students have taken admission after allotment in the academic session 2022-23. The admission procedure of Academic Session 2022-23 will be completed on 30th September 2022.

Institute has committed to enhance the seats of B.Sc. nursing students from 40 to 60 and also to commence M.Sc. Nursing program in upcoming academic years.

Recruitment process for the Post of Principal-1, 2 Post lecturer and 8 post of Tutor is successfully completed this year which will strengthen the academic & research functionality.

College of Nursing Students participated in Slogan, essay writing and collage making competition held on occasion

of 75th Independence day and bagged many prizes. Ms. Mansi Yadav, B. Sc., Nursing ,4th year won 1st prize, Ms. Harshita won 2nd prize and Ms.Anjali B.Sc., Nursing, 3rd year student,bagged 3rd prize in Collage making competition. Ms. Anjali B.Sc. Nursing 2nd year also bagged 3rd prize in essay writing competition. Ms. Kavita ,B.Sc., Nursing ,4th year won 2nd prize in slogan competition. College of Nursing Students also participated in Silent Rally organized by the College of Nursing on the theme "Vibhajan Vibhishika Smriti Divas" on 14.08.22 to mourn the death of those who lost their lives in partition. Students of B.Sc. Nursing 4th year carried out role play on

the occasion of "Azadi ka Amrit Mahotsav" in Queen Mary Hospital, KGMU on 14 August 2022 during their Obstetrics-Gynaecology clinical posting to create awareness regarding the significance of this day.

Mrs. Shabana Khatun, Acting Principal, College of Nursing

# **Microbiology Department, SGPGI in Focus**

Leptospirosis workshop: Leptospirosis is a widespread and prevalent zoonosis that occurs in both temperate and tropical regions caused by pathogenic spirochetes of the genus Leptospira. Most cases are mild and self-limited or subclinical, while some are severe and potentially fatal. Human infection usually results from exposure to environmental sources, such as animal urine, contaminated water or soil, or infected animal tissue. Portals of entry include cuts or abraded skin, mucous membranes, or conjunctivae. The infection may rarely be acquired by ingestion of food contaminated with urine or via aerosols. Routine laboratory tests may be nonspecific therefore a high index of suspicion is required to make the diagnosis. Nucleic acid detection is most sensitive in bacteremic phase of infection, with antibodies becoming detectable by serologic methods after the first week. All the above aspects were discussed in the Leptospira workshop conducted in the department on 22nd July 2022.

Farewell ceremony of NHM staff working in Covid -19 lab. Three of our permanent technicians also retired: Mr. Jang Bahadur, Mrs.Shantona Mukherjee, Mrs. Girish Singh. Mr. Gopal Nagar our office person also retired during this time. Their contribution towards the department will always be cherished.

Few environment friendly steps were taken in the department with plantation of various seasonal as well as



perennial plants.

Our alumni: Many of our Alumni are well settled in India and abroad with few being mentioned here:

- Dr Amit Kapoor, Associate Professor, Department of Pediatrics, Ohio State University, USA Dr. Prabhat Ranjan Mishra, University of Alabama, USA,
- Dr Lucky Sangal Project Co-ordinator WHO,
- Dr Mayank Dwivedi CDC New Delhi,
- Dr Shruti Malik- Consultant CDC,
- Dr Shampa Anupurva -Prof and Head BHU,
- Dr Gopa Banerjee -Professor at KGMU,
- Dr Jyotsna Agarwal Professor and Head RMLIMS,
- Dr Vijya Lakshmi Nag Professor and Head ,AIIMS, Jodhpur,
- Dr Anudita Bhargava Professor and Head, AIIMS ,Raipur,
- Dr.Chiranjay Mukhopadhyay Professor and Associate Dean, KMC ,Manipal,
- Dr Amit Garg Professor and Head Meerut Medical college,
- Dr Sumit Rai Professor and Head , AIIMS Manglagiri,
- Dr Rajesh Kumar Verma Professor and Head ,SAFAI,
- Dr Ankur Goyal Professor and Head ,Jaluan,
- Dr Amresh K Singh Professor and Head, BRD Medical college, Gorakhpur,
- Dr Shekhar Pal Professor and Head, Doon college
- Dr Ankur Goel Professor and Head ,Agra, In future, we are planning to organize TROPACON UP-UK chapter 2022.

Dr. Ujjala Ghoshal, Professor & Head, Micobiology



# SGPGIMS Urology alumnus bags 'Best Postgraduate Award 2020'

Dr. Akshay Mahesh Kriplani, who joined the Department of Urology and Renal Transplantation in December 2020 and served as a Senior resident from January 2022 to June 2022 received the 'Association of Southern Urologist- Pratheeksha award for meritorious

postgraduate student 2020' at the South zone Urology Society of India Conference (SZUSICON) 2022 at Bengaluru this July. The gold medal was awarded for his academic achievements during his M.Ch training. He has been actively presenting research papers at National and International academic platforms and has multiple publications to his credentials. Winning state and national level quiz competitions and

International traveling fellowship were pivotal in achieving this honour. During his tenure at SGPGI, he has been actively involved in research and scientific publications under the able guidance of his department faculty, especially Professor Aneesh Srivastava

(Head,Department of Urology and Renal transplantation). The encouraging environment and highly organized orientation towards research at SGPGIMS is unmatched. This institute is the most fertile soil which the residents and fellows can benefit from. They should utilize their faculty's experience and guidance, he alludes expressing his gratitude to his teachers for all the inspiration and support.



# Beyond Academics : क्रिकेट मैच एवं स्टेडियम का उद घाटन,15 अगस्त 2022

संस्थान के नव निर्मित एस0जी0पी0जी0आई0 क्रिकेट स्टेडियम का उद्घाटन 15 अगस्त, 2022 (स्वतंत्रता दिवस) को संस्थान निदेशक प्रो0 आर0के0 धीमन द्वारा किया गया। इस अवसर पर प्रो0 एस0पी0 अम्बेश, प्रो0 आदित्य कपूर, प्रो0 देवेन्द्र गुप्ता, प्रो0 वी0के0 पालीवाल, प्रो0 अरुण श्रीवास्तव, प्रो0 धमेन्द्र भदौरिया एवं अन्य संकाय सदस्य एवं अधिकारी उपस्थित हए।

आजादी के 75वें अमृत महोत्सव के अवसर पर निदेशक एकादश एवं संकायाध्यक्ष एकादश के मध्य क्रिकेट मैंच का आयोजन किया गया जिसमें निदेशक एकादश को विजय प्राप्त हुई। निदेशक एकादश के डा0 अभिशेक कृश्णा को सर्वश्रेश्ठ बल्लेबाज एवं डा0 उदय प्रताप सिंह को सर्वश्रेश्ठ गेंदबाज का पुरस्कार दिया गया।

इस अवसर पर संस्थान के संकाय सदस्यों एवं संस्थान किमीयों के मध्य एक अन्य मैंच का भी आयोजन किया गया। संकाय सदस्य के कप्तान डा0 कमलेश भैसोरा की टीम ने पहले बल्लेबाजी करते हुए निर्धारित 20 ओवर में 116 रनो का स्कोर बनाया जिसे इम्पलाईज टीम के कप्तान एस0पी0 यादव की टीम ने बारिश से प्रभावित मैंच में 10 रनो से जीत हासिल की। इम्पलाईज टीम के अजीत कुमार वर्मा को मैंन आफ द मैंच का पुरस्कार दिया गया।

श्री एस . पी. यादव











# **Co-curricular Activities**

Glimpses of the Grand Finale of the Faculty Club Summer Camp held in July 2022 in Shruti Auditorium. The Director, SGPGI, Professor R K Dhiman and Dr(Mrs) Praveena Dhiman were the chief guests.











While we try to teach our children all about life, our children teach us what life is all about.

Angela Schwindt



#### **Professor Aneesh Srivastava**



Professor Aneesh Srivastava retired in September 2022 as Professor and Head, Department of Urology and Renal Transplantation,he was also Dean of the institute from July 2021 till August 2022. He has been a post graduate teacher for nearly 30 years and an examiner for DNB and M.Ch courses He entered the field of Urology as the first resident of SGPGI IN 1989.He returned to his homeground SGPGIMS in 1997 as an Associate Professor. He worked as Assistant Professor at Sri Venkateshwara Institute of Medical Sciences, Tirupati,Renal and Pancreas Transplant unit at the Royal Liverpool University Hospital, and consultant in Urology in Dartford, Kent,UK. He has performed the largest number of renal transplants in the government sector in India. He is credited with initiating and mentoring the transplant programs in many institutions like AIIMS (Jodhpur and

Rishikesh), Command Hospital Lucknow and RMLIMS, Lucknow.

He established the Robotic Urology program at SGPGIMS and performed the first Robotic kidney transplant in the state of UttarPradesh. He is a pioneer of Retroperitoneoscopic Renal surgery and laparoscopy for various ailments of the kidney, especially laparoscopic Donor nephrectomy as a standard of care in India. He was the fellowship program director for renal transplantation and Co-director for Uro-oncology program.

He has around 270 publications to his credit. He has been an invited faculty to present numerous papers in various regional, national and international conferences. He has served many scientific journals of international repute as a reviewer and held the post of Assistant Editor of Indian Journal of Urology .In 1996, he received the prestigious Chakraborthy fellowship from the INDO-AMERICAN urological association. He was inducted in the prestigious International Urologic society for transplantation and renal surgery (USTRS) as a Member at Large (2018 - 2021). He is a member of DNB curriculum formation committee . He also served as scientific director for the Indian journal of transplantation. He is recipient of countless awards and Orations from the Urological society of India and Indian society of Organ Transplant. He has recently been awarded by the President of Mauritius in recognition to his contribution in the area of Renal Transplantation and Robotic surgery in Urology.

His passion for renal transplantation has led to him serving as the treasurer, Vice president and now the Preseident elect of the Indian Society of organ transplantation (ISOT). He also served as the President of the North zone of the Urological society of India.

He has organised many courses and workshops nationwide. He is associated with the Board of Education USI ever since its inception in 2012. He took keen interest in taking the simulation technology further by the UROMET program.

Dr. Aneesh is a monumental and inspiring figure in the department and field of Urology. He loves igniting young minds during his ward rounds. His juniors learn Urology and much more just by observing this maestro go about his business. The gentle giant of Urology forays into the next adventure now after SGPGI and we wish Sir all the best in all his endeavours.

Dr Sanjoy Sureka, Associate Professor, Department of Urology

# Dr. Deepa Kapoor

Dr Deepa Kapoor, known for her ready smile, diligence and a very affable nature, superannuated from General Hospital after working there for almost 30 years. She did her medical training from KGMU, Lucknow. She is proficient in all aspects of clinical Obstetrics and Gynaecology, and her areas of interest are Urogynaecology, Gynae Oncology and Menopause. She has been conferred with MAMS, MNA Sc, and she was the only candidate from Lucknow who appeared for and cleared the national CIMP (Credentialled Indian Menopause Practitioner )exam. She was the secretary of the Lucknow Menopause Society from 2016-2020. She has organized and participated in many CMEs. She has an ever curious nature and remains eternally a student whenever there is new knowledge and skill to be learned. She is also an excellent cook and host and remains steadfastly loyal towards her family and friends. We at General Hospital



will miss her presence as a very popular doctor, so will all her patients. We wish her all the very best for a very happy and healthy second innings.

Dr. Prerna Kapoor



#### **Professor Sunil Kumar**



Dr Sunil Kumar superannuated as a Professor and Head of the Department of Radiodiagnosis on 30th September 2022 after completing almost 32 years of service to the institute.

Professor Sunil Kumar did his MBBS and MD (Radiodiagnosis) from the prestigious Maulana Azad Medical College, New Delhi. After that, he joined the Sree Chitra Thirunal Institute of Medical Sciences, Thiruvananthapuram where he did a Post Doctoral Certificate Course in Neuro and Cardiac Radiology and subsequently worked as an Assistant and Associate Professor at the same institute.

He joined the SGPGIMS in 1990 as an Associate Professor and finally superannuated as Professor and Head. He pursued Commonwealth Fellowship from 1995-1996 in MRI. He was the president of the Indian Society of Vascular and Interventional Society, India

Professor Sunil Kumar was one of the founding members of the Radiodiagnosis Department and contributed significantly to its establishment and growth. He was the major driving force behind the establishment and functioning of the Interventional Radiology program and MRI services. He has a keen interest in MRI and took responsibility for its functioning, which is a small testament to his work ethic that MRI services worked almost uninterrupted throughout his career. Prof Jain has a particular interest in teaching and mentored several MD and PDCC students; he also published over 120 articles in National and International journals and co-authored a book on "MRI of Neurological Diseases in Tropics".

Like a great leader, Professor Sunil always led by example, he always worked towards the betterment of the Department, whether it was teaching students, patient care, functioning of imaging services or day-to-day activities. He possesses unmatched humility, knowledge and is blessed with an ever helping nature. He was very meticulous in his work and till his last day in the department, he worked as hard as his first day.

Professor Jain never flinched from his Departmental responsibilities and maintained impeccable composure and was known for his gentle smile.

His departure from the Department is the end of an era; we all miss him dearly in the department and the institute and wish him all the best for his next inning.

Professor Archna Gupta, Head, Radiodiagnosis Department

# Dr. Rajesh Pratap Singh



संस्थान के सी.एम.एस.एस.ओ. (Chief Medical Social Service Officer) डॉक्टर राजेश प्रताप सिंह 30 सितम्बर 2022 को सेवानिवृत्त हो गये। उन्होंने जनवरी 1988 को संस्थान में चिकित्सा सामाजिक कार्यकर्ता के पद पर अपना कार्यभार ग्रहण किया था। संस्थान के तत्कालीन निदेशक डॉक्टर बी.बी. सेठी के अधीनस्थ उन्होंने कुशलता-पूर्वक कार्य किया। डा० राजेश प्रताप सिंह ने संस्थान में वाहन प्रभारी, ओपीडी नोडल अधिकारी (पी.एम.एस.एस.वाई) के नोडल अधिकारी सहित विभिन्न दायित्वों का निर्वहन कुशलता पूर्वक किया। रोगी सेवा को बेहतरीन बनाने की दिशा में उन्होंने सदैव कार्य किया। अपने अधीनस्थ कर्मचारियों का उत्साहवर्धन किया व सदैव कर्मचारियों के सुख-दुख में उनके साथ खड़े रहे। जब भी किसी कर्मचारी को कोई व्यक्तिगत समस्या होती थी, तो उसकी सहायता के लिए हमेशा तत्पर रहते थे।

उनके उत्तम स्वास्थ्य व खुशहाल जीवन की कामना के साथ हम उन्हें भाव भीनी विदाई देते है।

श्री नील मणि तिवारी, कनिष्ठ स्वागत अधिकारी, जनसंपर्क विभाग

#### Mrs. Meena Jauhari



संस्थान की जनसंपर्क अधिकारी श्रीमती मीना जौहरी 31अगस्त 2022 को सेवानिवृत्त हो गयीं। उन्होंने जनवरी 1989 को संस्थान में स्वागती के पद पर अपना कार्यभार ग्रहण किया था। तत्कालीन चिकित्सा अधीक्षक डॉक्टर आर.पी. सक्सेना की बेहतरीन प्रशासनिक कुशलता एवं निष्ठापूर्ण कार्यशैली से प्रेरणा लेकर उन्होंने संस्थान् के जिस भी क्षेत्र में कार्य किया, वह शैली सदैव उनके कार्य में प्रतिबिम्बित होती रही। जनसंपर्क पटल से शुरूआत करते हुए रेडियोलॉजी विभाग, पंजीकरण पटल, आपात कालीन विभाग व लिवर प्रत्यारोपण इकाई में कार्य किया। हम उनके उत्तम स्वास्थ्य व खुशहाल जीवन की कामना करते हैं।

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#### Mrs. Badani Ram Mehta



Mrs Badani Ram Mehta ,DNS (Deputy Nursing Superintendent), trained from School of Nursing Jokhanbagh Jhansi .She joined SGPGI on 2/5/1989 , She worked in different areas of SGPGI, finally was appointed as Sister in-charge of Endosurgery ward .She is a very compassionate person and was a very efficient worker as a nursing staff and as an Incharge, I wish her good luck and happiness on her retirement, on behalf of the nursing fraternity.

Mrs Renu Roy, Deputy Nursing Superintendent, Pulmonary medicine

#### Mrs. Bannya Ganguly

Mrs Bannya Ganguly, ANS (Assistant Nursing Superintendent), has completed her training in 1989 from LLR Medical College Kanpur .She joined SGPGI on 19/6/1990, her work experience is a collections experience of Cardiothoracic Surgery, Nephrology, Blood bank, Neurology, Radiotherapy and OPD, she finally retired as the Incharge of stone centre for four years . She gave her hundred percent in her work, she was a very soft spoken person , .We wish her a lovely time in her next innings .May God bless her.



#### Mrs Kanchan Bala Sharma



Mrs Kanchan Bala Sharma, joined the institute on 08/10/1992 in the department of Immunology, worked in Nephrology and ATC, her longest work stint was in Radiotherapy and she retired from there.

In every posting, she empathised with the patients' pain and problems and helped find solutions to help them. Se cared with compassion. She was very loyal to the profession and her relationship with her colleagues was very good.

We all send us our wishes for her future.

Mr Ramesh Kumar, Deputy Nursing Superintendent, EMRTC, Nephrology

#### **Mrs Promila John**

Mrs Promila John Deputy Nursing Superintendent, completed her nursing training from BHU Varanasi from 1980 to 1984. She joined SGPGI on 3/10/1989 in CVTS ward. She rendered her servives in Neurosurgery Endocrinology, Haematology, Paediatric Gastroenterology.

She set up the Plastic surgery ward as Sister- incharge and finally retired as in charge of Post Operative Ward in PMSSY . We will forever remember her for her dedication, humility, daring to take on challenges and dealing with them in her efficient manner. We congratulate her on her retirement and wish her all the best for her future endeavours.



## Ms Uma Agrawal



Ms Uma Agrawal, Assistant Nursing Superintendent (ANS), joined SGPGI on 10/10/92, in Neurosurgery OT, she was just like a mother to all, very caring, helpful, and kind hearted. She assisted many cases during the thirty years of her services as scrub nurse and floor nurse. On 30/9/2022 she retired and her new innings has now started. Neurosurgery department is going to miss her; we give her our best wishes for good health.

Ms. Esther R David, Assistant Nursing Superintendent



#### Ms Shashi Lata Das

Ms Shashi Lata Das ,ANS(Assistant Nursing Superintendent),completed her training from Mission Hospital, Kasganj, Etah. She joined SGPGI on 4/9/1990 and started her journey from Endocrinology ward .She worked in Paediatric gastroenterology for 10 years .In 2019,she was appointed as Sister Incharge of Radiology Ward .She had been a dedicated, disciplined and hard worker, we all will miss your presence in the institute and wish you a very happy retirement ,our best wishes to you for your 2nd innings.

As we bid goodbye to SGPGI family members, we wish them a very healthy, happy and fulfilling second innings. Those who superannuated in this period are:

Mr. Chandra Shekhar	Principal Private Secretary	
Mr. Anil Kumar Verma	Senior Technical Officer (Laboratory)	
Mr. Dev Singh Bisht	Technical officer	
Mr. Farooq Ahmed	Technical Officer	
Mr. Manmohan Kumar Srivastava	Librarian Grade-I	
Mr. Prem Prakash	Librarian Grade II	
Mr.Ganesh Mallick	Tradesman Grade- I	
Mr. Gopal Nagar	Lower Division Assistant	
Mr. Ram Adhar	Attendant Grade-I	
Mr. Abdul Raish	Hospital Attendant Grade -III	
Mr.Raghunath Prasad Pal	Driver grade 1	

































