



**Sanjay Gandhi Postgraduate
Institute of Medical Sciences**
Raebareli Road, Lucknow, Uttar Pradesh

Newsletter

An Inhouse Publication
Issue-3, July - September 2023



Happy Teacher's Day

गुरुर ब्रह्मा गुरुर विष्णु गुरुर देवो महेश्वरः
गुरुः साक्षात्परब्रह्मा तस्मै श्री गुरुवे नमः



77वां स्वतंत्रता दिवस

संजय गांधी स्नातकोत्तर आयुर्विज्ञान संस्थान में पंद्रह अगस्त को देश का 77 वां स्वतंत्रता दिवस पूरे उत्साह और उमंग के साथ मनाया गया। संस्थान के निदेशक प्रोफेसर राधा कृष्ण धीमन ने परंपरागत तरीके से ध्वजारोहण किया। राष्ट्रगान के पश्चात उपस्थित संकाय सदस्यों और कर्मचारियों को स्वाधीनता दिवस की बधाई देते हुए उन्होंने कहा कि यह दिन हमें सदैव याद दिलाता है कि हमारा हर कार्य राष्ट्रहित और राष्ट्र की उन्नति के तरफ होना चाहिए। उन्होंने संस्थान में अनेक नये प्रोजेक्ट को पूर्ण करने के लिए संस्थान परिवार के हर सदस्य के योगदान की प्रशंसा की और उन्हें हृदय से धन्यवाद दिया।

निदेशक महोदय ने पिछले एक वर्ष की उपलब्धियों का लेखा जोखा प्रस्तुत किया। उन्होंने कहा कि सबसे बड़ी उपलब्धि मेडिकल, पैरामेडिकल, ट्यूटर इत्यादि कैडर में नई भर्तियों के लिए नियुक्तियों की प्रक्रिया शुरू करने का कार्य था, जो सफलता पूर्ण किया जा रहा है। इमरजेंसी मेडिसिन और गुर्दा प्रत्यारोपण केंद्र के विषय में उन्होंने कहा कि अभी इमेरजेन्सी 60 बेड्स के साथ कार्य कर रहा है। नयी भर्तियों के होते ही यह 210 शैयाओं के साथ पूर्णतया कार्य करने लगेगा।

उन्होंने एडवांस पीडियाट्रिक सेंटर का भी उल्लेख किया, जिसमें 23 विभाग होंगे व जिसमें 125 संकाय सदस्यों और 185 सीनियर रेजिडेंट की भी नियुक्ति की जाएगी।

यह बच्चों के लिए एक समानांतर अस्पताल होगा, जिसमें उनसे संबंधित सभी बीमारियों के लिए एक ही केंद्र होगा। इस दिशा में अथक प्रयासों के लिए निदेशक महोदय ने प्रोफेसर विजयलक्ष्मी भाटिया को हार्दिक धन्यवाद दिया।



हब और स्पोक मॉडल पर आधारित टेली आई सी यू के विषय में भी उन्होंने कहा कि पीजीआई और उत्तर प्रदेश के 6 मेडिकल कॉलेजों के बीच में 200 बेड्स का टेली ICU भी एक बड़ी उपलब्धि है। उन्होंने सूचित किया कि एडवांस डायबिटिक सेंटर, हेड व नेक सर्जरी व संचारी रोग विभाग के सृजन की प्रक्रिया भी चल रही है।

उन्होंने अंगदान कार्यक्रम को गति देने पर बल दिया। पी जी आई, चण्डीगढ़ की ही तरह संजय गांधी पी जी आई में भी कैडेवेरिक अंगदान को बढ़ाने के लिए एपेक्स ट्रामा सेंटर में भर्ती ब्रेन डेड रोगी के परिवार द्वारा अंगदान की सहमति देने की स्थिति में उन्हें आर्थिक मदद दी जाएगी।

उन्होंने सलोनी हार्ट फाउंडेशन के विषय में भी जानकारी दी, जिसके आने से पीडियाट्रिक कार्डियोलॉजी में उत्कृष्ट चिकित्सा सेवा प्रदान की जा सकेगी।

इस कार्यक्रम में बड़ी संख्या में लोगों ने भाग लिया। स्टाफ द्वारा देशभक्ति के गीत प्रस्तुत किए गए।

इस अवसर पर संस्थान के सैंतीस कर्मठ सदस्यों को उनके उत्कृष्ट व उत्तम कार्य निष्पादन के लिए निदेशक द्वारा सम्मानित किया गया।

तत्पश्चात संस्थान परिसर में कम्युनिटी सेंटर और पी जी आई क्रिकेट स्टेडियम में वृक्षारोपण भी किया गया, जिसमें आम, जामुन और नीम के लगभग 40 पौधे लगाए गए।

इस अवसर पर संस्थान के डीन प्रो एस पी अंबेष, मुख्य चिकित्सा अधीक्षक प्रो संजय धिराज, चिकित्सा अधीक्षक प्रो वी के पालीवाल, संस्थान के संयुक्त निदेशक (प्रशासन) प्रोफेसर रजनीश कुमार सिंह व अन्य संकाय सदस्य व वरिष्ठ अधिकारी और कर्मचारी भी उपस्थित थे।

श्रीमति कुसुम यादव, जनसंपर्क अधिकारी



मेरी माटी , मेरा देश अमृत काल के पंचप्रण

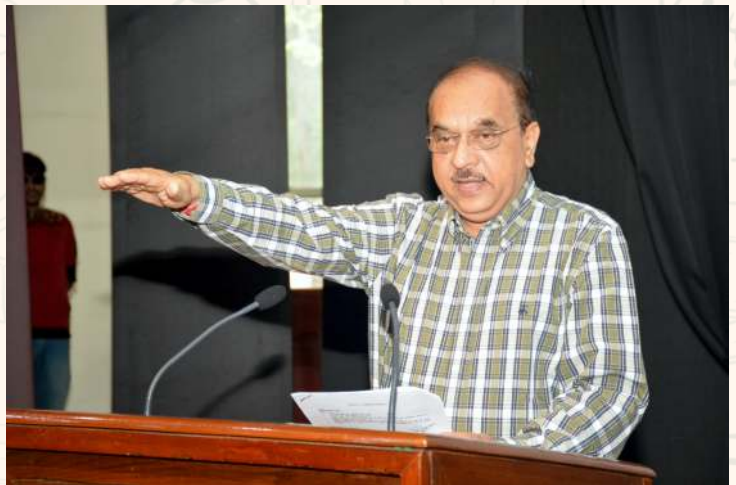
1-विकसित भारत का लक्ष्य 2-गुलामी के हर अंश से मुक्ति 3-अपनी विरासत पर गर्व 4-एकता और एकजुटता 5-नागरिकों में कर्तव्य की भावना ।

आजादी के 75 वर्ष पूर्ण होने के उपलक्ष्य में मनाए जा रहे "आजादी का अमृत महोत्सव" के अंतर्गत "मेरी माटी , मेरा देश" कार्यक्रम की औपचारिक शुरुआत करते हुए 9 अगस्त को संजय गांधी स्नातकोत्तर आयुर्विज्ञान संस्थान में शपथ ग्रहण समारोह आयोजित किया गया ।

संस्थान के सी वी रमन प्रेक्षागृह में आयोजित इस कार्यक्रम में संस्थान के निदेशक प्रोफेसर आर के धीमन ने संस्थान परिवार के सभी सदस्यों (संकाय सदस्य, सीनियर रेजिडेंट, जूनियर रेजिडेंट, अधिकारी, कर्मचारी, रिसर्च स्कालर, नर्सिंग व मेडिकल टेक्नालॉजी छात्र) को इस बात की शपथ दिलाई कि वे विकसित भारत के निर्माण में अपनी भागीदारी सुनिश्चित करेंगे, भारत की एकता और अखंडता अक्षुण्ण रखेंगे, भारत के नागरिक होने के नाते अपनी विरासत पर गर्व करेंगे, गुलामी की मानसिकता से मुक्ति हेतु हर संभव प्रयास करेंगे और देश के प्रति अपने कर्तव्यों का निर्वहन करेंगे ।

इस अवसर पर संस्थान के संकायाध्यक्ष प्रो एस पी अंबेश और मुख्य चिकित्सा अधीक्षक प्रोफेसर संजय धिराज भी उपस्थित थे ।

श्रीमति कुसुम यादव, जनसंपर्क अधिकारी



17th Mid Term Oculoplastic Association of India Conference

The prestigious 17th Mid Term Oculoplastic Association of India Conference was held at Sanjay Gandhi Postgraduate Institute of Medical Sciences on the 25th June 2023. The theme of the conference was 'Controversies in orbit'.

The carefully curated program was definitely a stimulating and engaging experience for all the attendees.

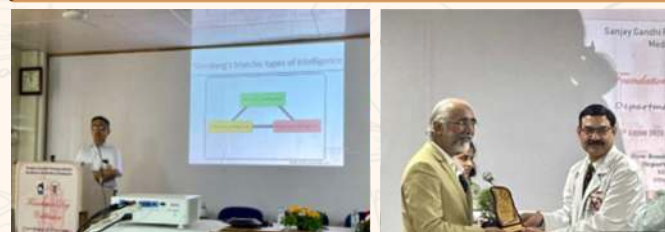
The Keynote speaker was Prof Richard Allen, University of Iowa who delivered an eye-opening talk on pediatric oculoplasty. Engaging panel sessions and cutting-edge research presentations were the highlights of the academic fest. The gathering boasted a lineup of renowned oculoplastic specialists who disseminated novel ideas and fostered collaborative discussions. The hugely successful conference witnessed around 300 registrations. There were 22 free paper and 50 poster presentations by the residents under the award category.

The conference was inaugurated by our Patron, Director of SGPGI, Prof R K Dhiman. The chief organizing secretary Prof Apjit Kaur (KGMU), Co Organizing secretary Dr Rachna Agarwal and Dr Nidhi Pandey (IGERH) played a major role in the successful organization of the conference. Prof Vikas Kanaujia, Dr Vaibhav Jain, Dr Ankita contributed hugely to the success of the one day event.

Dr Rachna Agarwal, Associate, Professor, Ophthalmology



Foundation day celebration of Pathology Department



The Department of Pathology celebrated its Foundation Day on August 5th 2023 in the seminar room with great enthusiasm. Foundation Day oration was given by well-known academician and first faculty of the Department Prof. Dr Rakesh Pandey, he elaborated on the ongoing burning issue "Natural and artificial: Intelligence in Pathology", describing types of intelligence, neural networks in pathology, their application in current pathology practice. Dr Shailesh Soni, the first recipient of Post-Doctoral Certificate Course in Renal-pathology, gave talk on 'Histopathology of Renal Transplant', where he discussed diagnostic approach of rejection in renal allograft biopsies. In welcome address Prof. Dr Seema Sharma, Head of Department, gave an overview of inception of department in August 1987, its growth during past 35 years and future vision of this department. Our esteemed Dean Prof. Dr S P Ambesh, addressed the importance of Pathology in the patient care and academics and. Former heads of the department Professor R.K. Gupta and Prof. Manjula Murari also graced the occasion. They were felicitated for their immense contribution for the growth of the department. Many alumni members also attended the function and others joined the online platform. The event was also attended by technical and supporting staff. Many superannuated staff members were also present and showed their attachment for the department. Dr Manoj Jain concluded with vote of thanks.

Dr Ojas Gupta, Assistant Professor, Department of Pathology



World Heart Day 2023



World Heart Day, is observed each year on September 29, to increase public awareness of cardiovascular diseases, including their prevention and their global impact. In 1999 the World Heart Federation (WHF), in conjunction with the World Health Organization (WHO), announced the establishment of World Heart Day. The idea for this annual event was conceived by Antoni

Bayés de Luna, president of WHF from 1997–99.

This year's theme for World Heart Day is Use Heart, Know Heart. This day is a reminder to everyone around the world to take care of their hearts. The campaign focuses on the essential step of knowing our hearts first.

Also, today, visual language is an integral part of our daily lives and emojis are one of the most popular forms of communications, especially amongst the younger generation. Using the tagline

“USE ♥ KNOW ♥”

is perceived to enhance and help retain people's attention and transcend international language barriers in a means to promote “a heart healthy lifestyle”.

This year the department of Cardiology, Sanjay Gandhi PGIMS, , organized a 5 KM walkathon on 29th September 2023 at the SGPGI campus. The event was attended by nearly 75 faculty members along with their



family members. Cardiovascular diseases including heart attacks and hypertension are the most common cause of death globally as well as in India and their rising numbers especially in the younger population is a cause for concern. Important modifiable causes of these diseases, which people can themselves change, are: lack of exercise, smoking, and an unhealthy diet.

It is very important to establish a healthy connect with our own hearts, and make sure that we are fuelling, nourishing and nurturing our hearts to the fullest. Events like the SGPGI Walkathon help increase awareness about maintaining a fit lifestyle by including heart-healthy physical activities like walking, jogging, running etc. in one's daily regime and also pay attention to a balanced and wholesome diet.

As heart diseases remain a leading global health concern, it is important to realize that through awareness, education, and proactive lifestyle choices, we can reduce its prevalence and promote a heart-healthy living. We have the power to inspire positive change within our community and beyond, and inspire others to follow a healthy and wholesome lifestyle.

Dr. Aditya Kapoor, Professor and Head, Cardiology



10th annual conference of The Molecular Pathology Association of India (MPAI)

MPAICON 2023, the 10th annual conference of the Molecular Pathology Association of India (MPAI), was organized by the department of Hematology, SGPGIMS from 17th to 19th February 2023. The venue for the main conference was convention Centre, SGPGI, which took place on 18th & 19th of February. It was preceded by six parallel pre-conference workshops on 17th of February, most of which were hands on. Five of these workshops were organized at different venues at SGPGI, while one workshop which dealt with the whole genome sequencing for infectious diseases was hosted by the Microbiology department, at KGMU. There were almost 30 faculty and 150 delegates for these workshops.

The main conference was organized during the subsequent two days at the Convention Centre, SGPGI. It was attended by approximately 250 registered delegates, 110 faculty members along with about 60 corporate/trade partners.

There were a total of nine international speakers. Six speakers namely Dr Federico Monzon; USA, Dr B R Das; Germany, Dr Megha Joshi; USA, Dr Shrihari Kadkol; USA, Dr Poluru Reddy; USA, Dr Asghar Naqvi; Canada, were present physically, while Dr Keyur Patel; USA, Dr Ashraf Khan; USA and Dr AnnMarie Block; USA joined the meeting virtually.

The conference had 30 didactic lectures and 4 panel discussions from the different areas namely Hematopathology, Solid tumors, Genetic/hereditary disorders, infectious diseases, Immunology/Immunogenetics and translational biology. To facilitate the attendance of registered candidates who could not attend the program physically, it was telecasted in a hybrid mode through zoom.



The inauguration of this program was conducted on Day 1. The people on the dais included Dr B R Das- Chief guest, Dr Raj Kumar-Acting Director of SGPGI, Dr D K Mishra- President MPAI, Dr Neeraj Arora – Secretary MPAI, Dr Rajesh Kashyap- Organizing Chairperson and Dr Khaliqur Rahman-Organizing Secretary. There was the release of the program book/Souvenir during the inauguration.

There was active participation from students who submitted the scientific abstracts. A total of 124 abstract were submitted. These abstracts were sent for review to a panel of reviewers. The top scoring 13 abstracts were chosen for the oral presentation (during two parallel sessions) and 103 abstract were taken up for the poster presentation.

The valedictory function included the distribution of certificates and cash prizes to 4 students for best oral presentation, 6 students for best poster presentation and 8 travel awards. The program ended with a vote of thanks by Dr Ruchi Gupta, Co-organising secretary.

*Dr Khaliqur Rahman, Additional Professor,
Hematology Lab*



Implantation Day

On May 24, 2023, the Emergency Medicine department celebrated the first anniversary of its establishment at the EMRTC building with great enthusiasm. The department marked the occasion by cutting a cake, distributing fruits to admitted patients, and lighting a lamp. The event was named "Implantation Day."

The entire staff, including Ms Puja, Vandana, Pankaj, Sashigiri, Reshu, Gyan, and Ramdhani Yadav, worked cohesively to make it a grand success. Prof RK Singh outlined the achievements and highlighted our immediate and urgent goals.

Dr. R K Shukla, Emergency Medical Officer, shared reflections on his longstanding association with the emergency department since its initiation. Dr. Tanmoy Ghatak delivered a vote of thanks, emphasizing the importance of unity among the staff. The event was a testament to the dedication and collaborative spirit of the team.

Dr Tanmoy Ghatak, Associate Professor, Emergency Medicine



Critical Care Medicine Foundation Day

The department of Critical Care Medicine celebrated its 21st Annual Foundation Day on 16th September 2023. A CME for nurses of SGPGIMS and other hospitals of Lucknow was organized to mark this foundation day, with the theme being "Prevent Sepsis, Save Lives".

The organizing secretary, Prof Afzal Azim, informed that around 140 nursing delegates participated in this program. The teaching sessions were moderated by microbiologists and critical care specialists from SGPGIMS, KGMU, RML and Command Hospital, Lucknow. A poster session on the topic was also organized and witnessed enthusiastic participation. A voluntary blood donation camp was also organized to mark the celebrations of its Foundation day.

Dr Banani Poddar, Professor and Head, Critical Care Medicine



Professor S S Agarwal Memorial Lecture



The Department of Medical Genetics, SGPGI, celebrated the birth anniversary of Professor S S Agarwal, renowned geneticist, immunologist and the former director of SGPGI on 5th July. Professor S S Agarwal was a pioneer of Medical Genetics and Clinical Immunology education



in India. Known for his research in the field of genetics and molecular biology, he was Professor Emeritus of the National Academy of Medical Sciences.

Dr S S Agrawal not only laid the foundation of the institute, but also established India's first Department of Medical Genetics and Clinical Immunology and is also being credited for starting the DM course in the subject. He recognized the need for a department of genetic diseases in India three decades ago at a time, when we were grappling with communicable diseases.

The program was moderated by Dr. S R Phadke, Head of the Department, Medical Genetics. Dr. RK Dhiman, Director, SGPGI and Dr. S P Ambesh, Dean, SGPGI. They shared their fond memories of Dr. SS Agarwal on this occasion.

Dr. Shreeja Shankar, PDCC student of the department graced the event with a beautiful Ganesh Vandana and



resident doctors (Pragya, Pooja, Adarsha, Niladri and Pavana) paid a musical tribute to Dr. SS Agarwal.

The chief guest of the program, Dr. Madhulika Kabra, Head, Genetics Unit, All India Institute of Medical Sciences, New Delhi, delivered an informative and interesting talk on "Genome Test Invention: A Miracle". The guest speaker Dr Kabra spoke about the use of the latest technique of sequencing the whole genome or 20000 genes in one go and its varied applications in all branches of medicine. This technique also described as Exome sequencing is widely used for diagnosis of genetic disorders, many of which are very rare. The accurate diagnosis of disorders like intellectual disability, muscular dystrophies, skin disorders help in providing genetic counseling and preventing recurrences in the family by way of prenatal diagnosis.

She also talked about the need for genetic consultations and testing for common disorders like thalassemia and spinal muscular atrophy for all couples.

Around 100 people attended the program. The program ended with a vote of thanks proposed by Dr A Haseena, faculty member of the department.

Dr Somya Srivastava, Assistant Professor, Medical Genetics



15th Post-graduate Course in Endocrine Surgery (PGES), & 34th Foundation Day Celebrations of Department of Endocrine & Breast Surgery, SGPGIMS

The 34th foundation day of the Department of Endocrine & Breast Surgery, SGPGIMS was celebrated on 07th September 2023. Established in 1989 as the first academic department of this surgical subspecialty in the country, the department is recognized as a pioneer in the clinical practice, teaching & training, and research in the areas of Endocrine and Breast surgery in India. The Department also organized the 15th edition of its highly popular Postgraduate Course in Endocrine Surgery (PGES) and international

who is also an accomplished Urologist. Prof Gaurav Agarwal, Head of the department, in his foundation day report of the department highlighted the all-round qualitative and quantitative enhancement in functioning of the department. The welcome address was delivered by Dean Prof Shaleen Kumar followed by an address by Director Prof. RK Dhiman, who appreciated the performance and activities of the department during the past year. Prof Vijay Oza, Chief Guest delivered the inaugural address, and delved on the efforts of NMC to improve the postgraduate and superspecialty medical education and training scenario in the country. Prof Ashok Shaha a world renowned endocrine and Head & Neck surgeon from MSKCC,



workshop on thyroid surgery on 7th to 9th September 2023. The course and workshop were attended by young, in-training and practicing surgeons, Endocrine Surgeons, Thyroid Surgeons, ENT surgeons, Surgical Oncologists, General Surgical trainees, and Head & Neck Surgeons. The course faculty included eminent overseas experts, and the Indian Endocrine and Head & Neck Surgeons. This year the theme was 'Thyroid Surgery- Everything under one roof.'

The chief guest for this year's foundation day and inauguration of the 15th PGES was Dr. Vijay Oza, President of Post Graduate Medical Education (PGME) board, National Medical Council (NMC),

New York delivered the foundation day oration. It was followed by the breast oration, delivered by Prof Owen Ung from Brisbane Australia, who is the president of Breast Surgery International.

The scientific deliberations of the 15th PGES spanning 3 days and around 35 sessions, included Live Surgical Robotic surgeries by renowned international faculty including Dr Jin Wook Yi from Incheon, South Korea, and other experts. Various intricacies of Robotic Surgery and Nursing Technicalities were discussed. Lectures on various relevant topics in thyroidology, interesting debates, Poster presentations, a quiz, Case discussions on Endocrine Pathology and Endocrine

Imaging amongst others, were truly an academic feast, enjoyed and appreciated by participants. The program ended with a Public Awareness Session on Thyroid Cancer and a lecture by our visiting professor, Prof. MJ Paul from CMC, Vellore. The social event as part of the course too did not disappoint anyone, with good cheer and fellowship.

Dr Rinelle Marcarenhas and Dr Farheen Khan

SGPGIMS Endocrine & Breast Surgery Alumni Meet 2023

The department of Endocrine & Breast Surgery, SGPGIMS celebrated the home coming of its Alumni at a scintillating meet on 07th September 2023, coinciding with its foundation day and the inauguration of the 15th Post Graduate Course in Endocrine Surgery (PGES). The department alumni are currently engaged in practice of endocrine & breast surgery in various institutions and hospitals across the length and breadth of India, and beyond.

The coming together of these bright minds was utilized to hold a thought-provoking panel discussion on the theme- "Endocrine Surgery in India: The Way forward". The alumni working in diverse areas discussed and shared the hurdles faced and how they were overcome to write the numerous success stories across the country to inspire and guide the upcoming young endocrine surgeons. The alumni shared their experience on practice of Endocrine surgery while complementing, competing with and collaborating with overlapping specialties of General surgery and Surgical oncology, and various tips and tricks necessary for survival in the corporate world and in solo initiatives.

This was later followed by the Alumni dinner which brewed a concoction of emotions, as nostalgia, camaraderie, respect and resolve filled the room. The musical talent displayed by department residents and alumni was remarkable. Over the next two days the alumni graced the PGES course with their valuable input. We bid farewell to all on the 9th of September with the promise and hope to join us all again in future events with the same gusto and involvement.

Dr Spandana J and Dr Farheen Khan



Training in Basics of Robotic Endocrine Surgery

The usage of robotic surgery in conducting the scar less surgeries is gaining importance around the world as well as in India. The department of Endocrine Surgery at SGPGIMS has started performing robotic thyroid surgeries routinely in recent one year. Prof. Gyan Chand, who has considerable expertise and experience in endoscopic thyroid surgery has been spearheading the robotic endocrine surgery program at SGPGIMS. The department has initiated the training of other faculty members and senior residents of the department. A training workshop was organized on 02nd July 2023 for the department residents, which provided a rare and unique opportunity for the trainees in this department to receive the first assistant robotic training on the da Vinci Xi Surgical System (P8, OS4 v9). Mr. Anand Sharma, trainer from the da Vinci Xi Surgical System conducted this training, along with Prof Gyan Chand. If the trainees were to receive this training elsewhere, they would have not only paid a hefty fee, but also might have to wait for months as there were only a handful of training opportunities in India.

Dr Prathyusha Godi, Dr Farheen Khan



Cardio-Oncology- The Unmet Need

Cancer patients undergo treatment with Chemotherapy, Radiotherapy, Targeted & Hormone therapy. These patients of today have a much better chance of surviving as compared to previous years, since better and newer purported treatment modalities are now available. Their health benefits in cancer may be irrefutable, but they come with significant side effects and long-term sequelae. Amongst the range of acute or long-term morbidities, one of the most concerning is the deleterious effect on the heart. This is especially valid in the older population with a background of coexisting life illnesses. These cancer directed therapies are impactful and they increase the chance of cure and survival. With increased survival one increasingly witnesses sequelae routinely in oncology and cardiology clinics.

There is an elephant in the room and we can no longer ignore its presence. It is with this in mind the department of Radiotherapy, on the occasion of its 35th foundation day, in close collaboration with the department of Cardiology and Medical oncology, conducted this 1-day CME on 'Cardio-Oncology- the unmet need'. There were invited eminent speakers from across the country and from the fields of Radiation Oncology, Cardiology, Medical Oncology, Pediatric Oncology, Nuclear Medicine, Physician, Surgeon and Cardiac Anesthetist. They brainstormed on various aspects of this recently acknowledged problem. The delegates were faculty and residents from all the above specialties including the alumni of the department. They represented centers from within Uttar Pradesh, Uttarakhand, New Delhi, Bihar and adjoining states.

Prof R.K. Dhiman, the Director SGPGIMS was the Chief Guest during the inaugural ceremony along with the Dean Prof Shaleen Kumar. Prof Aditya Kapoor, Head of department of Cardiology, Dr. Anusheel Munshi, Manipal Hospital, New Delhi, Dr. Roopali Khanna along with other speakers discussed the vexing issues and put forth their perspectives. Niche areas such as new technology, AI, survivorship programs and

pediatric cancer related problems, were deliberated upon. Over 100 delegates actively interacted during the discussions, especially the discussion moderated with a panel of experts of different fields.

The CME ended with a more sensitized audience, who felt motivated to prevent and mitigate the cardiac damage from cancer treatments, in their clinical practice.

Dr Punita Lal, Professor and Head, Radiotherapy Department



**"CME on Cardio-Oncology:
Addressing the unmet need"**

Foundation Day Celebration
Department of Radiotherapy
Regional Cancer Centre
Sanjay Gandhi Postgraduate Institute of Medical Sciences,
Lucknow

2nd Sep 2023
9:00 AM - 5:00 PM

**Venue: Library Complex,
SGPGIMS**

2-Day Post Graduate Teaching Course & Alumni Day Celebration by the Department of Ophthalmology

The Department of Ophthalmology at SGPGI organized a successful 2-day Postgraduate Teaching Course and Alumni Day Celebration on 15th and 16th July 2023, focusing on the latest advancements and trends in ophthalmological practice. The event was attended by esteemed alumni, faculty members, and enthusiastic postgraduate students, fostering a vibrant atmosphere of knowledge sharing and professional networking.

Day 1: Postgraduate Teaching Course and Alumni celebration

The first day commenced with an insightful series of lectures delivered by prominent experts in the field. Attendees gained valuable insights into cutting-edge diagnostic and surgical techniques, as well as emerging research in various subspecialties of ophthalmology. It also marked the Alumni Day Celebration, a momentous occasion for reconnecting and strengthening the bonds between the alumni and their alma mater. The conference was inaugurated by our Patron and Director Prof R K Dhiman. Distinguished guest speakers, including the former Head of the Department Prof Kumudini Sharma and Prof Vikas Kanaujia, shared their experiences and reflected on the evolution of ophthalmic care, inspiring the current generation of students to uphold the department's legacy of excellence.

Day 2: Practical and hands on Post Graduate Teaching Course

The second day commenced with the practical understanding and usage of the state of art and high end machines in the department of ophthalmology. Interactive workshops facilitated hands-on learning experiences, ensuring a comprehensive understanding of the topics discussed.

Overall, the 2-day event served as a platform for fostering collaboration, sharing knowledge, and celebrating the achievements of the Department of Ophthalmology at SGPGI. The event was organized by the Head of the department of Ophthalmology Prof Vikas Kanaujia, Dr Rachna Agarwal, Dr Vaibhav Jain, Dr Alok Pratap Singh and Dr Ankita.

*Dr. Rachna Agarwal,
Associate Professor, Ophthalmology*

CrecheActivities Conducted from July to September 2023

We are excited to share the delightful moments of joy and learning that filled our crèche over the past few months. In July, our crèche blossomed with vibrant green shades during our Green Day and Van Mahotsav week celebration! Children and staff wore green attire, spreading smiles and positivity. We enjoyed exciting green-themed stories and engaging activities aimed at inspiring our young learners to appreciate nature and develop a sense of environmental responsibility. During this celebration, the children had the wonderful opportunity to plant seeds, gaining valuable insights into the growth process and the nurturing care required to help their plants thrive. Additionally, we cultivated a love for nature and sustainability by planting indoor greenery, encouraging an early connection with the natural world.

August was dedicated to freedom and creativity as we celebrated Independence Day. Our little patriots showcased their talents by crafting handmade flags and patriotic artworks. They proudly paraded their creations, fostering a sense of national pride and creativity. In the same month, we celebrated RakshaBandhan, a festival where children tied colourful rakhis on each other's wrists, symbolizing the



bonds of love and protection among siblings and friends. We also marked World Lion Day in August, teaching kids to appreciate and protect wildlife, sparking their curiosity about nature.

September brought even more excitement as children dressed up as Radha and Krishna, delving into the enchanting stories of Lord Krishna's adventures. We also celebrated Ganesh Chaturthi with devotion and creativity, welcoming Lord Ganesha with prayers, art activities, and delectable sweets. These celebrations created special memories for our little ones, helping them understand the world better. In our crèche, we foster a nurturing environment where children learn essential values like kindness, empathy and teamwork. Our curriculum emphasizes creativity, allowing kids to explore their artistic talents and imagination. Every child leaves our care with a strong foundation for a bright and promising future.

Dr. Anupam Guleria, Incharge, Hobby Centre Creche



The story of my ink pen

In the days when we attended school, all of us used fountain pens (or ink pens, as we referred to it, usually). These were often received as gifts/prizes and were honoured/ prized possessions.

Since these needed to be refilled, buying an ink bottle was essential. So the routine of filling ink was a habit all of us were familiar with. The treacherous ink would nearly always find its way on the tables, desks, table cloths, our clothes, school bags and even our fingers!

Enter 'ball point' pens and this whole gamut of ink pens, ink bottles, filling ink with all its attendant pleasures and pains were soon forgotten. All one needed was to walk to the market and buy a new refill and the pen was as good as new! Modifications and improvements in ball point pens have been many, what with gel pens and so on.

I used to be very fond of particular pens and even considered some of them 'lucky'. Performances at exams/entrance test were the reasons why I considered them lucky. My love for some of them was so intense that I urged my father to get some of these repaired. My poor father spent long hours 'repairing' (read...getting parts replaced) those lucky pens as I insisted on that. I remember one particular pen; all the parts had been changed one by one. Yet it was a 'lucky' pen and I continued using it.

Over the years, I had retained a few of my ink pens, especially the ones gifted by some dear ones. I used to have a bottle of ink at home and sometimes filled one of the pens with it and used it in the ICU. This habit of mine was imbibed by my son and he too used a fountain pen at some stage. In this stage of my life, I still considered some of the pens 'lucky'; the definition had changed, though! When patients' survival improved (or I perceived it so), the pen I was using was 'lucky'! This fountain pen habit of mine vanished somehow in the last 5-7 years.

The other day, a department colleague gifted me an ink pen- a fancy one too! Needless to say, I was overjoyed. It brought back a whole host of pleasant memories.

When I was gifted this pen, I thought to myself, let me fish out my ink bottle and use this pen ad libitum. But, alas, there was no ink bottle to be found! And neither could I find the old ink pens. So off I went to Mani Mounta (the market nearest to our campus, the go-to place for all daily needs) and got myself a bottle of ink. It actually feels good to be writing with a fountain pen again, and to fill ink (though the process has become so much easier and less messier!). Long live the fountain pen!!!

Dr Banani Poddar, Professor and Head, Critical Care Medicine

Chasing Dreams

*I followed the dream of
becoming the one,
Rising from the dark and
shining in the sun.
Through shadows deep, I
dared to find my way,
Embracing dreams that
led to light of day.
With courage strong, I
faced the darkest night,
To claim my place in the
sun's golden light.
Guided by hope, I chased
that distant gleam,
A journey vast, a quest
within a dream.
From shadows deep, I
found my destined place,
A starlit path, each step a
hopeful embrace.
I thought I was the only
one, till I saw all of them.
In solitude I thought I
stood alone,
Until a sea of souls*

*around me shone.
In unity, our hearts and
spirits blend,
A tapestry of lives, on
which we all depend.
With purpose as my
compass, I set forth,
Seeking to prove my
worth, my inner north.
From shadows emerged, a
phoenix on the rise,
In sunlight's embrace, my
spirit never denies.
I follow the dream of
becoming the one,
Rising from the dark and
shining in the sun.
In life's grand dance,
under stars we run,
Chasing dreams, until
our journey's done.*

*Dr. Payal Kaw,
IInd year Mch, SGE*

चौथी मंजिल

मैं इक सपना देख रहा हूँ
हल्की हल्की शाम हुई है
बिल्डिंग के चौथे माले पर
केवल मैं हूँ कोई नहीं है

सात साल की लड़की जिसको
एक दिमाग ट्यूमर था
इक घर के आँगन में कबसे
खेल रही है, कूद रही है

इक लड़का जो अपने पिता को
रोज़ सवेरे लाता था
मैंने सुना है नौ से पांच की

जॉब पे जाता है अब वो

इक बूढ़े बाबा अम्मा हैं
अपने घर की छत पे बैठे
पेड़ परिंदे देख रहे हैं
धूप गुनगुनी सेक रहे हैं
पर मैं सपना देख रहा था
अभी अभी तो सुबह हुई है
बिल्डिंग के चौथे माले पर
बीमारों की भीड़ लगी है

सात साल की लड़की जिसको
एक दिमाग का ट्यूमर था

अपने पिता की गोद में बेसुध
दरवाज़े के बाहर खड़ी है

इक लड़का जो अपने पिता को
रोज़ सवेरे लाता था
अपनी जॉब का दांव लगाकर
खड़ा है रोज़ के जैसे ही

जो बूढ़े बाबा अम्मा हैं
इक दूजे को देके सहारा
सिर कंधे पे टेक रहे हैं
अपनी बारी देख रहे हैं

डॉ सिद्धार्थ चाहर, जे.आर.2, रेडियोथेरेपी विभाग

Fleeting Life

Have you ever watched kids ?
On a merry-go-round !
Or listened to the rain,
Slapping on the ground !!

Ever followed a butterfly's
erratic flight !!
Or gazed at the sun -
into the fading night !!

You better slow down !
Don't dance so fast !!
Time is short
The music won't last !!!

Do you run through, each day;
On the fly ?
When you ask, How are you ?
Do you hear the reply ?

When the day is done,
Do you lie in your bed ?

With the next hundred chores -
Running through your head !!

You'd better slow down,
Don't dance so fast
Time is short
The music won't last !!!

Ever told your child,
We'll do it tomorrow !!
And in your haste -
Not see his sorrow ??

Ever lost touch !!
Let a good friendship die !
Cause you never had time,
To call and say, "Hi" !!

You'd better slow down !
Don't dance so fast !!!
Time is short
The music won't last !!!

When you run so fast
to get somewhere -
You miss half the fun,
of getting there !!!!

When you worry and hurry
through your day !!
It is like an unopened gift -
Thrown away !!!

Life is not a race !
*Do take it slower; *
Hear the music
Before the song is over !!!

*Dr Rajesh Harsvardhan
Head, Hospital Administration
Department*

यादें

बुलबुलेहाँ वो बुलबुले ही तो हैं जो मेरे पेट या कहिए हर अल्मामैटर के पेट में होते हैं, जब भी संजय गांधी पी जी आई का नाम ज़ेहन में आता है।

तितलियां नहीं जानतीं कि उनके पंखों का रंग कितना चटक या कितना धूसर है, नहीं जानतीं कि उनके चहकने से किसकी उदासी दूर हो रही है, कौन-सा सन्नाटा दरक रहा है। सदैव हवाएं नहीं जानतीं कि वे किसकी खिड़की खड़खड़ा रही हैं।

ऐसा ही ये इन्स्टिट्यूट है जिसने कितनी तितलियों को चहकना सिखाया है। यहाँ आने के पहले फेमिनिज्म और 'स्त्रियाँ भी पुरुषों से कम नहीं हैं' जैसे शब्द पुस्तकों में ही पढ़े थे, यहाँ सीधे साक्षात्कार हुआ। रायपुर जैसा शहर जो आज भले राजधानी बन गया है, सन नब्बे में थोड़ा बैकवर्ड ही हुआ करता था, जहाँ मेरा एम.एस सर्जरी लेना भी मुझे पागल करार देने के लिए काफ़ी था। यहाँ जब पी जी आई में मैडम सुमन खेर, मैडम सोमा कौशिक जैसे लोगों से सामना हुआ तो पता चला कि जैसे 'बिहाइंड एवरी सक्सेसफुल मैन देयर इज ए वुमेन' की तरह एक कामयाब औरत के पीछे उसके पिता के अलावा पति का भी हाथ होता है। यहाँ सभी ने अपनी पर्सनल और प्रोफेशनल लाइफ को बहुत खूबसूरती से संजो कर रखा था। पति के नेफ़ोलाँजी डिपार्टमेंट में होने से यदा कदा डॉ. विजय खेर के घर जाने का मौक़ा मिलता था। हॉस्पिटल में शेर की तरह अपने स्टूडेंट्स पर गुराँने वाले सर अपने हाथों से सर्व कर सबका दिल जीत लेते थे, उस पर सोने पर सुहागा सुमन जी। वैसी जोड़ी आज तक दूसरी देखने को नहीं मिली।

मैंने रायपुर से एम.एस ज़रूर किया था, लेकिन इंग्लिश केवल पढ़ाई के विषय तक ही सीमित थी। पहले ही दिन हॉस्टल में कार्डियोथोरेसिक सर्जरी विभाग की डॉ. आभा चंद्रा से आमना सामना हुआ। मैडम हाथ में कार की चाबी घुमाते हुए होठों पर लिपस्टिक और आँखों में मस्कारा लगाये फुल मेकअप में अंदर आ रही थी। एक विलेज गर्ल की तरह मैंने अपना मुँह आश्चर्य से खोल दिया। वो मुझे हैरत से इस तरह देखती रही मानो किसी जोकर को देख रही हो। उन्होंने मेरी एकटक देखती आँखों को पलक झपकाने के लिए मजबूर किया और पूछा “क्लूम आर यू लुकिंग फॉर? नीड एनी हेल्प?”

बाप रे!! इंग्लिश के इतने शब्द, वो भी मुँह घुमा कर। समझ ही नहीं आया क्या करूँ? एक के.जी.के बच्चे की तरह मैंने बोलना शुरू किया -

“माईमाईनेम!” वो ज़ोरों से हंसी। लेकिन बाद में हम अच्छे दोस्त बने और आज तक हैं।

उस समय एस.जी.पी.जी.आई में थोड़े ही लोग थे और ये एक फ़ैमिली की तरह था। पी.जी.आई में सन् नब्बे में मेरी दो सहेलियाँ बनी, एक सुमन जी और दूसरी अमिता शाह जिनसे मेडिकल नहीं, बल्कि ज़िंदगी के छोटे बड़े कई फ़लसफ़े सीखे। आज दोनों ही इस दुनिया में नहीं हैं पर दोनों मेरी यादों में रची बसी हैं।

एक साल तक सुमन जी के साथ काम किया क्योंकि जब मैं पहुँची रेजिडेंसी के इम्तिहान हो चुके थे और वो साल में एक बार ही होते थे। सुमन जी के लिए उनके मरीज़ों का पागलपन, उनका सर्जिकल स्किल और उनका अपनत्व यानी वो एक फुल पैकेज थीं। एक मरीज, जिसका सरनेम साहू था वो दिल की मरीज़ भी थी। सुमन जी के हाथों बेटी पैदा होने पर उसने अपनी बेटी का नाम ही सुमन खेर साहू रख लिया। कार्डिओलॉजी के रेसिडेंट समझा समझा कर थक गए कि उनका नाम सुमन है खेर तो सरनेम है। वही हाल अमिता का था पढ़ाई, पति और बेटी के बीच एक बड़ा अच्छा सामंजस्य और फिर ज़िंदगी में मेरी भी जगह।

पी.जी.आई में एंडोसर्जरी में ज्वाइन करने के बाद मेरी ज़िंदगी पूरी तरह से बदल गई। मेरी गीली माटी का स्वरूप बदलने की बहुत जरूरत थी। एम.एस ज़रूर किया था लेकिन सर्जरी की बारीकियाँ मिश्रा जी ने ही सिखाई। मेरे अन्दर सीखने की इच्छा के असंख्य बीज थे, जो मिट्टी, खाद, पानी की तलाश में थे और ये पी.जी.आई में अंकुरित हुए।

एस.जी.पी.जी.आई में बिताये चार साल कब कैसे बीत गये कभी एहसास ही नहीं हुआ। बहुत गलतियाँ की और बहुत सीखा। पेपर कैसे लिखा जाता है, उसके लिए लिटरेचर इकट्ठा करना भी ट्रेनिंग का ही हिस्सा था। डिपार्टमेंट वर्किंग प्लेस ही नहीं एक घर भी हुआ करता था। मेरी मस्त मौलागिरी का मेडिकल एंडोक्रिनोलॉजी रेसिडेंट और एनेस्थिसिया वाले काफ़ी मजा लेते थे। अगर थायरॉइड सर्जरी में टाइम लगता तो कहते कि -क्या ऑपरेशन चल रहा है? गणेश ऑपरेशन? हेडेक्ली “फिर सब खिलखिला कर हंसते। कभी ब्रेस्ट सर्जरी करते देखते तो पूछते -“आज क्या? एम्पुटेशन ऑफ़ ब्रेस्ट”

इस बार जैसे ही गौरव का फ़ोन आया, पेट में फिर बुलबुले उठे... दिल अपने अल्मामैटर से मिलने के लिए कुलबुलाने लगा। जैसे ही प्रेरणा,

प्रीति, सुनील, गौरव, मिश्रा जी, आदित्य और डायरेक्टर डॉ धीमन से मिली, लगा समय तो ठहर गया है।

ये तो इमोशनल एनर्जी थी, लेकिन गई तो मैं वहाँ ऐकडेमिक ज्ञान प्राप्त करने के लिए। इनाॅगरेसन सेरेमनी में सारे ऐकडेमिक स्टालवर्ट से आमना सामना हुआ। जैसे कार्डियोलॉजी के हेड प्रोफेसर आदित्य कपूर, डायरेक्टर डॉ धीमन, डॉ प्रीति, विज्जी मैम, गौरव सबसे मिलकर खुद को बड़ा बौना पाया। लेकिन ये कीमत तो चुकानी ही थीं इंस्टिट्यूट छोड़ कॉर्पोरेट ज्वाइन करने की। दो दिनों के इस अपडेट में काफ़ी नयी चीजे मसलन रोबोटिक सर्जरी, स्कालेंस लेप्रोस्कोपिक सर्जरी देखने को मिली। इंस्टिट्यूट और डिपार्टमेंट की प्रगति देख काफ़ी अच्छा लगा। एक जनरेशन गैप के बाद आने वाले स्टूडेंट्स काफ़ी फोकस्ड लगे। एच.ओ.डी बनने के बाद भी गौरव का मेरे लिए कन्सर्न और आदर दिल को छू गया। उसके बाद सबसे से अच्छा अनुभव तो फैकल्टी क्लब की मीटिंग में खुद की लिखी पुस्तक लम्हें के कुछ अंश पढ़ने का मिला। ये डॉ प्रेरणा कपूर और डॉ बृजेश सिंह के प्रयासों से ही संभव हो पाया था। ऐसा लगा इतने दिनों से लिख रही थी और उस दिन अपने लोगों के बीच अपनी अभिव्यक्ति का अपना ही अलग महत्व है।

ये एक ऐसा इंस्टिट्यूट है, जहां भविष्य को तराशने की इच्छा लिए नयी पौध आती है, ट्रेनिंग पाकर पुष्पित पल्लवित होती है। एस जी पी जी आई के ये अलमामैटर पूरे विश्व में अपनी महक और चमक बिखेर रहे हैं।

इंस्टिट्यूट के बारे में बताने और लिख कर अपनी यादें साझा करने से ज्यादा अहम है, इन छोटे छोटे लम्हो की उंगली पकड़कर इनके साथ चलने, हँसने, रोने और थककर इनके कांधे पे सिर रखकर सोने और किसी साझा सपने में उतर जाना....जहाँ अतीत में लौटकर यथार्थ को थोड़ा उल्टा-पल्टा जा सके..

...जो छूट गया है वो सिरा फिर से पकड़ा जा सके...

...जो जीने से रह गया, उसे फिर से जिया जा सके...

ये पूरा सफ़र मैंने थोड़े दिनों पहले एक बार फिर से जिया है और बार बार जीने की आकांक्षा है।

डाक्टर संगीता ठाकुर झा, सीनियर कन्सलटेन्ट एंडोक्राइन सर्जरी, केयर हास्पिटल, हैदराबाद

डॉ. संगीता झा जुलाई 1991 से जून 1994 तक एंडोक्राइन सर्जरी में सीनियर रेजिडेंट रहीं। वे एक सफल लेखिका हैं, बहुत सी पुस्तकें उन्होंने प्रकाशित की हैं।





Awards of Excellence

In continuation of the SGPGI tradition, some of the staff members were honoured for their excellent work, dedication and loyalty and bestowed with "Award of Excellence" on Independence Day 2023. The Director, Professor R K Dhiman, presents the award to each selected person, making it a very proud moment for them, their families and their departments.

Name	Department	Post
Ms. Alice Joseph	College of Nursing	Tutor College of Nursing
Mr. Ritaja Singh	Neurology	Dy. Nursing Supt.
Mrs. KD Rastogi	New OPD & PMSSY	Dy. Nursing Supt.
Mr. Kripal Singh	CVTS (ICU)	Asst. Nursing Supt.
Ms. Savitri Sachan	General Hospital	Asst. Nursing Supt.
Ms. Sosa Kutti Wilson	Urology OT	Asst. Nursing Supt.
Ms. Anila Singh	Hematology (Chemotherapy Day Care)	Asst. Nursing Supt.
Mr. Dhikhil C.D.	Hospital Administration	Senior Nursing Officer
Ms. Nitu Singh	Pediatric Surgical Super Specialties	Senior Nursing Officer
Mr. Anil Kumar Verma	Nephrology (Dialysis Unit)	Chief Tech. Officer
Mr. D.K. Singh	Cardiology	Senior Technical Officer
Dr. Ajay Kumar Dixit	Microbiology	Senior Technical Officer
Mr. Inder Sen	Pathology	Senior Technical Officer
Mr. Abhay Kumar	Radiodiagnosis	Senior Technical Officer
Mr. Devendra Kumar Pandey	Transfusion Medicine	Asst. Adm. Officer
Mr Mohd Imran	JD(A) [Legal Cell]	Senior Administrative Assistant
Mr S. M. Abid Rizvi	Plastic Surgery & Burn	Senior Administrative Assistant
Mr. Shiv Shankar Kushwaha	Pulmonary Medicine	Senior Administrative Assistant
Mr. Arvind Agarwal	JD(MM)	Store Officer
Mr. Manoj Kumar Srivastava	Finance	Account Officer
Mr. Vipul Saxena	Neurosurgery	Junior Accounts Officer
Ms. Savitri M. Joseph	CMS Office	Personal Assistant
Mrs. Renu Garg	Nursing School	Asst. Teacher
Mr. Ashok Kumar Singh	Engineering (Electrical)	Sr. Operator (Work Shop Technician)
Mr. Murtaja Hurain	Vehicle Cell	Driver Gr-I
Smt. Ram Pyari	Horticulture	Mali Gr-1
Mr. Ram Kumar	CCM	Attendant Gr-I
Mr Vijay Kumar	Biomedical Engg (OT)	Attendant Gr 1
Mr. Mewalal	Endocrine Surgery	Attendant Gr-1
Mr. Jyoti Prakash Mishra	HRF	Cashier (Outsource)
Mr. Somu Dutta	Executive Registrar Office	DEO (Outsource)
Mr. Rakesh	Endocrinology (Ward)	Safai Karmchari (Outsource)
Mr. Dhruwa Choudhary	Retired Assistant Commandant	UP Purva Sainik Kalyan Nigam
Mr. Basant Lal	Security Guard	UP Purva Sainik Kalyan Nigam
Mr. Amrendra Kumar	Security Guard	UP Purva Sainik Kalyan Nigam
Mr. Yogendra Kumar Singh	Security Guard	UP Purva Sainik Kalyan Nigam
Mr. Nandan Singh	Security Guard	UP Purva Sainik Kalyan Nigam

Awards & Achivements



Notable achievements of the alumni of the Department of Clinical Immunology & Rheumatology in the recent past

1. Professor Debashish Danda received "Distinguished International Rheumatology Professional Award" from the American College of Rheumatology.
2. Dr Sarit Sekhar Pattanaik received ACR/APLAR exchange fellowship 2023
3. Dr Rudrarpan Chatterjee received APLAR grant and fellowship to attend IUIS International School of Immunology at Florida, USA.
4. Dr Sakir Ahmed was appointed as Editor-in-Chief of Immunologic Research

Young Investigator Award

Dr. Deepti Sachan, MD Transfusion Medicine (SGPGIMS 2009), PDCC – Apheresis Technology and Component Therapy (2010).

Presently working as Senior Consultant & Clinical lead, Department of Transfusion Medicine, Dr. Rela Institute & Medical Centre, Chennai, Tamil Nadu. Dr. Deepti Sachan received the Young Investigator Award for the 2023 Joint International Congress of International Liver Transplantation Society (ILTS) held from 3 to 6 May 2023 in Rotterdam, The Netherlands. The award was given by ILTS President Prof. Mohamed Rela (President ILTS)

The award was given for work on Pediatric ABO incompatible Liver transplantation. She presented the same in Plenary abstract session on -"Algorithmic Approach to ABO isoagglutinin monitoring and Apheresis management in Pediatric ABOi Liver Transplantation"



Inspiring Oncologist Award

Dr Sanjeev Yadav, Associate Professor, Department of Haematology, was conferred the prestigious Economic times, "Inspiring Oncologist of India" award on 30th June 2023, on the eve of Doctor's day in a glittering function at Hyatt Regency, New Delhi



Best Nurse award on Nurse's Day

Mrs. Sarojini R, Senior Nursing Officer, department of Critical Care Medicine, was awarded the Best nurse award on Nurse's day (May 12, 2023).



Superannuations

As these SGPGI family members embark on this new chapter of their journey, we extend warmest farewell wishes to them. Each goodbye is a stepping stone to a new adventure. Fare thee well, and may the future bring you all the happiness and success you deserve.

1. Dr. U.C. Ghoshal, Professor, Gastroenterology, (VRS)
2. Mr. Vijay Bahadur, Sr. Mali, Horticulture
3. Mr. Dilip Kumar, Photo Copy cum D.Opt., Contract cell
4. Mr. Ganga Ram Yadav, Hospital Attendant, Gr-2
5. Ms. Priyo Bala Singh, Assistant Nursing Suptd.
6. Mr. Rajiv Kumar, Assistant Engineer (Electrical)
7. Mr. Avadhesh Pratap, Workshop Assistant
8. Mr. K K Shrivastav, Administrative Officer, MS Office
9. Mr. Ram Tapasya Singh, Workshop Assistant, Electrical
10. Mr. Ram Bharose, Senior attendant, Vehicle Cell
11. Mr. Mahboob Ali, Attendant grade-1, Radiology
12. Ms. Shrimati Sharma, ANS
13. Mr. Mohd. Rais Khan, PPS, AD Office
14. Ms. Asha Singh, Librarian grade-1, Central Library
15. Mr. Daya Ram, Junior administrative Officer, Anesthesiology
16. Mr. Rajeev Singh, Chief Technical Officer
17. Mr. Ram Sagar, Attendant Gr-I
18. Mr. Basudev Maurya, Technical Officer
19. Ms. Suman Tiwari, Assistant Nursing Suptd.
20. Mr. Ram Adhar Yadav, CSR ASSTT. Gr-I
21. Mr. Byasmuni Tripathi, Senior Technical Officer, Radiology
22. Ms. Munni Lal, Sr. Attendant, Electrical





SGPGIMS in News

PGI में खुलेगी वायरल रिसर्च लैब

डेंगू, चिकनगुनिया, इन्फ्लुएंजा, खसरा जैसी बीमारियों पर होगा शोध

एनबीटी, लखनऊ

पीजीआई में वायरल रिसर्च ऐड डाइरिजेंट लैब बनेगी। इसके लिए स्वास्थ्य एवं परिवार कल्याण मंत्रालय के स्वास्थ्य अनुसंधान विभाग ने गुरुवार को मंजूरी दे दी। पीजीआई निदेशक डॉ. आरके श्रेष्ठ ने बताया कि लैब में डेंगू, चिकनगुनिया, जलाने इंसेफलाइटिस, इन्फ्लुएंजा, खसरा, रुबेला, गेटा, जीका और पश्चिमी नइस समेत कई वायरल रोगों पर सेरोलॉजिकल और न्यूक्लियर जांच होगी। इसके साथ इलाज भी किया जाएगा।

उत्तर भारत का पहला संस्थान: डॉ. आरके श्रेष्ठ ने बताया कि भारतीय चिकित्सा अनुसंधान परिषद ने जनवरी 2023 में महामारी और प्राकृतिक आपदाओं के प्रबंधन के लिए प्रयोगशालाएं बनाने के लिए सभी चिकित्सा से आवेदन मांगे थे। वायरल डाइरिजेंट लैब के लिए देश भर के 100 संस्थानों ने आवेदन किया था। इनमें सिर्फ तीन संस्थानों को लैब खोलने की अनुमति मिली है। इसमें उत्तर भारत से पीजीआई अकेला संस्थान है। बाकी दो लैब दक्षिण भारत के एनआईएमएसएनएस

वैजलूर और कर्नाटक के बेलगावी स्थित एनआईटीएमए में बनेंगी। मिलाना 4 करोड़ का बजट: वायरल रिसर्च ऐड डाइरिजेंट लैब के लिए पीजीआई को चार करोड़ रुपये का बजट मिलेगा। डॉ. आरके श्रेष्ठ ने बताया कि लैब की स्थापना के लिए माइक्रोबियोलॉजी विभाग के डॉ. अतुल गमां की अगुआई में एक टीम बनाई गई है। इसमें डॉ. रुग्मिणी एसके मारक, डॉ. चिन्मय साहू, न्यूरोलॉजी विभाग के डॉ. खंडे पालेवाल और सेरोसीएम के डॉ. मोहन गुजर शामिल हैं।

पास नहीं है पैसा, तब भी मिल सकता है इलाज

आई सिटी रिपोर्ट

लखनऊ: एनबीटीपीजीआई के अस्पताल प्रशासन विभाग के प्रमुख प्रो. आर. होपफेल्ड के अनुसार सरकारी कर्मचारी को हर तरह के सार्वजनिक सेवा से वंचित नहीं किया जा सकता है। उन्होंने कहा कि अगर कोई कर्मचारी बीमार हो जाए तो उसे इलाज मिलना चाहिए। उन्होंने कहा कि अगर कोई कर्मचारी बीमार हो जाए तो उसे इलाज मिलना चाहिए। उन्होंने कहा कि अगर कोई कर्मचारी बीमार हो जाए तो उसे इलाज मिलना चाहिए।

एसजीपीजीआई में आर्थिक सहायता पर सेमिनार का आयोजन

लखनऊ: पीजीआई में आर्थिक सहायता पर सेमिनार का आयोजन हुआ। डॉ. आर. होपफेल्ड ने कहा कि अगर कोई कर्मचारी बीमार हो जाए तो उसे इलाज मिलना चाहिए। उन्होंने कहा कि अगर कोई कर्मचारी बीमार हो जाए तो उसे इलाज मिलना चाहिए। उन्होंने कहा कि अगर कोई कर्मचारी बीमार हो जाए तो उसे इलाज मिलना चाहिए।

पीजीआई में वायरल हेपेटाइटिस की जांच और शीघ्र उपचार पर जोर



लखनऊ, लोकसत्ता

कार्यक्रम

हेपेटाइटिस पर पाठ्यक्रम का आयोजन

वायरल हेपेटाइटिस दिवस पर संजय गांधी पीजीआई में हेपेटाइटिस विभाग ने स्नातकोत्तर विद्यार्थियों और चिकित्सकों के लिए वायरल हेपेटाइटिस पर एक पाठ्यक्रम का आयोजन किया। इसमें हेपेटाइटिस ए से ई सहित वायरल हेपेटाइटिस पर व्यापक व्याख्यान शामिल थे। इस अवसर पर संस्थान के निदेशक प्रो. आर के श्रेष्ठ उपस्थित थे और उन्होंने वायरल हेपेटाइटिस की जांच और शीघ्र उपचार की आवश्यकता पर जोर दिया।

अवसर पर उपस्थित थे और उन्होंने छात्रों और प्रशिक्षकों को शिक्षित किया। वायरल हेपेटाइटिस हेपेटाइटिस विभागध्यक्ष डॉ. अमित मेहता ने टीकाकरण रणनीतियों और नैदानिक चैर-नरीको पर जोर दिया। हेपेटाइटिस विभाग के संकाय सदस्य डॉ. अजय मिश्रा और डॉ. सुरेंद्र सिंह ने भी छात्रों को शिक्षित किया और इंटरैक्टिव सत्र सुनिश्चित किया। इस अवसर पर लखनऊ से डॉ. सुमित कंगड़ा, डॉ. अजय कुमार पटवा शामिल रहे।

Lucknow 30-07-2023
http://epaper.loksatta.com/

लोकसत्ता

Farewell to Chief Nursing Officer(CNO), Mrs. Lzsamma Kalib

As the sun is to the solar system, likewise is the aura of our ex- CNO Mrs. Lzsamma Kalib Ma'am; to the entire nursing cadre of SGPGIMS. She was a priceless gem to the SGPGI health care system. She led from the front and was a guide and mentor to the entire fraternity ,she was gifted with wisdom, and showed dedication with unwavering inner commitment towards her profession. She has been a beacon of leadership and a true driving force behind nursing administration and nursing services in this esteemed institute. She also played a vital role in the management of Covid-19 pandemic.

During her tenure she displayed exceptional qualities that have left an indelible mark in our profession and institute at large. She was a cornerstone of our healthcare system. Her guidance led our nursing team to achieve excellence in top quality nursing care. She also nurtured the new generation to be good professional nurses by instilling in them values of compassion, integrity and excellence. As she handed over the charge of CNO and authority to me,I felt proud to be taking over from a senior whose conduct was truly commendable. In this moment of transition, I express my gratitude and best wishes for her future endeavors.

Mrs Usha Takri, Acting CNO



Superannuations in Pathology Department

Mrs. Anu Srivastava, Senior Technical Officer, in the Department of Pathology, joined as Laboratory technician on 15th November 1991. She worked in the Clinical chemistry section. Apart from being a good human being, she was known for her absolute dedication and sincerity in her work. Her calm demeanour was attributed to inclination towards meditation and spiritualism. On the day of her retirement (31st August 2023), we wish her good health and best wishes for her second innings.



Mr. Ram Milan, Chief Technical Officer, Joined as Technician in the Department of Pathology on 19th May 1989. He has worked in the Histopathology section. During his tenure of service, he has rendered commendable and efficient services to the department. The quote "Work in silence, let success be your noise" is apt for the commitment towards his work and patient care. On the day of his retirement (31st July 2023) we wish him and his family a happy and healthy life.



*Dr Seema Sharma, Professor & Head,
Department of Pathology*

श्री नागेश्वर लाल : सेवानिवृत्ति

श्री नागेश्वर लाल जी के बारे में लिखना सूरज को दिया दिखाने जैसा है। इनका हमारे रेसिडेंट डॉक्टर की शिक्षा में कितना योगदान है ये आप उन्हीं से जान सकते हैं। जी हाँ नागेश जी (हम प्यार से उन्हें ऐसे ही बुलाते हैं) ही सभी रेसिडेंट को इको मशीन के सारे फ्रंक्शन के बारे में बताते और सिखाते थे। वो हर इको मशीन को अपने घर की कीमती वस्तु समझ कर ही देखभाल करते थे। इसके इतर इन्होंने हमारे HIS में इको रिपोर्ट का प्रारूप और फॉर्मूला सब नागेश जी की ही देन है। मैंने करीब 12 साल MICU में काम करने के बाद 16 साल पहले इको लैब में काम शुरू किया। उनसे काफी कुछ सीखा। जैसे की काम को ही महत्ता देना, मरीजों से बात करते समय कभी उत्तेजित ना होना, और सभी को साथ लेकर चलना। उनसे ही सीखा कि इको से संभूतित कई अन्य तरह के प्रोसीजर भी होते हैं। नागेश सर आप सभी के लिए प्रेरणा हैं क्योंकि जिस तरह आपने इको लैब को सम्भाला वो काबिले तारीफ हैं।

आपके साथ कुछ लम्हे कई यादे बतौर इनाम मिले,
हम सब एक सफर पर निकले थे और तजुर्बे तमाम मिले।

सालों की मेहनत के बाद आखिरकार आपके पास खुद के लिए
समय होगा पर हमको गाइड करने आते रहिये।

आप जैसा बडप्पन नहीं हैं कहीं,
आप जैसा सरल मन नहीं हैं कहीं।
आप को विदा हम कैसे करें,
सीनियर ऐसा सज्जन नहीं हैं कहीं।

श्रीमति नीमा पंत



Bidding adieu to Assistant Professors (Bond) of Department of Endocrine Surgery

An institution is made not of brick and mortar, but of the blood and sweat of the people who create and nurture it. The department of Endocrine & Breast Surgery at SGPGI bid farewell to three such committed workers. The three contractual Assistant Professors, namely Dr Abhishek Krishna, Dr Vikram S and Dr KMM Vishvak Chanthar completed their 2 years of bond period serving the institute on 12th August 2023. They were honored with a token of gratitude for their contribution to the department by way of teaching & training of the residents and carrying out patient care. Laughter and tears intertwined as anecdotes were shared creating a tapestry of memories that will forever be etched in our hearts. The departing colleagues expressed gratitude for the guidance, support and respect they received from department faculty and residents during their working period. They may leave the department, but the department can never let go of them. Their legacy will continue to run in the department for years to come. Their commitment towards their work is an example for all the budding surgeons. Overall, the event was an amalgamation of emotions, showcasing the deep sense of togetherness that defines our friendly department. The event ended with heartfelt good wishes for their bright future.

Dr Dibya Priyadarshi Behera, Dr Farheen Khan, Endocrine Surgery



Teachers' Day Embracing Excellence: A Chronicle of Mentorship at SGPGI

Teachers' Day in India, celebrated on September 5th, holds profound significance as a day to honor the invaluable contribution of educators to society. This date marks the birthday of Dr Sarvepalli Radhakrishnan, a distinguished philosopher and India's second President, emphasizing the deep respect for educators. On this occasion, students express gratitude to their teachers for their guidance and mentorship. The day not only acknowledges the pivotal role teachers play in shaping minds but also reflects the importance of education in the nation's development. Teachers' Day fosters a sense of appreciation and recognition for those who dedicate their lives to nurturing the future generation.

SGPGI boasts a rich legacy of fostering mentorship and cultivating a remarkable parent-teacher relationship. My husband and I became part of the SGPGI family in 2018, specializing in Pediatric Endocrinology and Neonatology respectively. Since then, we have been fortunate to be guided by exceptional teachers who exemplify unwavering commitment to top-tier medical education and the highest standards of patient care. Beyond the realms of academics, our mentors have been pillars of strength during personal crises, seamlessly transitioning between roles of educators, parents, and friends. I am confident that the sentiments expressed resonate with students across all departments.

With such dedicated mentors, SGPGI is poised to continue its legacy of excellence and thrive in the future. Fingers crossed for ongoing success!

*Dr Akanksha, Assistant Professor, Neonatology and
Member, Newsletter Editorial Team*



From the editors' pen , thoughts on Doctors' Day

National Doctors' Day in India is celebrated on July 1st each year. This day honors the birth and death anniversary of Dr. Bidhan Chandra Roy, a renowned physician and the second Chief Minister of West Bengal. It recognizes the significant contributions of doctors to society and expresses gratitude for their dedication to healthcare.

We always hear about what patients want but let's discuss what do doctors want from patients ?

The doctor-patient relationship is a cornerstone of effective healthcare, built on trust, open communication, and mutual respect. This alliance not only facilitates accurate diagnosis and treatment but also fosters a supportive environment crucial for patients' well-being.

Doctors value patients who actively participate in their healthcare, sharing honest information about symptoms and lifestyle, adhering to prescribed treatments, and maintaining open communication. Mutual respect for appointments, recognition of the significance of preventive care, and a shared commitment form the unspoken but crucial foundation of a healthy doctor-patient relationship. We are indeed on the same team and page, fostering a partnership essential for optimal healthcare.

"In the dance of healing, trust is the rhythm, communication the steps, and empathy the music—forming the harmonious doctor-patient relationship."

Dr Perna Kapoor



SGPPGIMS Newsletter

The Newsletter is an in-house publication which is compiled with guidance and support from Professor R.K. Dhiman, Director, SGPGIMS, Lucknow. The Newsletter committee has the following team-members:

1. Dr Perna Kapoor (General Hospital, Chief Editor)
2. Dr Ankur Bhatnagar, (Plastic Surgery Department is the Treasurer, Education Foundation of SGPGI)
3. Dr Khaliqur Rahman (Haematology)
4. Dr Moinak Sen Sarma (Paediatric Gastroenterology)
5. Dr. Santosh Kumar (Molecular Medicine)
6. Dr Akanksha (Neonatology)
7. Mrs Kusum Yadav (PRO)
8. Mrs Neema Pant (Nursing Officer)
9. Mr Anil Kumar (MIU, Photography) helps curate the photographs for each issue.
10. Mr Amit Mohan (STBMI) helps design the Newsletter creatively and meticulously.

Printed by: Education Foundation of SGPGI, Lucknow

Secretarial Assistance: Mr. Deepak Chandra, Mr. Rishi Misra Office Attendant: Mr. Sunil Kumar

E-Mail: newslettersgpgi@gmail.com



Teachers' day celebration, College of Nursing, SGPGI

*In India, the birthday of the second president Sarvepalli Radhakrishnan,
5th September, is celebrated as Teachers' Day
since 1962*

