



Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow



Newsletter

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Issue-1, January - March 2024

“
ज्ञान का प्रकाश सभी अंधेरों
को खत्म कर देता है।”

“
उठो, जागो और तब तक मत
रुको जब तक लक्ष्य की प्राप्ति
ना हो जाए ।”

स्वामी विवेकानंद



पद्मश्री पुरस्कार

प्रो. राधा कृष्ण धीमन

निदेशक, एस. जी. पी. जी. आई. एम. एस



आनंदीबेन पटेल
राज्यपाल, उत्तर प्रदेश



पदम-श्री/पद्मश्री/पद्मश्री/पद्मश्री

राज्य भवन
लखनऊ - 226 027

13 अगस्त, 2024

प्रिय धीमन,

देश के 78वें स्वतंत्रता दिवस की आपको हार्दिक शुभकामनाएं एवं बधाई।

स्वाधीनता प्राप्ति में हमारे महान स्वतंत्रता सेनानियों, बुद्धिजीवियों तथा समाज सेवियों का विशेष योगदान रहा है, जिसके कारण आज हम एक स्वतंत्र राष्ट्र के रूप में अपने को स्थापित कर सके हैं।

स्वतंत्रता प्राप्ति के बाद राष्ट्र को निरंतर आगे बढ़ाने में हर क्षेत्र में उत्कृष्ट कार्य करने वाले हमारे देशवासियों ने भी अपना योगदान दिया है। विभिन्न क्षेत्रों में विशेष उपलब्धियों के लिए आपको आपको प्राप्त "पद्म श्री" के लिए मेरी ओर से आपको बहुत-बहुत बधाई। आपको प्राप्त इस सम्मान से प्रदेश गर्व का अनुभव कर रहा है। आपकी उपलब्धियां अन्य लोगों के लिये भी प्रेरणा स्रोत हैं।

मैं आपको स्वस्थ, सफल एवं दीर्घ जीवन की कामना करती हूँ।

(आनंदीबेन पटेल)

डॉ० आरकेश धीमन,
पद्म श्री,
निदेशक,
राज्य माध्वी स्नातकोत्तर आधुनिकीकरण संस्थान,
लखनऊ।

संस्थान परिवार के लिये असीम हर्ष एवं गौरव का क्षण.....
हेपेटाइटिस सी संक्रमण नियंत्रण अभियान,
अंगदान के संवर्धन एवम् कोविड काल में
अभूतपूर्व नेतृत्व हेतु आपको मिले सम्मान
से हम सभी आह्वित हैं।
संस्थान परिवार की ओर से आपको
कोटिशा:

हार्दिक
बधाई

NVHCP treatment center

The treatment center under the National Viral Hepatitis Control Program (NVHCP) was inaugurated on 30th January under the aegis of the Department of Hepatology, SGPGIMS, Lucknow. Under the program, free DNA testing for Hepatitis B and RNA testing for Hepatitis C will be done. Free consultation and medicines will be provided to Hepatitis B and Hepatitis C patients. The program aims to combat hepatitis and achieve countrywide elimination of Hepatitis C by 2030. The patients willing to avail these services need to register themselves in Hepatology OPD on Monday and Friday.

The NVHCP center inauguration program was attended by Dr. Brijesh Rathore UP-DGMH, Dean, SGPGIMS Prof. Shaleen Kumar, Medical Superintendent Prof. V.K. Paliwal, HOD Surgical Gastroenterology, Prof. Rajan Saxena, Nodal Officer UP-NVHCP Dr. Vikasendu Agarwal, HOD Hepatology, Prof. Amit Goel, Assistant Profs Hepatology Dr. Surender Singh and Dr. Ajay Mishra. The Director, SGPGI Professor R K Dhiman expressed his pleasure on this initiative taken by the department and hoped that patients suffering with Hepatitis B and C will be benefitted by free investigations and treatment facilities under this program



Temporary Night Shelters for patients' attendants



With the help of district & institute administration, and efforts & initiative of hospital administration Temporary night shelter homes have been created for patient's attendants, to protect them from vagaries of cold and other weather changes, at the SGPGIMS Trauma Centre(ATC)

Dr Rajesh Harsvardhan
Head, Hospital Administration



WHO Weekly Update

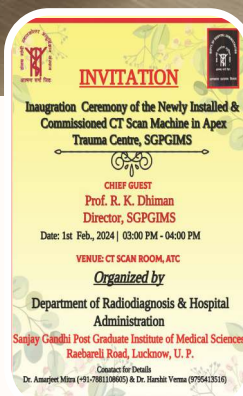
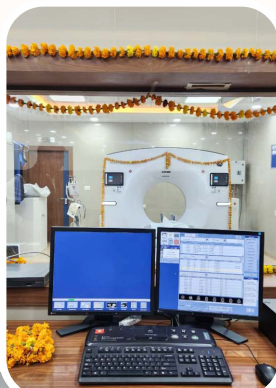
17 January 2024

January is Cervical Cancer Awareness Month

- Cervical cancer is the fourth most common cancer in women and is almost always related to human papillomavirus (HPV) infections
- The good news: the HPV vaccine has been proven safe and extremely effective in preventing cervical cancer
- Talk to your healthcare provider about prevention options – like the vaccine and screening

Learn more here <https://bit.ly/3fIMAG6>

Inauguration ceremony of newly installed CT SCAN Machine at Apex Trauma Center



2 Day modular cascade training program in Tuberculosis

24 March was World TB day and a reminder that TB still remains a very important public health challenge, with India having 27 lakh patients per year, almost one fourth of the total numbers in the world.

The silver lining is that mortality has come down slightly and notification rates have improved. In fact, Uttar Pradesh is the leader in notification in both private and public sector.

As per the instructions of Principal Secretary, Medical Health & Medical Education in the 46th UP STF, NTEP meeting held at SGPGIMS, Lucknow on 21st December 2023, a 3 days State level training (ToT) for medical college faculties to update the NTEP programme guidelines including training and discussion on:

1. Guidelines on programmatic management of Drug Resistant Tuberculosis (PMDT) in India 2021.
2. Guidelines for programmatic management of Tuberculosis Preventive treatment in India 2021.
3. Training module on extrapulmonary Tuberculosis 2023

was meticulously organized and designed so that all doctors and staff of Sgpgi are aligned and insights from various specialties could be shared regarding TB suspicion, diagnosis, drug sensitivity testing, and management.

On Day 1, nursing staff and students were trained and on Day 2, the program could not have been successful without the active support of Dr K Radha, Principal, Nursing college and CNO, Mrs Usha Takri.

Professor R K Dhiman, Director, SGPGI and Padmashree recipient, took out time to inaugurate the Day 2 session and address the audience despite his very busy schedule

Dr Suryakant, Professor and Head, Respiratory medicine, and Chairperson, Zonal TB Task force, Dr

Atul Kumar Singhal, District TB Officer, Dr Rishi Saxena, Deputy State Tb officer, participated actively in the academic program.

Professor Alok Nath, Head, Pulmonary Medicine, SGPGI and Dr Purna Kapoor, Senior Medicine Specialist, General Hospital were the active forces behind the program, Dr Prasanth, Consultant, Pulmonary Medicine helped streamline the program, which was organized by General Hospital, Microbiology and Pulmonary Medicine Departments.

and supported by District, State and Zonal task forces in TB and WHO consultants.

Faculty and residents from different departments engaged not just in teaching, training but also discussions leading to significant takeaways.

All the resource materials will be readily available on our website for easy reference.

This is a fresh new step for Sgpgi, the apex teaching and training institution of Sgpgi.

A State TB training center is also planned to be set up in Sgpgi very soon

Each one of us is a stakeholder in realizing the vision of a "TB Mukta Bharat" by 2025, as envisaged by our government and to be part of Pradhan Mantri TB mukt Bharat Abhiyaan.



CME on Recent Updates in Transplant Pathology



We were thrilled to invite renowned International Transplant Pathologist Professor Parmjeet Randhawa, from the Department of Pathology, Division of Transplantation Pathology at the Thomas E Starzl Transplantation Institute, University of Pittsburgh, USA. He visited our Institute including Kidney Transplantation Centre and Department of Pathology on 11th December 2023. In addition, he interacted with residents and faculty members and gave a thought provocative presentation on “A lifetime of Scientific Inquiry into the intricacies of Polyomavirus BK”, in the Seminar room of Department of Pathology. On 12th December 2023, the CME was inaugurated by honorable Director and Dean sir. This CME was conducted in Hybrid mode, and the talks were related to recent concepts and diagnostic approaches in transplantation of various organ systems. It was initiated with a presentation on practical approach to liver allograft biopsy, by Prof. Randhawa, followed by an interesting Case-based discussion in liver allograft biopsies by Dr. Mukul Vij. The Heart and Lung transplantation system was duly covered by Dr. Meera Govindrajan through practical as well as case-based approaches. Prof.



Randhawa further elaborated on his expertise- T-cell mediated rejection, and highlighted his work on application of biopsy-based transcriptomics to diseases of the transplanted kidney. Dwelling into the history- An overview of Transplant pathology practice in India was detailed by Dr. Kusum Joshi. The topic of great difficulty-Banff 2022 updates on problems in diagnosing antibody mediated rejection was simplified and presented by Prof. Ritambhara Nada. An integral component of transplantation-Immunological work-up in low-resource settings was showcased by Prof. Narayan Prasad. The sessions were chaired by experts from respective clinical and pathology departments. With more than 130 delegates and faculty members attending the CME from all over the country, it was a huge success because of tremendous efforts put in by Dr. Manoj Jain and Dr. Vinita Agarwal, Organizing Secretary; Dr. Seema Sharma, Organising Chairperson; Dr. Ritu Verma and Dr. Pallavi Prasad, Treasurer; other Senior and Junior faculty members of the Organising Committee, Residents and Staff of the Department of Pathology, SGPGIMS, Lucknow. The organizers expressed their gratitude to all the participants and faculty members for their enthusiasm and active participation, which helped make this CME a grand success.



***Dr. Manoj Jain, Professor and Head
Department of Pathology***

2nd SGPGI Pediatric Gastro Clinics and Foundation Day Celebration, 2024

The Department of Pediatric Gastroenterology, SGPGIMS successfully completed 16 years in 2024. The department was formally inaugurated on 26th March, 2008 by Hon'ble Shri T. V. Rajeswar ji, the then Governor, Government of Uttar Pradesh. It was a big achievement to have the department of Pediatric Gastroenterology in SGPGI as it is the first one in the country.

The Department celebrated its Foundation Day on 17th March 2024. On this occasion, the Department of Pediatric Gastroenterology, organized a two-day conference "2nd SGPGI Pediatric Gastro Clinics" on 16th-17th March, 2024 in the S S Agarwal Auditorium, Lecture theater complex, SGPGIMS.

More than 150 pediatric gastroenterologists from all over the country (from Kashmir to Kochi, Mumbai to Kolkata) participated in the conference. Delegates from neighboring countries like Bangladesh, Nepal and Sri Lanka also attended this academic feast.

The guest of honor was Prof S K Mittal, former Professor and Director, Maulana Azad Medical College, New Delhi, and one of the founders of Pediatric Gastroenterology in India. He spoke on the journey and evolution of Pediatric Gastroenterology in India.

Prof. Ujjal Poddar, current Head of the Department and an eminent researcher, gave an elegant talk on the endoscopic management of upper gastrointestinal bleeding in children.

Professor S K Yachha, the founder and former Head, Department of Pediatric Gastroenterology, SGPGIMS, deliberated on cow's milk protein allergy.



Professor Shaman Rajindrajith, from University of Colombo, Sri Lanka, gave an enlightening lecture on refractory constipation in children. Dr. Naresh Shanmugam, an eminent pediatric hepatologist from Rela's Institute, Chennai, discussed pediatric and neonatal liver failure and liver transplantation.

Other faculty members of the department, Prof. Anshu Srivastava, Prof. Laxmi Kant Bharti, Dr. Moinak Sen Sarma, Dr. Arghya Samanta, and Dr. Srinivas S. Vadlapudi elucidated on various important health issues in children such as fatty liver, chronic liver diseases, inflammatory bowel diseases and nutritional deficiencies in children.

The Department also organized the Alumni Meet at Hobby Centre, SGPGI campus on the evening of 16th March, 2024 which was well attended by our distinguished alumni.

Dr Arghya Samanta, Organizing Secretary, Assistant professor, Department of Pediatric Gastroenterology



Conference on Healthcare in ENGLISH by College of Nursing

The College of Nursing, SGPGIMS, Lucknow hosted a workshop on the "Healthcare English Conference: Importance of Health Care English - Classroom to Workplace" with the collaboration of Ebek's Healthcare along with OET (Occupational English Test) supported by Mission Niramaya, UP state medical faculty and JHPIEGO on 8th February 2024 from 9:00 am to 5:00 pm at CV Raman Auditorium, SGPGIMS, Lucknow.



The conference was organized by Mrs. Shabana Khatun, Associate Professor, College of Nursing. It was inaugurated by

Col. Varun Bajpai, Executive Registrar, SGPGI. Dr. Neetu Devi, Nursing consultant, UPSMF delivered the keynote address. Principal, College of Nursing, SGPGIMS welcomed the gathering.

The conference had two panel discussions.

1. Improving and strengthening healthcare communication.
2. English for growth- Job opportunities – Domestic and Global opportunities

The first panel was focused on the present English curriculum, industry feedback and need for a structured and progressive English course in nursing context.

The second panel discussed the advantages of domestic and global opportunities, skill gap, social impact and ethical immigration.

It was attended by principals and senior staff from various Nursing Colleges.



Panelists included Mr. David Wiltshire, Principal Education Advisor, OET, Col Varun Bajpai, Executive Registrar, SGPGIMS, Dr. Nesa Sathya Satchi,



Principal, Apollo College of Nursing, Chennai, Col. Binu Sharma, Director of Nursing, Max Healthcare Hospital, New Delhi, Dr. Bhawna Bakshi, State Program Manager, JHPEIGO, Prof. Lavanya Nandan, Director and Principal, Nightingale Institute of Nursing, Noida, Dr. Dipti Shukla, Principal, Samarpan Institute of Nursing and Paramedial Sciences Lucknow, Mrs. Precila Fernandes, Director of Nursing, Medanta Lucknow, Dr. Neetu Devi, Nursing Consultants, UPSMF and Mr. Sreekanthan, Gobalakrishna, Chairman, Ebek.

The afternoon session had a Seminar on OET (Occupational English Test) conducted by Mr. David Wiltshire, OET. Ms. Shakaina Mogul and Prakruthi Das from OET, South Asia assisted the seminar. Over 400 nursing students and nursing officers from different colleges across the UP state attended this seminar.

The Chief Guest, Prof. R. K Dhiman, Director, SGPGIMS, Lucknow extended his best wishes to the students and advised them to learn from the workshop.

Prof. Shaleen Kumar, Dean, SGPGIMS emphasized the importance of communication and skills in the healthcare industry. Col. Varun Bajpai spoke about global demands and how UP state can equip its healthcare professionals to address the shortage



25th INDO-US Flow Cytometry workshop and CME Celebrates a Milestone in Medical Collaboration



The 25th edition of the INDO-US Flow Cytometry Workshop and Continuing Medical Education (CME), a landmark event in the field of cytometry, successfully concluded at SGPGI, Lucknow. This prestigious event, the Silver Jubilee, was jointly organized by the Department of Hematology at Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGI), Lucknow, and the Trust for Education Research and Training in Cytometry (TETC) India, marking a significant milestone in international medical collaboration and education. The conference witnessed an overwhelming participation of 135 delegates from 48 cities across 18 states, showcasing the wide interest and recognition of flow cytometry's critical role in diagnostics and research. The event was further elevated with the presence of 30 distinguished faculty members, including two esteemed faculty from the United States, bringing together a wealth of knowledge and expertise to the forefront of medical science and research. Over the course of two days, the Institute hosted four parallel workshops namely the Leukemia/Lymphoma workshop, Bening

Hematology workshop, MRD workshop and the PID workshop. First three were held at the Department of Hematology, SGPGI, and the PID workshop was conducted at the Department of Immunology, SGPGI. These workshops provided hands-on experience and deep insights into the latest advancements and techniques in flow cytometry. On the third day, a CME focusing on the latest developments, applications, and future directions of flow cytometry in medicine was conducted.

The formal inauguration took place on the 4th of February in the presence of Prof. R K Dhiman, Director SGPGI; Prof. Rajesh Kashyap, HOD Hematology, SGPGI, and Organizing Chairperson; Dr. Rekha Gour, co-founder TETC and Organizing Chairperson; Dr. Khaliqur Rahman, Additional Professor, Hematology, SGPGI & Organizing Secretary; Prof. Ruchi Gupta, Dept of Hematology & Organizing Secretary; Dr. Hemant Agrawal, managing officer TETC and Organizing Secretary; and Prof. Brent Wood, Past President ICCS, USA.

A highlight of the conference was the release of a souvenir book, a compilation of abstracts, insightful write-ups, and standardized protocols. This valuable resource aims to further the knowledge and application of flow cytometry among professionals and researchers in the field.

The 25th INDO-US Flow Cytometry Conference and CME stands as a testament to the growing importance of flow cytometry in healthcare and research, fostering international cooperation and knowledge exchange. This event has set a new benchmark for future conferences, promising to bring even more innovations and advancements to the field.

Dr Khaliqur Rahman.

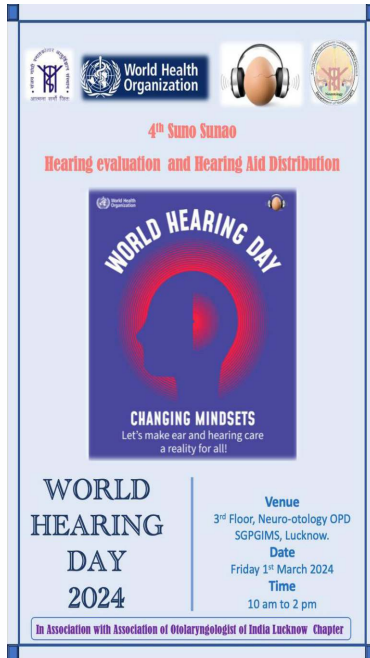
Additional Professor, Department Of Hematology (Lab)



Foundation Day College of Nursing



Celebrating World Hearing Day



International Women's Day 2024

An awareness CME was held jointly to mark IWD 2024, By General Hospital and Department of Hospital Administration. The theme this year was "Invest in Women: accelerate Progress". The CME was held to address: Women's health: Public Health Perspective. The Nursing Officers and students of Nursing college were the target audience and the sessions were informal and interactive with many carry home messages for all.



National Deworming Day

WHO recommends *Deworming* every six months because 1 out of 4 Children in India is at risk of worm infections which affects their *Immunity*, *Mental & Physical Growth*.

General Hospital addressed the kids and the parents and celebrated *National Deworming Day*, a step towards *Let's make India Worm Free*.

This event was conducted by Dr Piyali Bhattacharya, Senior Consultant Paediatrician, with support and cooperation from the staff.



Symposium on Nutrition For critically ill Trauma Patients at Apex trauma centre



Apex Trauma Center(ATC) has a well equipped 14 bed ICU on the first floor where critically ill patients with Polytrauma, head injury and severe orthopaedic injuries are

admitted and provided ICU care.

Faculty members from Department of Anaesthesia in ATC organised a symposium on 23.01.2024 on Recent advances in Nutrition for Critically Ill Patients. The program was well attended by doctors including Faculty members and residents, dietitians and ICU staff including Nursing officers and nursing attendants.

Dr LK Bharti, Professor, Department of Paediatric gastroenterology, who is also the Nodal officer, Incharge, Nutrition services in SGPGIMS was the Guest Speaker. Dr Vansh, Dr Ganpat and Dr Rafat from Department of Anaesthesia were chairpersons for the sessions. Dr Suruchi from the Department of Anaesthesia convened the program and was the Co-organising Secretary of the symposium. Dr Prateek Singh Bais was the Organising secretary of the program. Dr Prateek Singh Bais made a presentation to educate the audience about recent advances and updates in Nutrition of Critically ill ICU patients. He

emphasized on the need to start Enteral nutrition as early as possible and the benefits associated with it. He also put light on the pros and cons of enteral and parenteral nutrition. This was followed by a presentation by dietitians namely: Ms Amna, Ms Priti, Ms Deepa. They discussed ways of



providing enteral feeds, challenges associated with it along with macro and micro components of nutrition. Preparation and indications of disease specific diet formulas were discussed. Questions and confusions from the audience were discussed in detail. Nursing officers and Doctors associated with critical care shared their experiences and resolved to imbibe the latest guidelines in their clinical practice. The whole program was very well received by the audience and they all benefited with multiple take home messages pertaining to clinical practices.

***Dr Suruchi, Associate Professor,
Department of Anaesthesia***

Indo US flow workshop on PID



During 25th Indo US flow cytometry workshops 2024 on Feb 2-3rd 2024, the Department of Clinical Immunology & Rheumatology organized a workshop supported by Trust for Education and Training in Cytometry (TETC) and SGPGI. This workshop on Primary Immunodeficiency Disorders focused on the role of flow cytometry in the lab diagnosis of Inborn Errors of Immunity (IEI). Eleven persons from different parts of India included both physicians and basic biologists. It was a 2-day meeting with day 1 dedicated to understanding basic principles of flow cytometry and about IEI and their diagnosis by FACS. On the second day hands-on training on basic flow-based tests like Lymphocyte subset analysis, T and B-cell subset analysis, assays for DHR, Perforin and CD11/CD18 and acquisition of the processed tubes in the flow cytometer was given. Later a session on data analysis using different examples was done by Dr Maya Gupta from Indian Institute of immunohematology. Advanced PIDOT tube demonstration was also done in the workshop. The workshop ended with a quiz. The resource persons included Dr Maya Gupta (IIH, Mumbai, Amita Aggarwal, Shivika Guleria and Fareha Unam (all from SGPGI)



Workshop on primary immune deficiency tests for Clinicians

This was conducted on February 9, 2024 before the national conference in the Department of Clinical Immunology and Rheumatology. The resource faculty included Drs Maya, Aparna, Rudrarpan, Anu, Rajat and Amita Aggarwal. In addition, research scholars Shivika, Fareha and Komal helped with the experiments. Eighteen participants from across the country attended this workshop.



GREEN CAMPUS INITIATIVE

SGPGIMS is a green campus and everyone who stays in or visits the campus is expected to minimise the use of plastic, and dispose garbage into designated bins and there should be strictly

“No Littering” These beautiful yellow boards have been installed at all key places to remind us of these important points. Let's all be the change!



7th national conference of Indian society of primary immune deficiency

The 7th National Conference of the Indian Society of Primary Immune Deficiency took place from the 10-11th of February 2024 at the S. S. Aggarwal Auditorium. The theme of this year's conference was adult inborn errors of immunity and autoinflammation. Dr VM Katoch, former Director-General of ICMR, was the chief guest at the inaugural function along with Prof Sudhir Gupta, the Chairman of FPID, Prof RK Dhiman, Director SGPGI, Prof Shaleen Kumar, Dr Sagar Bhattad, the secretary of ISPID and Prof. Amita Aggarwal.

The conference was a great success as we had nearly 125 delegates and the hall had 65 persons even on Sunday at 6 PM. The highlight included the Sudhir Gupta Oration by Dan Kastner from NIH USA, known as the father of autoinflammation, who shared insights into his career pursuit in the realm of autoinflammation. Additionally, Dr Sergio's talk on IKAROS deficiency, Dr Torgerson's talk on immune dysregulation disorders and how to sort out VUS were well appreciated.

The other key features were cases and research papers by students (19 as oral presentations and 74 as posters). Debate on genotype or phenotype first in IEI stimulated engaging discourse. The next day sessions on HSCT by Dr Neena Kapoor and Dr Revathy Raj highlighted the challenges in PID transplants. The conference concluded with a session tailored for students and young aspirants in the field, followed by a PID quiz, providing an enriching educational experience for all participants.



**Dr Amita Aggarwal, Professor & Head,
Department of Clinical Immunology &
Rheumatology**

Department of Hematology, SGPGI in association with World Federation of Hemophilia and Hemophilia Federation (India), organized a 3-day workshop on hemophilia diagnosis

The department of Hematology, organized a 3-day workshop on the laboratory diagnosis of Hemophilia and bleeding disorders for hematologists and lab technicians in association with Hemophilia Federation (India), in association with the World Federation of Hemophilia (WFH) and the Hemophilia Society Lucknow Chapter. This workshop was conducted under the Path to Access to Care and Treatment (PACT) Program of the World Federation of Hemophilia. The workshop was led by Dr. Dinesh Chandra, Associate Professor, Department of Hematology (Lab), SGPGIMS, Lucknow.

Professor Shaleen Kumar, Dean, SGPGIMS, and Professor Rajesh Kashyap, State Nodal Officer, Hemophilia Program & Head, Dept. of Hematology, SGPGIMS, were the Chief Guests of the workshop. Mr. Harshal Kale, Regional Manager - South Asia & East Asia, World Federation of Hemophilia, Mr. Dharam Singh, Regional Council Chairman – North, HFI, and Mr. Vineet Manchanda, Secretary, Hemophilia Society Lucknow Chapter also participated in the event.

The Workshop included participants from all over the country, like, AIIMS Rishikesh, AIIMS Guwahati, AMU Aligarh, GMC Kolhapur, Ranchi and Dibrugarh, AIIMS Jodhpur and DMC Ludhiana. The main objective of the workshop was to educate and provide training to hematologists and lab technicians to set up the diagnostic facilities for bleeding disorders in their respective centers and in turn advance the diagnostic capacities for bleeding disorders within North India. Prof Kashyap highlighted that currently the cases of Hemophilia are under-diagnosed and thus there was a need to strengthen the diagnostic facilities. Prof Shaleen Kumar emphasized on the precision, accuracy and importance of harmonization of these tests. Mr. Harshal Kale stated that increasing the diagnosis of people with bleeding disorders (PwBDs) is one of the key objectives of the WFH PACT program. This can be achieved through several ways, of which building the capacity of laboratories to diagnose PWBD is crucial to achieving our objective. He is excited to bring this initiative to North India in collaboration with HFI & SGPGIMS, Lucknow.

**Dr Khaliqur Rahman,
Additional
Professor, Department
Of Hematology
(Lab)**



Comprehensive BLS Workshop at Apex Trauma Centre, SGPGIMS

A Comprehensive Basic Life Support (BLS) workshop was held at the Apex Trauma Centre, SGPGIMS, as part of our ongoing skill development program. The objective was to equip newly recruited nursing officers, residents doctors with essential BLS skills, aligning with American Heart Association (AHA) standards. The workshop, conducted on February 3rd, 2024, featured distinguished instructors:

- Dr. OP Sanjeev: Faculty in Emergency Medicine and AHA instructor
- Dr. Prateek Singh Bais: Expert in trauma care
- Nursing Officer Mr Ramnaresh: Certified AHA instructor, renowned nationwide



The interactive session focused on chest compression skills and effective communication during BLS. Participants engaged in experiential sharing, hands-on practice, and discussions on basic science and BLS concepts led by Dr. OP Sanjeev and Mr. Ramnaresh. All delegates received hands-on practice on mannequins and airway equipment.

A questionnaire-based evaluation was conducted post-workshop to assess understanding and application of the material. The training highlighted the critical role of BLS in hospital settings, particularly in trauma care, where swift and effective responses to emergencies are vital. The workshop concluded with certificate distribution to all delegates, felicitation of speakers and commitment to apply learned skills in real-world situations.

This workshop demonstrates SGPGIMS's dedication to advancing healthcare education and enhancing patient care. By ensuring that healthcare professionals are well-prepared to manage critical situations with confidence and skill, we uphold our commitment to excellence in patient care.



Dr Prateek Singh Bais, Associate professor, Department of Anaesthesia

14th Foundation Day and 1st Alumni Meet : Pulmonary Medicine Department



The Department of Pulmonary Medicine at SGPGIMS, Lucknow, in association with the SGPGIMS Alumni Association (SAA), celebrated its 14th Foundation Day and 1st Alumni Meet”, on 10th February 2024, at the Telemedicine Auditorium, SGPGIMS, Lucknow. The Department of Pulmonary Medicine was established under the Pradhan Mantri Swasthya Suraksha Yojna (PMSSY) by the 59th Governing body of the institute and became fully functional in the year 2009, with the vision to impart quality services and medical facilities to patients with respiratory ailments. The department is one of its kind in the region, committed to patient care through its dedicated services in the outpatient department (OPD), in-patient care and intensive care unit (ICU), along with allied services like interventional pulmonology, advanced pulmonary function testing and sleep laboratories. Over the years, the department has steadily grown and emerged as one of the leading speciality centres in the country, providing excellence in clinical, interventional, academic and research activities.

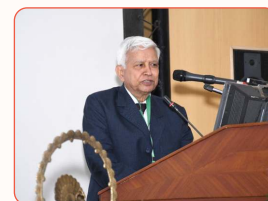
A Thematic one-day CME programme- “Airway Diseases Conclave-2024” was conducted to celebrate this occasion. The event was organized flawlessly by the dynamic organizing team at the Department of Pulmonary Medicine



including Prof. Alok Nath, and Dr. Mansi Gupta, along with Prof. Ajmal Khan, Prof. Zia Hashim, Dr. Atul Tiwari, and Dr. Prasanth AP. The Department had the privilege of having Prof. S.K. Jindal, Medical Director, Jindal Clinics, Chandigarh & Emeritus-Professor and Head, Department of Pulmonary Medicine, PGIMER, Chandigarh, as their “Guest of Honor” on this occasion. The event was inaugurated by Prof. R.K. Dhiman, Director, SGPGIMS, Lucknow, as the “Chief Guest” at this conclave. Prof. R.K. Dhiman not only blessed the occasion with his presence but also congratulated the department on its achievements and upcoming endeavours. Renowned faculty in the field of Pulmonary Medicine attended and shared their knowledge and experience, covering various aspects of Airway disorders. The CME programme was attended by more than 200 delegates (respiratory physicians, students, fellows, nurses, and technicians) dealing in the field of Pulmonary Medicine from all across the country and was appreciated by one and all.

Highlights of the Event:

- Creating awareness for Airway diseases as a public health concern
- Thematic CME to upgrade the knowledge of students/fellows and clinicians
- Eminent national faculty and speakers from across the country
- Case-based clinical discussions and live interaction with delegates



Fire Emergency: Awareness Campaign



The department of Critical Care Medicine, conducted an awareness campaign for fire emergencies with the collaboration of the Fire Department of SGPGIMS. Two lectures were taken for medical and paramedical staff on the handling of fire emergency and evacuation of patients during fire. On 6th March 2022, a fire drill was conducted for all doctors, paramedical, and supporting staff. The purpose of this fire drill was to increase awareness and to ensure the safety and preparedness of staff in the event of a fire emergency. Participation in fire drills equips staff with the knowledge, skills, and confidence needed to respond effectively to a fire emergency, ultimately contributing to a safer workplace.



Dr Teenu Singh, 3rd year Resident, CCM



Engage Patient in Patient Care

The World Health Organization (WHO) encourages all parties to play an active role in promoting patient engagement in shaping policies, representation within governing bodies, collaborative development of safety strategies, and becoming proactive participants in their healthcare journey. Attaining this objective involves establishing forums and avenues that empower a range of patients, families, and communities to voice their opinions, express concerns, communicate expectations, and convey preferences. This collaborative endeavor seeks to elevate safety, patient-centric approaches, reliability, and fairness to the forefront of healthcare methodologies.

Is Patient a Customer?

A customer is someone who pays for a product or services she/he receives.

Patient is customer but much more because-

- They do not come by choice, are compelled in an emergency
- Don't understand the complexity of illness or treatment
- Patient and family members are anxious, disturbed and vulnerable.
- All family members affected and in distress.
- Depends on faith & trust in healthcare providers
- Only exception is empathy, attention and recovery.

Patient is a customer ?

- A customer is the most important visitor on presales; he is not dependent on us. We are dependent of him
- He is not an outsider of our work. He is part of it.
- He is not an interruption of our work. He is the purpose of work.
- We are not doing him favor by serving him. He is doing us favor by giving us an opportunity to do so.

Patient centered care:

The Institute of Medicine's 2001 report, Crossing the Quality Chasm: A New Health System for the 21st Century, called for health care systems that:

- Respect patients' values, preferences and expressed needs to be involved in their care
- Provide the information, communication, and education that people need and want
- Guarantee physical comfort, emotional support,

and the involvement of family and friend

- Provide transformational change in healthcare

Advantages of patient centricity

- Early detection & prevention of illness.
- Better outcome & reduce errors.
- Improve trust & satisfaction.
- Personal & professional fulfillment.
- Improved patient loyalty & referrals.
- Increased reputation.
- Greater overall profitability.

What is PAC?

A Patient Advisory Council (PAC) collaborates with healthcare team members, uniting patients and professionals to offer insights on enhancing the overall patient and family experience. Through the PAC initiative, patients are welcomed to participate in hospital committees, ensuring that their perspectives, viewpoints, and experiences as consumers are not only acknowledged but also incorporated into service and quality enhancements aimed at delivering high-quality, patient-centered care.

Why PAC:

Institute of Medicine 2001 report - Crossing the Quality Chasm

- Transformational change in healthcare
- Need to establish new partnerships with patients and families
- Recommended that patients and families be more involved in decisions about their health care v Move towards patient and family centered care mode.

How to form a Committee:

All members will function as volunteers. A minimum of 7-15 members is required for committee formation. Committee members will be selected based on their own interests. Patients will also be chosen randomly for membership. An advisory council could be established at the individual department level or for the healthcare setting. Committee members are :

- Director/CEO
- Administrator
- Clinician
- Nurse(2-3) who are interested to participate for change
- Patient or Family member (3-4), randomly choose
- Quality member
- Co coordinator

- services area members

A charter can be used to justify the need for an advisory council. Use of a charter can help to define and clarify the organization's vision for partnering with patients/families through an advisory council model. The charter is a one page document that includes the following components:

- An opportunity/problem statement.
- Scope.
- Goals.
- Estimated benefits.
- Timeline with a start date for the first PAC meeting.
- Listing of planning committee team members.
- Engage stakeholders early in the process.
- Clearly define the role of the PAC.
- Find a physician champion to articulate the need for the advisory council.
- Select a coordinator with an understanding of the role of the council and a strong passion for patient and family-centered care.
- Be prepared to explain how the council will provide improvements and how success will be measured.

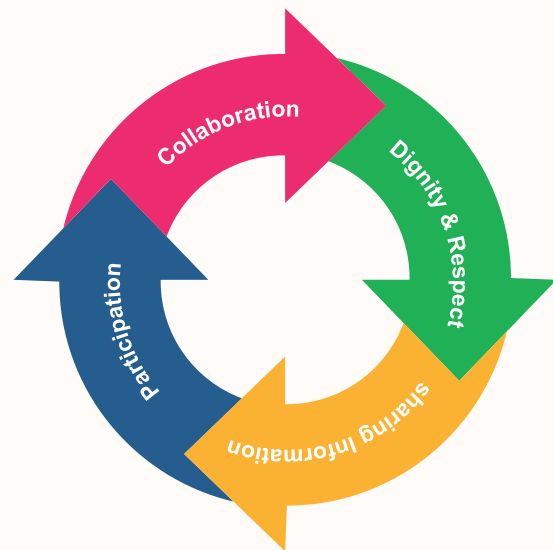
Select either the seminar room or counseling room as the meeting venue and ensure a written agenda for each meeting. Meetings will be held every 15 days with a focus on healthcare interests. Minutes for each meeting should be documented in the committee file, and action should be taken based on feedback from patients and members. The committee chairperson is responsible for implementing preventive and corrective actions, recognizing that positive outcomes in patient care hinge on valuable feedback from patients.

Guiding Principles Patient and Family Centered-Care:

The Voice of the Patient and Family Member Can Make a Difference:

- ❖ Increase patient satisfactions scores
- ❖ Improve safety and quality
- ❖ Prevent malpractice and litigation
- ❖ Reduce costs by streamlining care
- ❖ Improve the experience for patients and family members

- ❖ Increase work satisfaction for staff and physicians



*Mrs. Juin Dutta Ghosh, SNO,
Quality Cell, Deptt. of Hospital Administration*

Distinguished Visitors

Dr. Ophira Ginsburg, Senior Advisor for Clinical Research at the Centre for Global Health, National Cancer Institute (NCI), USA visited SGPGIMS on Wed 28th Feb 2024.

Dr Ginsburg is widely regarded a key opinion leader in cancer control policy for global south, and leads the Lancet Commission on cancer.

She delivered a talk on "Women, Power and Cancer", This event was organized jointly by the SGPGI Breast and Cervical Cancer Awareness & Early Detection Program (SGPGIMS-BCCAEDP) and JHPIEGO.

The lecture was of immense interest to all those with a stake/ interest in women's health, and cancer control.



Dr. Ophira Ginsburg, MD
Senior Advisor
Clinical Research Centre for Global Health
National Cancer Institute (NCI)
United States of America (USA)

Dr. Ophira Ginsburg is a medical oncologist and global women's health researcher with nearly 20 years of experience in global cancer prevention and control. Prior to joining NCI's Center for Global Health as a Senior Advisor for Clinical Research Centre for Global Health National Cancer Institute (NCI), she was a Medical Officer at the World Health Organization (WHO) Geneva, Switzerland and served as a Senior Visiting Scientist at the WHO's Specialized Agency for Cancer (IARC). Her research is focused on improving equitable access to breast and cervical cancer prevention and control, and she co-chairs The Lancet Commission on women, power, and cancer.

<https://www.biodid.com/ophira-ginsburg-2020715>

My SGPGIMS Days

I have very high regards for my institute and my teachers who made me what I am today. The day was 2 May 2003, I joined as MD student in Transfusion Medicine at the SGPGIMS. I was very ignorant about this subject but had the desire to join because it was new and upcoming. My then Head, Prof. V.L Ray was like a mother figure and supported me academically as well as mentally. I was allotted a very cute and clean room at the New PG hostel, room number 321. The mess caretaker Mr Narayan never kept us hungry. My institute was like my second home with all facilities inside a beautiful campus. My seniors and teachers were very helpful and contributed a lot to my growth. Prof. R K Choudhury was the person who guided me throughout my next six years at SGPGIMS. He was my thesis guide, research guide, academic guide and career guide. He taught me about research works, manuscript writing and publications. The biomedical statistics classes which seemed to be a burden then are of great help to me today. From new PG to Old PG to MRA-A30, these upgrades cannot be forgotten ever. I got married when I was in the new PG hostel and my son was born at our general hospital in 2008 when I was at MRA-A30. This is the institute where I learned swimming, table tennis and driving. With so many lovely people around, life was full of happiness. I could not even believe that peacocks, nilgai, monkeys and various birds were our regular companions. The staff members of Transfusion Medicine were like family members with a strong bond in between. The day when I left the Institute with my wife and 9 months old son I was literally in tears and was speechless. Today once in every year I visit my institute to meet and greet my teachers, seniors and colleagues. I am very happy to be an alumni of SGPGIMS, Lucknow.

Dr. Sudipta Sekhar Das

MD (Transfusion Medicine), PDCC (Transfusion Medicine) – SGPGIMS

Professor & Head, Transfusion Medicine, Apollo Hospitals, Kolkata

ALUMNI Day SGPGI

Memorable time at SGPGIMS Alumni Meet 2023



The alumni meet on December 13, 2023, was a cherished event for our institute, marking the inaugural gathering after the establishment of the SGPGIMS Alumni Association society. With 130 alumni in attendance, including distinguished members like Drs. Gaurav Srivastava and Santosh Chaubey from Australia, the evening promised a reunion filled with nostalgia and camaraderie.

Our esteemed guests, Prof. R. K. Dhiman, Director and first alumnus SGPGIMS, Prof. Shaleen Kumar, Dean SGPGIMS, and Prof. Aneesh Srivastava, former Dean and alumnus of SGPGIMS graced the occasion adding prestige and sharing inspiring tales from their days at SGPGIMS. Dr. Preeti Dhabadgao President SGPGIMS Alumni Association and Dr. Ankur Bhatnagar, Secretary SGPGIMS Alumni Association, initiated the evening, inviting all the dignitaries to contribute to the vision and legacy of our alma mater. Dr. Bhatnagar further summarized the progress on membership drive and plan ahead for the association.

The evening started with vibrant cultural performances by Munal, a society dedicated to perform cultural programs, colorful dance performances and melodious songs, adding a festive atmosphere to the event. Following the cultural program, a hilarious skit by Mr. Sandeep Yadav and Preeti Chauhan "Dukhiyari Aurat," filled the air with laughter and joy, reminding everyone of lighter moments shared during the academic pursuits.

Our own alumni took center stage, showcasing their musical talents and inspiring us with their performances. Dr. Soumyakanta and Mrs. Shashi were among the alumni who delighted the audience with their melodious performances, further enhancing the celebratory atmosphere of the meet.



An outstanding father-daughter duo both SGPGIMS alumni, Prof. Aneesh Srivastava and Dr.

Anubha Srivastava, left us mesmerized with their stories of inspiration, success and the time spent at SGPGIMS campus encapsulated in a beautiful poem.

The evening was not just for us; it was an opportunity to involve our younger attendees. Special activities like magic shows; tattoo painting and games brought smiles to the faces of all kids, fostering a sense of belonging and inclusivity within the alumni community.

As the night drew to a close, we departed with a renewed sense of connection and purpose. The alumni meet was more than just a gathering; it was a celebration of shared experiences and achievements. It reminded us of the bonds we forged at SGPGIMS and the responsibility we carry as alumni to support and uplift our alma mater. In the end, everyone left with hearts full of memories and anticipation for future reunions, knowing that the spirit of SGPGIMS lives on through each of us, wherever life may take us. The program ended with vote of thanks proposed by Dr. Bhatnagar, Secretary SGPGIMS Alumni Association.



SGPGIMS Newsletter Committee

The Newsletter is an in-house publication which is compiled with guidance and support from Professor R.K. Dhiman, Director, SGPGIMS, Lucknow. The Newsletter committee has the following team-members:

1. Dr Perna Kapoor (*General Hospital, Chief Editor*)
2. Dr Ankur Bhatnagar, (*Plastic Surgery Department and the Treasurer, Education Foundation of SGPGI*)
3. Dr Khaliqur Rahman (*Haematology*)
4. Dr Moinak Sen Sarma (*Paediatric Gastroenterology*)
5. Dr. Santosh Kumar (*Molecular Medicine*)
6. Dr Akanksha (*Neonatology*)
7. Mrs Kusum Yadav (*PRO*)
8. Mrs Neema Pant (*Nursing Officer*)
9. Mr Anil Kumar (*MIU, Photography*) helps curate the photographs for each issue.
10. Mr Amit Mohan (*Content Developer, STBMI*) helps design the Newsletter creatively and meticulously.





The walls of SGPGI have recently been adorned with beautiful, informative, and inspiring murals. These artworks captivate both children and adults staying in or visiting the campus, offering insights into our leaders, freedom fighters, various professions, space and mountaineering missions, and imparting important facts and words of wisdom. Younger children will be particularly delighted by the vibrant depictions of animals, birds, and cartoon characters. There's something here for everyone, and the overall beauty of the vast, green campus has been significantly enhanced.

AIOS International Ophthalmic Hero Award 2024.

Dr. Ankita Agrawal SR(HS), Department of Ophthalmology has been honored with the prestigious AIOS International award

Best Paper of Session in Pediatric Ophthalmology

In collaboration with Dr Rachna Agrawal, Associate Professor in the Department of Ophthalmology, Dr Ankita Aishwarya Agrawal has won All India Ophthalmological Society Best Paper of Session in Pediatric Ophthalmology for 2024, showcasing groundbreaking research, in AIOC, Kolkata 13th to 16th March, 2024

CRITICARE 2024 best oral paper award

Dr Teenu Singh, 3rd-year resident of CCM, bagged the 3rd prize for the best oral paper presentation at the 30th National conference of the Indian Society of Critical Care Medicine (CRITICARE 2024), held from 28th Feb – 3rd Mar 2024 at ITC Royal Bengal, Kolkata.



From the editors' pen..

"Primum non nocere and the Brown Bag concept"

The fundamental principle of medicine is "Primum non nocere," meaning "First, do no harm." This principle is increasingly challenging to uphold in today's world of highly effective yet complex medications and polypharmacy. One simple and practical step toward minimizing harm and ensuring medication safety is the "Brown Bag Medication Review." This process encourages patients to bring all their medications and supplements to their medical appointments or to the pharmacy, allowing clinical staff to review and discuss them. The goal is to help patients maximize the benefits of their medications, identify potential issues arising from polypharmacy and drug interactions, and reduce medication waste. Patients should bring all prescription and over-the-counter medications, vitamins, supplements, herbal remedies, topical treatments, liquids, injections, inhalers, and pills. The healthcare professional can then review these medications for contraindications, interactions, adverse reactions, and compliance. Older adults and those taking multiple medications may benefit the most from brown bag reviews, as they are at higher risk for adverse drug reactions and drug-drug interactions. As per the timeless quote from Benjamin Franklin: "An ounce of prevention is worth a pound of cure"

Dr Prerna Kapoor

Creche Activities Conducted from October to December 2023



We are delighted to share the joyful moments of happiness and learning that filled our crèche during the months of October to December. In October, our crèche embraced the spirit of Dussehra. As part of our celebrations, we crafted a puppet of Ravana, which was burned with all necessary precautions. This festival infused positivity into our environment as we collectively aimed to replace negativity with good deeds. November was a month of happy memories. We celebrated Diwali and Children's Day with lots of joy. Our little ones adorned themselves in radiant attire as we gathered to worship the deities Lakshmi and Lord Ganesha in unity. The lights of diyas made everything look beautiful, and everyone enjoyed yummy sweets. On Children's Day, we made sure the kids felt special by playing fun games and doing activities together. It was a time of laughter and happiness, bringing our community closer.



The month of November also witnessed the boundless energy and enthusiasm of our young athletes during our Annual Sports Day. The creche grounds transformed into a playground of excitement as children participated in various races, relays, and games. The outstanding performances of our young athletes in rhymes, dance, yoga, and other activities filled us with pride. Sports Day served as a platform for physical activity, teamwork, and the development of essential life skills.

The month of December was the bee's knees as our crèche took the joy of celebrating Christmas. Our little ones were over the moon when Santa Claus paid us a visit, bringing smiles and gifts galore. We all got into the groove with cheerful Christmas carols, dancing merrily to the jolly tunes. The camaraderie within our crèche family during this spectacular moment was truly heartwarming and we are immensely grateful for the enthusiasm shown by our young ones making these festivals truly unforgettable.



Dr. Anupam Guleria,
*Incharge, Hobby
Centre Creche*



SGPGI Alumni Cricket Match

SGPGIMS celebrated the auspicious occasion of Sgpgi Alumni on December 13, 2023. To blend the old expertise with the young brigade, we, as an alumni association, conducted a cricket match on December 13, 2023, at the SGPGI cricket ground. The cricket match was played between Team Medical Superintendent (MS) 11 and Team Chief Medical Superintendent (CMS) 11 in yellow and blue jerseys, respectively. Dr Nikhilesh Kumar, Assistant Professor of Plastic Surgery, and Burns captained the MS Team, while Dr Arun Srivastava, Professor of Neurosurgery, led the CMS team. Team CMS won the toss and chose to bat, scoring 149 runs in 15 overs. Team MS scored 140 runs in their allotted overs, and Team CMS won the inaugural alumni cricket match. Our esteemed Guest of Honor, Director Dr. R K Dhiman presented the trophy to the winning team.

Alumni from various parts of the country, such as Odisha, West Bengal, and New Delhi, joined our cricket team to grace this occasion.

***Dr Nikhilesh Kumar, Assistant Professor ,
Plastic Surgery, and Burns***



***“You are never too old to set a new goal or dream a new dream.”
—C.S. Lewis***

Dr. S P Ambesh	Professor & Head,Anesthesiology
Dr. Rajan Saxena	Professor &Head,Surgical Gastroenterology
Dr. Satyendra Tiwari	Professor,Cardiology
Mr Anand Prakash Srivastav	Sr. Adm. Officer
Sri Gajodar Prasad	Mali Grade 2
Sri Kaushal Kumar Srivastava	STO
Ms. Sarojini Devi	ANS
Ms.Rasmuni Kerketta	ANS
Dr. Ajay Kumar Dixit	STO
Ms Anita Singh	Assistant Nursing Suptd
Ms Ganga Devi	Assistant Nursing Suptd.
Mr.Mohd. Mushfee Khan	Assistant Nursing Suptd.
Ms Rosline Singh	Assistant Nursing Suptd
Mrs.Asha Singh	Assistant Nursing Suptd
Ms Ajit Pandey	Senior Technical Officer (Laboratory)
Mr Mahipal Singh	Technical Officer
Mr M.S. Siddiqui	Assistant Administrative Officer
Mr Vishnu Narain	Office Attendant GR-1
Mr. Sushil Kumar Singh	Supervising MSSO
Mr.Chiranji Lal Rawat	Junior Administrative Officer
Ms. Jyoti Srivastava	Librarian GR-I
Mr. Kamlesh Kumar Tiwari	Administrative Officer
Mr. K. Jayraj	SR. Technical Officer

Pathology Department bid adieu to many of its stalwarts in these months

Dr. Seema Sharma

Dr. Seema Sharma, Professor and Head, Department of Pathology, joined as Assistant Professor on 22nd July 1993. She was a good academician and great orator with keen interest in the hematopathology. Her accurate diagnosis, dedicated teaching and excellent mentorship were some of her prominent qualities. She had courteous relationship with all, and was admired and loved by all the residents, junior as well as senior faculty members. She was an asset to the department. On the day of her retirement (31st March 2024), we wish her days filled with fulfilment and contentment, surrounded by love and joy.



Dr. Lily Pal

Dr. Lily Pal, Professor, Department of Pathology, joined as Assistant Professor on 24th November 1997. Being a trained Neuropathologist from some of the best institutions of the nation, she worked for the progress in this section through various research projects and MD theses. Strive for perfection and her dedication towards accurate diagnosis of patient's illnesses were some of her prominent qualities. She had a heart of gold. She was admired and loved by all the residents, junior as well as senior faculty members. On the day of her retirement (29th February 2024), we wish her healthful and blissful days



Dr. Ojas Gupta, Assistant Professor, Pathology

Mr. Akhil Kumar Srivastava, Chief Technical Officer

Joined as Technician in the Department of Pathology on 12th November 1991. He was rotated in various sections of Pathology, with special interest in Hematopathology. During his tenure of service, he has rendered, commendable and efficient services in the department. The quote "Work in silence, let success be your noise" is apt for the commitment towards his work and patient care. On the day of his retirement (31st March 2024) we wish him and his family a happy and healthy life.



Mr. Mahender Kumar, Chief Technical Officer

Joined as Technician in the Department of Pathology on 13th September 1990. He was rotated in various sections of Pathology, with special interest in Clinical Chemistry. He had a great interest in the laboratory equipment to such an extent that during the time of crisis, he used to repair them by himself. During his tenure of service, he has rendered honest and efficient services in the department. On the day of his retirement (31st March 2024) we wish him days filled with joy, laughter and fulfilment.



A farewell note for sister Meera Kumar, Incharge CCM ward

Appreciation is the highest form of prayer, for it acknowledges the presence of good wherever you shine the light of your thankful thoughts.

We have witnessed your will power, and it is impressive! It takes a special person to be a teacher, guide and you have the gift, thank you for all you have done. Cheerleader, mentor, counsellor, you were so much more than just an in-charge. Tough, encouraging, ardent, creative, helpful, enduring and reliable. Thank you for being the best in-charge around!

We are honoured and proud to have had an in-charge like you among us. We know how much work you put in outside of your regular work day to make sure that we get the best opportunity. Your patience, kindness and understanding have not gone unnoticed and we appreciate all that you do to make things better. Acknowledging the good that you already have in your life is the foundation for all abundance. We are so grateful for your guidance and care.

Gratitude can transform common days into thanksgiving then routine jobs into joy and change opportunities into blessings.



A farewell to Mr. Ram Kumar Department of CCM

Mr. Ram Kumar, office attendant in the dept of Critical Care Medicine Department retired on 29th February 2024 after serving the Institute for 33 years. Apart from regular responsibilities of the office, he was elected as office minister of the Karamchari Mahasangh in 2017. We celebrated the dedicated service of our beloved office attendant along with Sr. Meera Kumar. We wish him a happy, relaxing and well deserved retirement

We the PhDs

*World with the wacky thoughts and tangled words,
Brilliance is sought in PhD scholar.
Perched glasses and unkempt hair,
We dive in research keeping it fair.*

*We dance with DNAs, data and code,
Chasing ideas, wherever they may explode.
Fought the battle of scholar keen,
Through sleepless nights and caffeine.*

*In lab, we wield pipettes with grace,
Sometimes spilling liquids all over the place.
We troubleshoot all the elusive results,
Hiding all of our intrusive thoughts.*

*Thesis grows thicker filled with 'aha' moments that
sway,
When time to defend, facing the panel with terror in
eyes.*

*We find humor amidst the stress and academic strife,
We laughed at hypotheses and failed experiments
that went astray.*

*We present work with glee, juggling jargon like PhD
wannabe,
The audience nods, pretending while secretly
wondering when it will end.*

*Here's to all the PhD scholars, brave and bold,
With a mind like a sponge, but a sense of humor to
hold.*

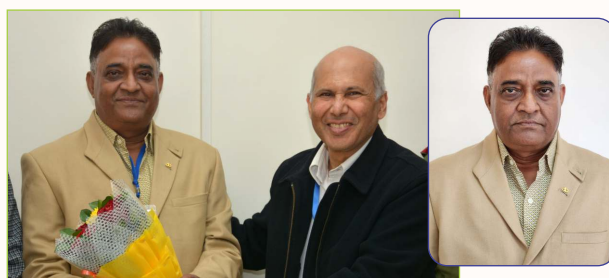
*Through the highs and lows, preserve with glee,
Leaving a trail of laughter in academia's sea.*

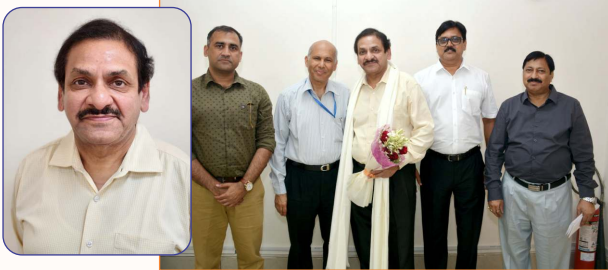
Ms Manjari Dubey,

**PhD scholar , Department of
Neurology**



Superannuation





Retirements



75th Republic Day Celebrations



The institute celebrated 75th Republic Day with full fervor and zeal on 26th January. Director, Prof R K Dhiman hoisted the flag traditionally and administered the oath to all the members present there to remain steadfast in enhancing and nurturing fraternity that ensures the unity and integrity of the nation.

Addressing the faculty members and staff, he presented an account of the achievements of the last one year. He applauded the efforts of the department of Nephrology for starting Interventional Nephrology in EMRTC.

He updated about the Advanced Diabetic Centre, a dedicated center to offer treatment facilities for every ailment related to diabetes under one roof.

He informed that creation of Departments of Head and Neck Surgery and Infectious Disease is also in

process and the process of recruiting faculty members is underway to make these departments functional. He requested all the heads of departments of the institute to be a part of the "Make in India" campaign and promote innovation and cooperate in fulfilling the objective of STPI (Incubation center) for best use of technology in patient care.



The Director said that two more robots and Gamma Knife will be available in PGI very soon.

A large number of people participated in this program. On this occasion, 38 members of the institute family were honored for their excellent work performance.

Dean, Professor Shaleen Kumar, Chief Medical Superintendent Professor Sanjay Dhiraj, Joint Director, Administration, Professor Rajneesh Kumar Singh, Medical Superintendent Dr. V K Paliwal, Executive Registrar Col Varun Bajpai and other faculty members were present on the occasion.



“Award of Excellence”
Staff awarded during Republic Day 2024

Mr. Bhanu Pratap Singh	Vehicle Cell
Mr. Vinay Yadav (Contractual)	College of Medical Technology
Mr. Pradeep Kumar Singh	Gastroenterology
Mr. Dinesh Kr. Verma	Estate Department
Mr. Ramesh Kumar	Additional Director Office
Mr. Ram Suchit Yadav	Contract Cell
Mr. Vishnu Narayan	Pediatric Gastroenterology
Mr. Munish Kumar	Radiotherapy
Mr. Om Prakash	Director Office
Mr. Avadhesh Kumar Gautam	Horticulture
Mr. Anupam Trivedi	JD(A) (Legal Cell)
Mr. Guru Prasad	Nursery School
Mr. Vinod Trivedi	Clinical Immunology & Rheumatology
Mr. Satish Chandra	Nephrology
Mr. B.P. Bhuwan	Finance (Research Account)
Mr. M.S. Siddiqui	Endocrine Surgery
Mr. Sunder Lal	ER
Mr Shyam Bihari Chaudhary	Engineering (Electrical)
Mr. Sushil Kumar Singh	MSW Cadre (Endocrinology OPD)
Mr. Mahendra Verma	Anesthesiology
Mr. Shive Raj Singh Parihar	Surgical Gastroenterology
Ms. Vandana Sharma	Emergency Department
Mrs. Kalawati Pal	CVTS
Mrs Neema Pant	Cardiology
Mrs Jyoti Bala Yadav	CCM
Mr. Rishi Natu Verma	Urology
Ms. Meera Prakash	General Hospital
Ms. Anita Walter	Endocrinology
Mr. Anjana Rana Chowdhary	Plastic Surgery (OT)
Mrs. Renu Britto Roy	Pulmonary Medicine
Ms. Shashi Yadav	Molecular Medicine and Biotechnology
Mr. Ram Dular	Pathology Deptt
Mr. Rakesh Kumar Nigam	Neurology
Mr Rakesh Kumar Srivastava	Neurosurgery/Neuro-otology)
Mr. Jitendra Kumar Upadhyaya	Transfusion Medicine
Mr. Debashish Chakraborti	Radio diagnosis
Mr. Malaya Ghar	Microbiology
Mr. Uttam Kumar	Nuclear Medicine



“New entry gate SGPGI”



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Secretarial Assistance:

Mr. Deepak Chandra, Mr. Rishi Misra

Office Attendant:

Mr. Sunil Kumar

E-Mail: newslettersgpgi@gmail.com