

Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow, Uttar Pradesh



College of Nursing

e-Newsletter

Rhythm-I, January-June 2023



COLLEGE OF NURSING SGPGIMS

RAIBARELLY ROAD LUCKNOW 22601



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**SANJAY GANDHI POSTGRADUATE
INSTITUTE OF MEDICAL SCIENCES**
RAEBARELI ROAD, LUCKNOW-226 014 (U. P.) INDIA



Prof. R K Dhiman
Director, SGPGIMS

MESSAGE

I wish to congratulate College of Nursing, Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow for its continuous growth and excellence in the field of nursing education. Nursing profession is not only limited to bedside nurses, nurses are technically independent and play vital role in patient care.

It makes me proud that the reputation of College of Nursing, SGPGIMS has gone far beyond the confines of the State and the Country. Over the years, College of Nursing, SGPGIMS has continued to grow and maintained its position at the forefront of the nursing institutions in the State.

College of Nursing, SGPGIMS is the rising star in academics adding more and more accolades to its cap. Becoming the “**Mentor Institute**” under the Mission Niramaya” launched by Government of Uttar Pradesh is a great achievement.

I am happy that e-newsletter is being published by College of Nursing for general information. I take this opportunity to wish College of Nursing, SGPGIMS very best for future endeavours.

(Radha Krishan Dhiman)

Message Dean, SGPGIMS



संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ

Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow-226 014 (India)



Shaleen Kumar
Dean, SGPGIMS

This is a truly exciting era in the development of the health sector and especially in the field of nursing. We have also been adding new, cutting-edge elements to our curriculum during the past several years, including essential advanced nursing skills, and this rising graduation rate in the College has afforded us the opportunity to send into the health sector greater numbers of skilled nurses each year who have both the advanced nursing and social skills needed to thrive in the competitive world.

Our strategy for ensuring that our college remains well-positioned to maintain its phenomenal growth includes attracting world-class faculty, expanding our Honors tracks, and continuing to renew our teaching, with an eye toward elevating one or more evidence-based nursing research to the national level.

We look forward to keeping you posted on our progress on each of these vital fronts, and on the remarkable accomplishments of our students, faculty, and alumni.

Prof. Shaleen Kumar
Dean
SGPGIMS, Lucknow

Message Executive Registrar



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संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ
Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow-226 014 (India)

Message for e-Newsletter



Col. Varun Bajpai
Executive Registrar
SGPGIMS

It is with great optimism and gratitude towards our nurses that I write this message. The College of Nursing has continued to move forward to prepare competent and compassionate healthcare providers. This newsletter of College of Nursing brings an insight into the activities and clinical practices of the nursing students and faculty members as a team.

As the Registrar of the Institute, I extend my best wishes to the entire team of Faculty and Students of the College of Nursing, SGPGIMS for their achievements.

Col. Varun Bajpai, VSM

Executive Registrar
SGPGIMS, Lucknow

Message

Chief Medical Superintendent, SGPGIMS



संजय गॉंधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ।
Sanjay Gandhi Post Graduate Institute Of Medical Sciences,
Raebareli Road, Lucknow-226014 (INDIA)
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Prof. Sanjay Dhiraj
Chief Medical Superintendent
SGPGIMS

Nursing is a noble profession. Nurses serve as the backbone of the entire hospital administration working tirelessly day in and out. I being the nodal officer to College of Nursing, SGPGIMS has worked in proximity of nurses and have realized that nurses are multi-tasking. They not only serve the people but also can also good leaders and administration.

My best goes to the entire team of faculty members and students of College of Nursing for the future projects.

Prof. Sanjay Dhiraj
Chief Medical Superintendent
SGPGIMS, Lucknow

Message Chairperson, SGPGIMS



SANJAY GANDHI POSTGRADUATE INSTITUTE OF MEDICAL SCIENCES

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Amita Aggarwal
Chairperson
SC-College of Nursing

Message for e-Newsletter

Nurses are two-thirds of the health workforce in India. Their central roles in health care delivery in terms of promotion, prevention, treatment, care, and rehabilitation are highly significant. Their contributions towards achieving UN millennium development goals (MDG) and sustainable development goals (SDG) are very crucial but not sufficient enough particularly in developing countries like India to create a major impact on health outcomes.

Nursing today has witnessed several changes, successes, and challenges through a lot of stride and movement. Through active, experiential, and global learning opportunities, we prepare our students to be stewards of the public interest and practitioners and leaders in the public and private sectors.

Being Chairperson of the College of Nursing I would like to congratulate the principal, faculty members, and students of the College of Nursing for this new quarterly Newsletter which will help us get the news about our nursing faculty, students, alumni, programs, and projects.

Prof. Amita Aggarwal

Chairperson

SC-College of Nursing

Message Principal CON, SGPGIMS



नर्सिंग कालेज
संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान

College of Nursing, SGPGIMS, Raebareli Road, Lucknow-226 014 (U. P.)

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Dr. Radha K.
Professor cum Principal
CON, SGPGIMS

Our mission is to promote quality nursing. Our Institute try to prepare skilled, independent, and compassionate Nurses, who can provide promotive, preventive, curative and rehabilitative services at all levels of health care settings. The institute strives to provide a conducive learning environment to the students. We try to inculcate competitive spirit and leadership qualities among future nurses; so that they could impart excellence in clinical practice & fulfil the demands and challenges of nursing profession globally.

The institute provides an ample opportunity to student nurses to acquire the skills to become a skilled nurse for the future enhanced demands & to get respect, and recognition in their field of health care.

Dr. Radha K.
Principal
CON, SGPGIMS, Lucknow

Message

Editor in Chief, CON, SGPGIMS



Mr. Mata Deen
Editor in Chief
CON, SGPGIMS

Healthcare delivery is a multidisciplinary endeavor with nursing as the backbone of the health and medical system.

The purpose of a e-Newsletter is typically to disseminate information regarding the activities of the college, Students & Teachers contribution, scientific presentation, publications etc.

Our goal as a team would not be achieved without the collective efforts of the Editor Advisory Board, Scientific Committee, Reviving Editors, Associate Editors committee members of College of Nursing, SGPGIMS, Lucknow.

e-Newsletter of College of Nursing, SGPGIMS will attempt to highlight the aspects related to academic performance, training of students and extra-curricular activities. From 2023 onward, I am very grateful and humbled to take on the role of Editor-in-Chief for this newsletter, and I am grateful to our Director, Dean, ER, CMS & Nodal officer, SGPGIMS and Principal, College of Nursing, SGPGIMS for supporting me to contribute to the development of the e-Newsletter.

This e-Newsletter will be useful to improve the academic and extracurricular performance of students and bring about quality in nursing education.

I am confident that collectively, we will take this newsletter series to great heights without compromising the quality.

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Sanjay Gandhi Post Graduate Institute of Medical Science, Lucknow

Sanjay Gandhi Postgraduate Institute of Medical Sciences has (SGPGIMS) been under the State Legislature Act in 1983 and is named after Sanjay Gandhi (an Indian politician). It was created by the state of Uttar Pradesh established as a center of excellence for providing medical care, education, and research of the highest order.

The Institute offers postgraduate training to medical and nonmedical professionals. The training programmes lead to D.M., M.Ch., M.D., Ph.D., postdoctoral fellowships, postdoctoral certificate courses in various disciplines. In addition, B.Sc. Nursing, M.Sc. Nursing for Nursing Sciences & B.Sc. / M.Sc. (paramedical technology) courses in Allied Health Sciences are offered by the College of Medical Technology. The Institute is an autonomous body and awards degrees which are recognized by the Medical Council of India. The Institute functions as a State University and is a member of the Association of Indian Universities and is recognized by University Grants Commission.

Sanjay Gandhi Postgraduate Institute of Medical Sciences aimed to provide advanced specialty medical care with emphasis on Neonatal Surgery, Organ Transplantations, telemedicine, advanced trauma care, kidney transplant and Comprehensive Cancer Care. Comprehensive focus on research, quality of teaching and quality of patient care.

The campus is a mini township with Community Center, Post Office, Bank, Schools, General Hospital, Play Grounds and other recreational facilities. There is planned plantation throughout the campus to provide pollution free healthy environment. The total covered area of the main hospital and its ancillary services is approx. 40,000 sqm.



College of Nursing, SGPGIMS, Lucknow

Owing a nation's commitment to bring primary health services within the reach of all the individuals, there is a great demand for the Professional Nurses in India. With this view, College of Nursing at SGPGI Lucknow was established in Year -2010 under an autonomous State University SGPGIMS Act 1983.

College of Nursing, SGPGIMS needs real commitment and selfless, endeavour with love, passion, and perseverance. Nursing students should act as force for change and become vital resource for health. College of Nursing is the first government Nursing Training institute established in Lucknow City of Uttar Pradesh.

Vision

Nursing is an exciting, dynamic and versatile profession that opens up many opportunities not only in India but around the world. Nurses make up the majority of the healthcare industry, and that number is constantly going up.

Mission

- Educate and inspire students to become competent, passionate nurse who demonstrate
- integrity and excellence in service, leadership, research, and education.
- To contribute towards knowledge generation and dissemination
- To promote ethical and value-based learning.
- To nurture creativity and encourage entrepreneurship.
- To enhance employability and contribute to human resource development.
- To promote health and wellness amongst students, staff & community.



Recognized as "**Mentor Institute**" under Mission Niramaya-2023

COLLEGE OF NURSING SGPGIMS

RAIBARELLY ROAD LUCKNOW 22601

FIRE SAFETY SKILL TRAINING SESSION

A disaster is a serious problem occurring over a short or long period of time that causes widespread human, material, economic or environmental loss which exceeds the ability of the affected community or society to cope using its own resources. Disaster is divided into natural disaster and man made disaster.

Natural disaster example: Avalanches, flooding, drought, earthquakes etc.

Man made disaster examples: fire, war, civil war etc.

Emergency response plan deal with protecting people first, property second. Emergency responses should attempt to contain, control, or end the emergency. This includes evacuating buildings, fighting fires, turning off utilities, and other response activities.

As a part of Disaster management and emergency response plan, a fire safety training session was organized by Dr. Radha K Principal CON SGPGIMS and coordinated by Mrs. Pushpa Singh (tutor), Mrs. Anju Verma (lecturer), Mrs. Pooja Yadav (tutor) with the cooperation of Mr. Sanjay Srivastava from Fire Department SGPGIMS on 25 Jan 2023 from 1:00pm – 2:00pm at the Nurses Girls Hostel, SGPGIMS, Lucknow.

LEARNING OBJECTIVES:

At the end of fire safety skill training session, the student will be able to:

- List ways to prevent fire accidents.
- Explain what a smoke detector is and what it does.
- Provide the 5 steps necessary for an escape plan
- Demonstrate the stop -drop-roll/ "P.A.S.S" technique for extinguishing fire
- Protect life and property from fire and maintain the continuity of operation

In this training session, the fire department officers explained the fire and fire extinguishers with the demonstration of fire safety alarming system and demonstration of fire extinguisher and water jet extinguishers.



SEWAGE TREATMENT PLANT, BHARWARA (LUCKNOW)

SEWAGE TREATMENT PLANT, BHARWARA (LUCKNOW) After the fire safety training session students were assessed and re-demonstrated on fire Emergency and its management. It was a great learning activity for students and faculty members to respond in fire emergency situations.

Sewage treatment plant (STP) is located at Bharwara, in Gomti Nagar of Lucknow. Its operation commenced in the Year-2011. The project cost's ₹360 crore. This plant is spread in the campus of 120 hectares and it is recognized as Asia's largest STP. This sewage treatment plant was started for reducing the pollution of Gomti river to save the aquatic life. The STP is based on Up flow Anaerobic Sludge Blanket (UASB) Reactor technology. The sewage & septage at the inlet of the plant comes from the main pumping station at Gwari. From the inlet, the wastewater flows through mechanical screens. The wastewater then flows to Up flow Anaerobic Sludge Blanket (UASB) reactors.

The product of the process is biogas, which is presently flared into the atmosphere. The sludge generated from the reactor is sent to a sludge

pumping station from where it is being pumped to sludge drying beds. The treated wastewater from the UASB reactor is then taken to the pre-aeration tank, where the wastewater is aerated with the help of surface aerators. From the pre-aeration unit, treated wastewater is then taken to the final polishing pond, where the wastewater is kept for 24–48 hours.

The treated wastewater is taken to chlorine contact chambers from the final polishing pond. Finally, the water is released from the outlet of the STP to the river Gomti.



Career Counselling Program

The faculty and students of College of Nursing, SGPGIMS, Lucknow together conducted a Career Counselling Program at Awasiya Public Inter College, Rajni Khera, Lucknow from 12 p.m. to 2 p.m. on 18th January 2023. The Session was conducted under the guidance of Mr. Yadidya (Lecturer) and Mrs. Pooja Yadav (Tutor). In this program, we told students about the nursing and paramedical as a career option.

OBJECTIVES

- To develop relationships with the local school community
- To inform about the career opportunities in nursing and paramedical
- To inform about the job opportunities in

government and private sectors

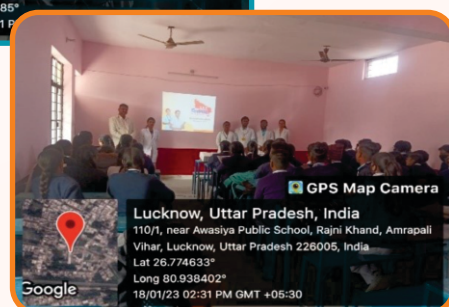
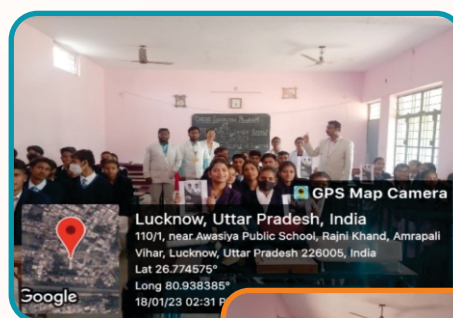
- To inform about the income in government and private sectors

CAREER COUNSELLING TEAM MEMBERS

1. Mr. Yadidya, Lecturer, CON, SGPGIMS
2. Mrs. Pooja Yadav, Tutor, CON, SGPGIMS
3. Mr. Arpit Nag, BSc nursing 4th-year student, CON, SGPGIMS
4. Ms. Perna Chandan Singh, BSc nursing 4th year student, CON, SGPGIMS
5. Ms. Tasya Katiyar, BSc nursing 4th year student, CON, SGPGIMS
6. Mr. Vikas Kumar, BSc Nursing 4th year student, CON, SGPGIMS

AGENDA FOR “AWASIYA PUBLIC INTER COLLEGE FOR CAREER COUNSELLING”

- Introduction
 - Ice-breaking activity
 - Introduction to nursing and paramedical
 - Introduction to paramedical
 - International aspects of nursing
 - Introduction of alumni Mrs. Pooja Yadav
 - Conclusion and feedback
- ✓ The students of 9th, 11th and 12th standard were the participants. Students enthusiastically participated in the program.
 - ✓ School principal and teachers also actively participated in the program.
 - ✓ Nirmaya brochures were distributed to the students
 - ✓ E-portals were provided to the students and shared with the school Principal



Nutrition Day Celebration-2023

Date: - 02/03/2023

Venue: - Nutrition Lab, College of Nursing, SGPGIMS, Lucknow

Participants: - B.Sc. Nursing IVYr. students

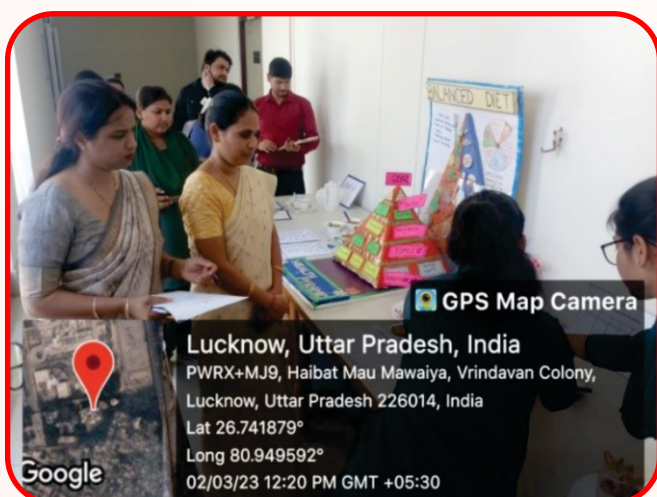
Significance/need of the program: -

It is very well known to us all that Nutrition plays a very important role in our life – from the time a child is born in the womb and it continues even after birth. A lot of importance should be given to nutrition as it is important for our health. As per the requirement of B.Sc. Nursing IV Year students decided to celebrate Nutrition Day under the guidance of our mam Mrs. Pooja Yadav, Tutor, CON.

The Nutrition Day was held on 2nd March 2023 at the Nutrition Lab of College of Nursing, SGPGIMS, Lucknow from 8.00 am to 1 pm. The students were divided into 5 groups and planned to prepare different dishes according to different types of diets. The AV aids were displayed on the types of diets, the importance of nutrition, health benefits of a balanced diet. The preparation phase for the program was harmonious and interesting with all the involved members showing active participation and coordination.

After the preparation of all the dishes, we covered the dishes with protective transparent coverings. We had labels in front of our dishes of different diets.

The dishes were evaluated by the principal and faculty members of the College of Nursing.



CNE (Continuing Nursing Education)



Continuing Nursing Education includes programs beyond the basic nursing profession which are designed to promote and enrich knowledge and improve skills and develop an attitude for the enhancement of nursing practice thus improving health care for the public. A Continuing Nursing Education was organized by the College of Nursing on 16/02/2023, under the supervision of Ms. Alice Joseph (Tutor), College of Nursing, SGPGIMS, for the training of Nursing officers in hospital settings with the help of demonstration.

Procedure: CPR
(Cardiopulmonary Resuscitation)

Date: 16/02/2023

Time: 10am to 11am

Nursing officers from the pulmonary ward department actively participated and redemonstrated the procedure with the checklist and evaluated it. It was a good teaching and learning activity for the clinical staff. At the end, Mr. Mata Deen and Ms. Alice Joseph thanked all the clinical staff for their active participation in the CNE program.



Suctioning of Nasopharyngeal and Oropharyngeal

A continuing nursing education was organized by the College of Nursing on 28/12/2022 under the supervision of Mrs. Ritija Singh (ANS), and Mrs. Bhumika Singh (Teaching Staff) College of Nursing, SGPGIMS, for the training of Nursing officers in the hospital setting with the help of demonstration.

Procedure: Suctioning of Nasopharyngeal and Oropharyngeal

Date: 28/12/2022

Time: 10 Am to 11Am

Nursing officers from the Neurology ward and Neurosurgery ward department actively participated and redemonstrated the procedure with the checklist and evaluated. It was a good teaching and learning activity for the clinical staff. In the end, Dr. Suman Lata Dubey and Mrs. Bhumika Singh thanked all the clinical staff for their active participation in the CNE program.



Antenatal Assessment and Counselling



Continuing Nursing Education was organized by the College of Nursing from 27.12.2022 to 02.01.2023 under the supervision of Dr. Radha K Principal, College of Nursing SGPGIMS, and Mrs. L. Kalib Chief Nursing Officer SGPGIMS. The session coordinator Mrs. Rijita Singh, Mrs. Sudha Sanger (ANS), Mr. Kamran (Tutor), and Mr. Arun Kumar (Tutor). The training session was held on 30/12/2022 in the MRH on Antenatal assessment procedures on pregnant women in clinical setup as per the INC procedure. All the participants actively participated and performed the procedure as per the checklist. During the session, it was found that the clinical nursing officers need to learn more procedures and hands-on training and procedure. I want to extend my sincere gratitude to Dr. Radha K. Principal, College of Nursing, Mr. Yadidya, and Mrs. Anju Verma, Nodal person for their guidance and support throughout the session. SGPGIMS, Lucknow. I have demonstrated to the clinical nursing officers of the MRH ward

Procedure: Antenatal Assessment and Counselling.

Date: 19/12/2023 Time: 10 am to 12 am



TPR (Temperature Pulse & Respiration)

A continuing nursing education was organized by the College of Nursing on 20/01/2023 under the supervision of Mrs. Ritza, (In charge neurology ward), for the training of a Nursing officer in the hospital setting with the help of a demonstration.

Procedure:TPR

(Temperature Pulse & Respiration)

Date:20/01/2023

Time: 10 AM to 11 AM

Nursing officers from the emergency ward department actively participated and redemonstrated the procedure with the checklist and evaluated it. It was a good teaching and learning activity for the clinical staff. In the end, Mr. Bhoopendra Singh Yadav and Mrs. Ritza thanked all the clinical staff for their active participation in the CNE program.



International Women's Day



International Women's Day is celebrated annually on March 8th to recognize the social, economic, cultural, and political achievements of women and to promote gender equality. Welcome address by Dr. Sanjay Dhiraj, Nodal officer CON. The program started at 2pm with the welcome of our chief guest Lt. Col. Varun Bajpai, Executive Registrar SGPGIMS, Dr. Sanjay Dhiraj, Nodal Officer, CON and spokesperson Mr. Shrawan Yadav, Founder, Connecting Youth on Wheels. The Executive Registrar and Nodal officer enlightened the students with the importance of Women in our lives and society and how Digital technology and innovation can connect women to new opportunities, provide access to education and healthcare, and empower them to become leaders in their communities and beyond. The resource person Mr. Shrawan Yadav spoke about the importance of emotional well-being and women's Equality. The College of Nursing, SGPGIMS celebrated International Women's Day on the 6th March to highlight the contributions of



women and their role in society. The purpose of this celebration is - to raise awareness about the status, equality, and dignity of women among the students. This year's theme was DigitALL: Innovation and Technology for gender equality. The program started at 2pm with the welcome of our chief guest Lt. Col. Varun Bajpai, Executive Registrar SGPGIMS, Dr. Sanjay Dhiraj, Nodal Officer, CON and spokesperson Mr. Shrawan Yadav, Founder, Connecting Youth on Wheels.

The Executive Registrar and Nodal officer enlightened the students with the importance of Women in our lives and society and how Digital technology and innovation can connect women to new opportunities, provide access to education and healthcare, and empower them to become leaders in their communities and beyond.

The resource person Mr. Shrawan Yadav spoke about the importance of emotional well-being and women's Equality.



National Conference

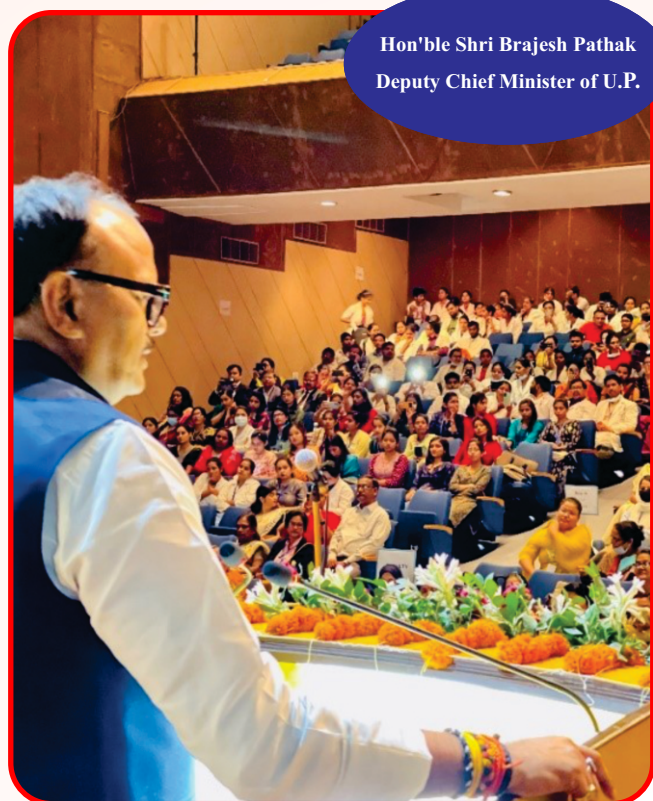


Society of Midwives India and in collaboration with the College of Nursing, SGPGIMS, Lucknow has organized the 16th National Conference on the theme "to promote normal birthing for the health of mother and baby- "Bring back Midwives" at Shruti Auditorium, SGPGIMS, Lucknow.

DAY-1

On 17th March 2023, the Society of Midwives India and in collaboration with the College of Nursing, SGPGIMS, Lucknow organized the 16th national conference on the theme "to promote normal birthing for the health of mother and baby "– bring back Midwives" at Shruti Auditorium, SGPGIMS, Lucknow.

The conference was inaugurated by Hon'ble Shri Brajesh Pathak, Deputy Chief Minister of Uttar Pradesh, Minister of Medical Education, Health and Family Welfare Department, Guest of Honour Dr. Alok Kumar, Registrar, Uttar Pradesh State Medical Faculty, Lucknow, Prof R.K. Dhiman, Director, SGPGIMS, Lucknow, Dr. Deepika Cecil Khaka, Nursing Advisor, Government of India, Dr. Radha k (Principal, College of Nursing, SGPGIMS). Mrs.Mitali Adhikari (President SOMI), DR. Geeta parwanda (organising Secretary,), Mrs. Shabana



Hon'ble Shri Brajesh Pathak
Deputy Chief Minister of U.P.

Khatun (Conference chairperson). Dr. Prakasamma (Founder SOMI). The proceeding begins with lamp lighting and Saraswati Vandana. All the dignitaries were welcomed by Dr. Radha K. Presidential address by Mrs. Mitali Adhikari. Prof. R. K Dhiman addresses the gathering in his by mentioning the importance of midwives in the care of mothers and child health care in reducing the maternal mortality rates during pre-natal and post-natal periods. Chief Guest of the conference Hon'ble Shri Brajesh Pathak, Deputy Chief Minister, UP address the gathering by focusing on the promotion of normal birthing. Midwives play a vital role in the part of maternal care. Nurses are with 24 hours services and the largest contribution to the health care delivery system during the hospitalization of patients. Uttar Pradesh government initiated "MISSION NIRAMAYA" in Oct 2022 to uplift and strengthen pre-service nursing education and carries counseling for intermediate college/ schools.

Day-2

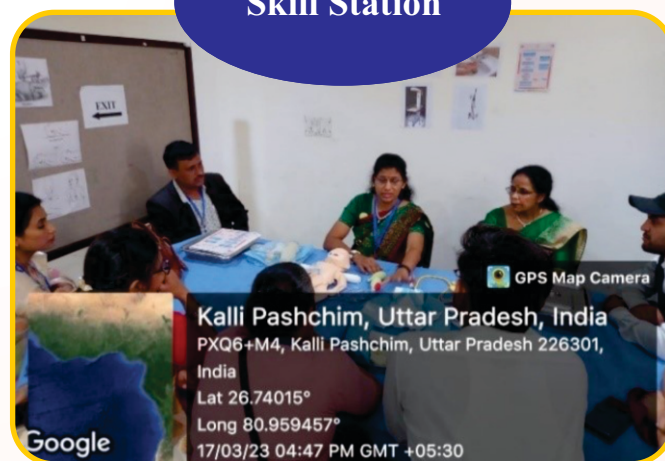
On the second day of the conference on 18th March 2023, the first plenary session was organized on midwife Led care unit; challenge, and interpretation. The session was chaired by

Col. S. Geeta Ramesh, Principal Command Hospital, Lucknow. During the session, Ms. Inderjeet Kaur, and Fernandez Foundation explained the concept of midwife-led care unit. The speaker of the sessions was included from Telangana and Maharashtra and expressed their views about the midwife-led care unit.

In the second session, the plenary discussion was organized on "Who is a midwife in India? Identity, perception and practices". The conference was moderated by Dr. Smritikana Mani, Retd Nursing Director, and the opening speaker was Ms. Neha Lajrus Joravia, GMERS Gujrat. The panelist of



Skill Station



sessions was from different parts of the country including Kerala, Telangana & Jharkhand, and expressed their opinion regarding the identity of midwives and their practices of midwives.

In the third session, a satellite conference was organized on "Nurse Practitioners in Midwives (NPMs)". Conference was chaired by Dr. Jassu Patidar, Former Registrar of, the Gujrat Nursing Council. During the session, the speaker expressed their opinion on cadre creation, role,

protocol

In the last session, four concurrent sessions were organized related to Midwife practices, postnatal interventions, and experience of managing complications in India. During the session, various speaker presented their model of practice and research presentation.

Day-3



Faculty Members

On the third day of the conference on 19th March 2023, the first Plenary session was organized on Midwives practices: a vision for the well-being of mothers and babies. The plenary session was chaired by Dr. Radha K (Principal College of Nursing, SGPGIMS, Lucknow). Keynote speakers of the session were Dr. Mohammad Ahsan, White Ribbon Alliance, Ms. Rani Rajeshwari (Nurse Midwife), Ms. Surbhi Bhargava (Midwife Educator), and Mrs., Manjula all the speakers highlighted their opinion on different aspects.

In the second session a panel discussion was organized on Is India ready for midwives? Learning from the past, moving forward. The panel discussion was moderated by Dr. Latha Radhamony (Retd. Deputy Director of Nursing).



The opening speaker Mrs. Sumita Chakraborty from West Bengal explains the past experiences of midwives. The panelist also pointed out past experiences and how we can move in the future. In the third session, satellite conferences were organized for nurses in midwifery units. Conference was chaired by Dr. Usha Mullick Ukande, Senior Consultant Midwife, presented the roles and responsibilities of midwives. The conference was moderated by Ms. Khusboo Rani. During the satellite conference, Ms. Shainymol and Ms. Neha Joravia explained the working conditions of midwifery units and the challenges faced by mothers.



In the valedictory session, the conference report was presented by Mr. Vikas Bhaskar. Conference chairperson Mrs. Shabana Khatun proposed the vote of thanks to all the delegates and guests. The conference was full of scientific presentations with evidence-based practices for promoting normal birthing, satellite session, and skill competencies to enrich the knowledge of the Auxiliary Nurse Midwife (ANM), Nurse Midwife, and various cadres of nurses in the clinical and academic areas across India



हीमोफीलिया के मरीजों के लिए रियल टाइम वेबसाइट

अमृत विचार, लखनऊ: विरासत में मिलने वाला हीमोफीलिया एक प्रकार का रक्तस्राव विकार है। इस बीमारी में व्यक्ति में रक्त का थक्का नहीं जमता है। इसके इलाज में एंटी-हीमोफीलिया फैक्टर (एएफएफ) देना होता है। इसके लिए प्रदेश सरकार निरंतर प्रयास करती है। वेबसाइट शुरू होने के बाद मरीजों को किसी भी प्रकार से फैक्टर मिलने में दिक्कत नहीं होगी। क्योंकि इससे रोगी व इलाज संबंधी समस्त जानकारी से अपडेट रहेगी। यह बात शुक्रवार को उप मुख्यमंत्री ब्रजेश पाठक ने रियल टाइम वेबसाइट का शुभारंभ करते हुए कही। संजय गांधी आयुर्विज्ञान संस्थान में हिमेटोलॉजी विभाग द्वारा आयोजित हीमोफीलिया अपडेट 2023 में कार्यशाळा में संबोधित कर रहे थे। उन्होंने बताया कि हीमोफीलिया के मरीजों को इलाज की यह दवाई भारत में निर्मित नहीं है यह आयात की जाती है और महंगी है।

उप मुख्यमंत्री को सौंपा ज्ञापन

अमृत विचार : एसजीपीजीआई कर्मचारी संगठन की महामंत्री सावित्री सिंह ने शुक्रवार को उप मुख्यमंत्री ब्रजेश पाठक को ज्ञापन सौंपा। उन्होंने संस्थान में आउटसोर्सिंग पर काम कर रहे नर्स, टेक्नीशियन सहित अन्य स्टाफ को नियमित नियुक्ति में 50 फीसदी वरीयता देने की मांग की है। उनका कहना है कि यह लोग नियमित कर्मचारियों के बराबर काम कर रहे हैं। यह लोग संस्थान के अनुशासन से भी परिचित हैं। 07:34



‘मिडवाइफ वापस लाएं’ विषयक सम्मेलन की दीप जलाकर शुरुआत करते उप मुख्यमंत्री ब्रजेश पाठक, साथ में अन्य। अमृत विचार

जन समस्या उठाएगा संयुक्त उद्योग व्यापार मंडल

अमृत विचार, लखनऊ: संयुक्त उद्योग व्यापार मंडल ने शुक्रवार शाम महानगर कार्यालय में बैठक कर बाजारों और कालोनियों में हो रही चोरियों, सरकारी अस्पतालों में मरीजों के साथ की जा रही लापरवाही पर नाराजगी जताई। व्यापारी नेताओं ने निजी अस्पतालों की मनमानी का आरोप लगाते हुए कहा कि नगर निगम और लखनऊ विकास प्राधिकरण केवल वसूली में लगे हैं। ऐसे में व्यापारियों की जिम्मेदारी है कि वह जिम्मेदारों का ध्यान इन समस्याओं की ओर आकृष्ट कराएं। बैठक में व्यापार मंडल के राष्ट्रीय अध्यक्ष अंजनी कुमार पांडे, सुरेंद्र नारायण तिवारी, खासिर अजहर सिद्दीकी, प्रमोद मिश्रा, अरविंद नाथ मिश्रा, अशोक शिवकुमार, राम तिवारी, मणि कान्त शुक्ला, सुनील जैन आदि व्यापारी नेता मौजूद रहे।

मातृ-शिशु की देखभाल में दाइयों की अहम भूमिका : पाठक

अमृत विचार, लखनऊ: सोसाइटी ऑफ मिडवाइफ इंडिया और एसजीपीजीआई कॉलेज ऑफ नर्सिंग द्वारा शुक्रवार को ‘मिडवाइफ वापस लाएं’ विषय पर राष्ट्रीय सम्मेलन का आयोजन किया गया। उप मुख्यमंत्री ब्रजेश पाठक ने बतौर मुख्य अतिथि सम्मेलन का उद्घाटन करते हुए कहा कि मातृ-शिशु की देखभाल में मिडवाइफ (दाइयों) की महत्वपूर्ण भूमिका होती है। इसके अलावा अस्पताल में रोगी के भती होने से देखभाल प्रणाली में नर्सों का बहुत बड़ा योगदान होता है। सरकार ने प्री-सर्विक्स नर्सिंग शिक्षा और करियर काउंसिलिंग की मजबूती के लिए मिशन निरामया की शुरुआत की है। एसजीपीजीआई के निदेशक, प्रो. आरके धीमान ने प्रसव पूर्व और प्रसवोत्तर अवधि के दौरान मातृ मृत्यु दर को कम करने और स्वास्थ्य देखभाल में दाइयों के महत्व पर प्रकाश डाला। 07:34

SOMI Chapter- Day 2, session organized on Midwife Led care unit

Lucknow : In second day of conference, first plenary session was organized on midwife Led care unit; challenge and interpretation. Session was chaired by Col. S. Geeta Ramesh, Principal Command Hospital, Lucknow. During the session Ms. Inderjeet Kaur, Fernandez foundation explained the concept of midwife led care unit. The speaker of the sessions were from Telangana and Maharashtra and expressed their views about midwife led care unit.



In the second session, plenary discussion was organized on “who is a midwife in India? Identity, perception and practices”.

Conference was moderated by Dr. Smritikana Mani, Retd Nursing Director and opening speaker was Ms. Neha Lajrus Joravia, GMERS Gujarat. The panelist of sessions were from different part of country includes Kerala, Telangana & Jharkhand and expressed their opinion regarding identity of midwives and practices of midwives.

In the third session, sat-

elite conference was organized on “Nurse Practitioner in Midwife (NPMs)”. Conference was chaired by Dr. Jassu Patidar, Former Registrar, Gujarat Nursing Council. During the session, speaker expressed their opinion on cadre creation, role, protocol and practice guideline for NPM.

They also discussed the problems on implementation of the NPM model in hospitals in India. They also discussed strategies for advocating and implementing the midwife models of natural birthing. In the last session, four concurrent sessions were organized related to Midwife practices, postnatal interventions, experience of managing complications

in India. During the session various speaker presented their model of practice and research presentation. Research presentations were on intervention package on infant and young child, anxiety of postnatal mothers in low birth babies, contribution factors and perceived barriers for non-compliance of breast feeding, impact of midwives led unit in tertiary hospitals, managing complications of shoulder dystocia, complications of hypertension during childbirth, establishing lactation in mothers, experience of registered midwife, preterm babies and respiratory distress, flipping breech to cephalic presentation midwifery role, practice of labour room etc.

देखरेख से टाला जा सकता है सिजेरियन

सर्विज बॉल का उपयोग
बालिका काटिए

lucknow@next.co.in

LUCKNOW (17 March): प्राणीय व शरीर क्षेत्र के अस्पतालों में मिडवाइफ को प्रतिबंधित किया जा रहा है, क्योंकि वे नॉटल प्रसव के बीच और व लक्षणों की जांच करने की जाते, इससे लक्षण प्रसव को बाधक मिलेगा, वहीं अस्पतालों में मरीजों का दबाव कम होगा, यद्यपि यह सिद्ध सुनकर के अंतर्गत में कानूनी रूप से नॉटल प्रसवों, वे नॉटल प्रसवों प्रवेश पाठक ने शुक्रवार को पीजीआई में सोसाइटी ऑफ मिडवाइफ के वार्षिक सम्मेलन के दौरान कहा। कार्यक्रम के दौरान नर्सिंग कॉलेज की डॉ. शर्मिष्ठा खट्टर ने बताया कि आज करीब 50-60 फीसदी प्रसव अंतर्गत में हो रहे हैं, इसकी 20 फीसदी तक सफल जा सकता है, मिडवाइफ और नर्सों के बीच सफल प्रसव को बाधक करने के लिए कई तरह की बाधाएं बनाई हैं। इसके अलावा किसी भी अंतर्गत को खतरा है, अंतर्गत लक्षण नहीं हैं। अंतर्गत के कारण नर्सों की अंतर्गत निम्नलिखित की प्रभावित करने हैं। आयुर्विज्ञान नर्सों की प्रभावित करने हैं। अंतर्गत प्रसव से प्रसव के कारण की बाधाएं दे रही हैं।



बर्दिग बाल व्यायाम से टाल सकता है सिजेरियन

नर्सों के दौरान बर्दिग बाल का उपयोग करने से नॉटल प्रसव, लक्षण और वरी की समस्याओं को मजबूत करने में मदद मिलती है, एडवाइस देकर करने से कानूनी के अंतर्गत के दौरान बाधक मिल सकता है। ऐसे में अंतर्गत करने की प्रक्रिया से बच जा सकता है, इसकी प्रति लक्षणों को जल्दबाजी करने की जरूरत है।

वेबसाइट पर हीमोफीलिया की जानकारी

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LUCKNOW (17 March): रोगों में हीमोफीलिया देखभाल प्रदान करने के लिए, रियल टाइम वेब साइट शुरू की गई। यह साइट रोगियों को नर्सिंग विभाग में, इसका उद्देश्य नर्सों को पीजीआई में हीमोफीलिया अपडेट जानकारी के दौरान डिप्टी सौरभ ब्रजेश पाठक ने किया।

सुपुत में मिल रही टाक

हीमोफीलिया एक दुर्लभ रोग है, इसमें रक्त स्राव ज्यादा होता है, इस रोगी को नॉटल प्रसव में रक्त का खतरा नहीं उठाने में उचित है। आयुर्विज्ञान रक्तस्राव होने लगता है और बाद में रक्त लगती है, जो कई मरीजों के लिए खतरा हो जाता है, इसका खतरा इलाज नहीं हीमोफीलिया फैक्टर, एडवाइस देना होता है, लेकिन यह टाक प्रदान में न करने से रक्त स्राव कम हो जाता है, इसकी खतरा कई मरीज बहुत खतरा का रक्त नहीं उठा पाते हैं, इसकी टाक 2009 में प्रवेश करके ने इन रोगियों को सफल प्रसव प्रदान करने का प्रयास किया, यह समय में हीमोफीलिया फैक्टर प्रदान की सुझाव है, हीमोफीलिया फैक्टर केटी की खतरा 8 से बढ़कर 26 प्रतिशत की गई, इससे लिए हेमेटोलॉजी विभाग नॉटल सौरभ ने किया।

SOFT SKILL TRAINING (SERIES-I) On "Empowered in Public speaking"



Public speaking also called oration or oratory, is the process of communicating information to a live audience. This type of information communicated is deliberately structured to inform, persuade, and entertain. Many people fear and they suffer from a public speaking weakness and lack the will to master the skill so it may hamper their personal and professional life. It is introduced in the syllabus for B.Sc. Nursing Students which was designed by the Indian Nursing Council. The module is designed to improve the soft skills of the students which are required for personal and professional lives such as etiquette, presentation, time management, motivation, decision making & teamwork.

Lt. Col. Varun Bajpai, Executive Registrar, SGPGIMS Explains public speaking as a soft skill you use every time and in front of a group. It is also an

interpersonal skill because an effective public speaker engages their audience and often involves them in their presentations.

He also explains public speaking is not just about



what you are saying but how you say it. Your tone, volume, eye contact, and body language contribute to your public speaking skills.

Objectives:

After the Soft Skill Training Program on Public Speaking, students will be able to:

1. Identify and perform personal and professional etiquette.
2. Know the Elements of public speaking.
3. Know Types of public speaking.
4. Demonstrate how to begin the speech.
5. Know how to make the speech good.
6. Know about Factors affecting public speaking.
7. Learn and apply public speaking skills.

Venue: - Seminar Hall, College of Nursing, SGPGIMS, Lucknow

Date: - 08-05-2023

Time: - 3 PM - 4 PM

Participants: - B.Sc. Nursing II Sem. and B.Sc. Nursing-II Year Students of College of Nursing,



SOFT SKILL TRAINING (SERIES-II) On "Communication Skills"



The "Soft Skill Training (Series 2) on Communication Skills" was Organized by the College of Nursing under the Chairperson of Dr. Radha K., Principal, College of Nursing, SHGPGIMS, Lucknow. The resource person for this event was Dr. R. Harshvardhan, HOD of Hospital Administration, SGPGIMS, Lucknow. The Program Co-Ordinator of this event was Mr. Vinod Gupta, Teaching faculty, SGPGIMS, and Mrs. Pooja Yadav, Tutor, College of Nursing, SGPGIMS. This event is mainly focused on skills of communication.



Venue: Seminar Hall, College of Nursing, SGPGIMS, Lucknow

Date: 10-05-2023

Time: 12 Noon to 1 PM

Participants: Faculties, II Sem. & 2nd Year B.Sc. Nursing Students of College of Nursing, SGPGIMS, Lucknow.

Communication is the process of sending &

receiving messages verbally or in writing. Messages are mainly related to health awareness so that healthy behavior can be adopted. The ultimate goal of all communication is to bring change in the desired direction in one who receives it. Communication skills required in health education include – speaking, writing, listening, reading, and reasoning.

It is introduced in the syllabus for B.Sc. Nursing Students which was designed by the Indian Nursing Council, New Delhi. The module is designed to improve the soft skills of the students which are required for personal and professional lives such as etiquette, presentation, time management, motivation, decision making & teamwork.

OBJECTIVES:

After the Soft Skill Training Program on communication skills, students will be able to:

1. Explain communication
2. Discuss human behavior and how it can be changed.
3. Describe the strategies for behavior change communication
4. Discuss skills and their role.

SOFT SKILL TRAINING (SERIES-III) On "Emotional Wellness"

The "Soft Skill Training (Series 3) on "EMOTIONAL WELLBEING" was Organized by the College of Nursing under the Chairperson of Dr. Radha K., Principal, College of Nursing, SHGPGIMS, Lucknow. The resource person for this event was Dr. Bhupendra Singh Additional Professor, Geriatric Community Mental Health, KGMU, Lucknow. The Program Co-Ordinator of this event was Mrs. Pooja Yadav, Tutor, College of Nursing, SGPGIMS & Mr. Auchitya Sharma, Teaching faculty, SGPGIMS. This event is mainly focused on skills of emotional well-being.

Venue: Seminar Hall, College of Nursing, SGPGIMS,

Lucknow

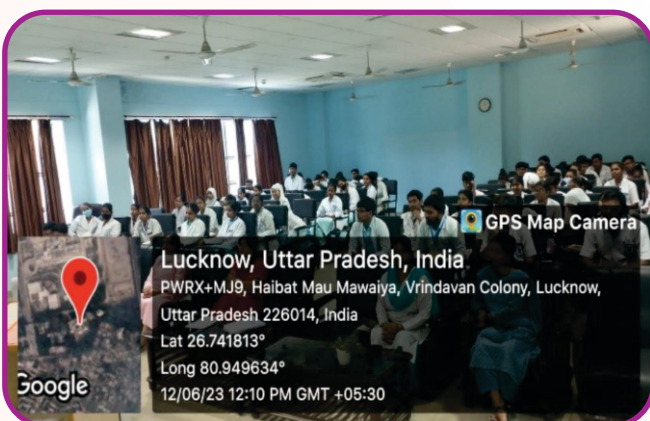
F Date:12-06-2023

F Time:11 am to 12 noon

F Participants: Faculties, II Sem. & 2ndYear
B.Sc. Nursing Students of College of Nursing,
SGPGIMS, Lucknow.



Emotional well-being, or emotional health or wellness, refers to how well people are able to accept and manage their emotions and cope with challenges throughout life. Emotional well-being can affect how well someone can function day to day or how they are able to deal with change or uncertainty. Difficulties in emotional well-being may have a negative effect on a person's mental and physical health.



It is introduced in the syllabus for B.Sc. Nursing Students which was designed by the Indian Nursing Council, New Delhi. The module is designed to improve the soft skills of the students which are required for personal and professional lives such as being able to handle stressful situations and challenges, how they adapt to change, and how they respond to difficult life

events.

OBJECTIVES:

After the Soft Skill Training Program on "Emotional wellness," students will be able to:

- Become more aware of the feelings and accept them as valid indicators of what they are experiencing.
- Develop the ability to experience and appropriately express a wide range of emotions such as humor, joy, fear, anger, frustration, appreciation, sadness, etc.
- Develop assertiveness and confrontation skills
- Develop positive feelings about own self by instituting healthy self-esteem and self-concept.
- Develop the skills to handle stress, coping stabilities & crisis management etc.



Lamp lighting and oath ceremony of B.Sc. Nursing students



The College of Nursing, SGPGIMS, Lucknow celebrated the Lamp Lighting and Oath-taking Ceremony of the 12th & 13th batch of B.Sc. Nursing students on 20.04.2023 at CV Raman Auditorium, SGPGIMS, Lucknow with utmost zeal & enthusiasm. 94 students of the 12th & 13th batch of B.Sc. Nursing took the Nurses Pledge in a traditional oath ceremony

The Programme started with a welcome address by Mrs. Anju Verma, Associate Prof, College of Nursing. This was followed by Lamp Lighting by the distinguished Chief Guest Prof. R. K Dhiman, Director, SGPGIMS, Guest of Honour Prof. Biji Biju, HOD and Professor, College of Nursing, Uttar Pradesh University of Medical Sciences, Saifai, Prof S P Ambesh, Dean, Lt. Col Varun Bajpai Executive Registrar, Prof Sanjay Dheeraj, Chief Medical Superintendent, SGPGIMS & Nodal Officer, College of Nursing, Prof. Amita Aggarwal, Chairperson, Steering Committee-CON and Dr. Radha K Principal, College of Nursing. The various eminent faculties were present on the occasion.

The annual report (Year 2022-23) of the college was presented by Dr. Radha K. Principal wherein she presented all the activities and achievements of faculty and students of the College of Nursing in academic, clinical, co-curricular, etc. She also mentioned the upcoming achievements and activities of the College of Nursing which includes the enhancement of B.Sc. Nursing seats from 40 to 60 and to start M. Sc. Nursing with an annual intake of 10 seats will be started in the academic



year 2023-24 and to develop the skill lab for nursing students or maybe other training centers of Nursing.

Guest of Honour Prof. Biji Biju addressed the gathering and she said about the significance of lighting the candle in the oath-taking ceremony.

Chief Guest Prof. R. K Dhiman, Director, SGPGIMS, Lucknow, addressed the students and said that Florence Nightingale should be the role model for each student nurse and, he said that constant attention by the good nurse may be just as important as a major operation by a surgeon.

Meritorious students were awarded for their academic excellence. Prizes were given for achievement in various categories of Sports also.



Disaster Management Training Session and Mock Exercise



Natural and manmade disasters are common in the world. Hence College of Nursing has planned and organized one day workshop on 09.05.2023, Venue: S.S Agarwal Auditorium and College of Nursing, SGPGIMS, Lucknow to train our faculties, staff, and students to tackle untoward events of earthquakes.

Objectives:

At the end of the workshop audience will be able to gain knowledge on the following.

- Importance of Disaster Management and the role of a nurse in a health facility
- The basic concept of Disaster management & DRR Overview
- State vulnerability to earthquake and preparedness in all stages
- Sharing Experience of Turkey-Syria Earthquake 2023-05-10
- Introduction to Mock Exercise
- Conduct of Mock exercise

Workshop on disaster management training session and mock exercise (earthquake) organized by COLLEGE OF NURSING, SGPGIMS, LUCKNOW In collaboration with Uttar Pradesh State Disaster Management Authority (UPSDMA) & State Disaster Response Force, Uttar Pradesh (SDRF, UP) on 9th May 2023. The Programme coordinators were Mrs. Shabana Khatun, Associate Professor, Mr. Yadidya, Associate Professor, Mr. Praveen Kishor, Project coordinator (Training), UP, SDMA, Mrs. Abha Verma, Tutor and Mata Deen, Tutor. A total of 235 people participated. Mrs. Shabana Khatun, Associate Professor, College of Nursing, SGPGIMS welcomed the following dignitaries on the



occasion Prof. R K Dhiman, Director, SGPGIMS, Lucknow as Chief guest, Sir



could not able to join but appreciated that this type of program we are doing in College of

Nursing, SGPGIMS. Guest of Honour, Lt. Gen. Ravindra Pratap Sahi (AVSM), UPSDMA, Lucknow, Brig. P.K. Singh (VSM), Sr. Consultant, UPSDMA, Dr. Satish Kumar, IPS, Commandant, SDRF, UP, Prof. S.P. Ambesh, Dean, SGPGIMS, Lt. Col. Varun Bajpai (VSM), Executive Registrar, SGPGIMS, Prof. Sanjay Dhiraaj, CMS & Nodal Officer, CON, SGPGIMS and Dr. Radha K, Professor cum Principal, College of





Nursing, SGPGIMS, Lucknow.

Guest of Honour, Lt. Gen. Ravindra Pratap Sahi (AVSM), UPSDMA, Lucknow emphasizes the vision of our honorable Chief Minister of UP to prepare for the disaster from the start of the student's life to make them aware. He also emphasized that it should also be included in the curriculum. the children, young youth reading mitigation and preparedness for the disaster.

Dr. Radha K, Principal, College of Nursing, SGPGIMS emphasized the importance of the Role



of Nurses in Disaster Management.

Brig. P.K. Singh (VSM), Sr. Consultant, UPSDMA, emphasized risk reduction, reducing vulnerability, mitigation, preparedness, climate justice, capacity building, and the impact of climate change. He discussed the major five planetary crises global warming, melting glaciers, rising oceans, displacements, conflicts, and how climate is damaging humanity. He also emphasized the prime minister's focus on the 10-point risk reduction agenda.

Dr. Satish Kumar, IPS, Commandant, SDRF, U.P, emphasized on types of disaster, he spoke about

the various pieces of training conducted at the SDRF centers like Aapda Sakhi and Aapda Mitra. Dr. Prabhas Pande, Former Additional Director General of the Geological Survey of India, discussed the geological aspects of earthquakes, and seismic zones of UP and told how to cope with medical emergencies. He also emphasized the importance of earthquake-resistant buildings in the seismic zones.

Mr. Abhishek Kumar Rai, Deputy. Commandant, 11thBn National Disaster Response Force, Varanasi, UP, he was shared the experience of Turkey-Syria Earthquake-2023 that has recently occurred. He described how teams from India rescued the people affected in Turkey under Operation Dost. And raised the name of India.

Mr. Virendra Dubey, Inspector, UP State Disaster Response Force, introduced a mock exercise, and the Mock Exercise (regarding the earthquake) was conducted at the College of Nursing by SDRF Team. Faculty, Students of B.Sc. Nursing and non-teaching staff actively participated and practice the mock exercise at Assembly Point, College of Nursing.

As all good things must come to an end, the program ended with a vote of thanks delivered by Mr Yadidya, Associate Professor College of Nursing, and hope that every student, faculty, teaching, and non-teaching staff gained knowledge in terms of cognitive and psychomotor skills.

Overall, it was a memorable day where students' feedback also was taken on the spot and they were very happy and ready to learn more about disaster and its management. Principal and faculties also planned to organize 12 days free residential training camp in the 4th year internship period. College of Nursing also planned to have a disaster team at the institute level with the help of the NDRF team which may help in disaster mitigation and quick response.





आपात स्थिति से निपटने के बताए तौर-तरीके

एनएसडी, लखनऊ। एनएसडी के एक कार्यक्रम में, एनएसडी के अधिकारियों ने लोगों को आपात स्थिति से निपटने के तौर-तरीके बताए। कार्यक्रम में, एनएसडी के अधिकारियों ने लोगों को आपात स्थिति से निपटने के तौर-तरीके बताए। कार्यक्रम में, एनएसडी के अधिकारियों ने लोगों को आपात स्थिति से निपटने के तौर-तरीके बताए।



एसजीपीजीआई में आपदा प्रबंधन पर कार्यशाला

आपदा प्रबंधन में नर्सों की भूमिका के महत्व पर जोर
लखनऊ, 10-05-2023
<http://epaper.loksaty.com/>

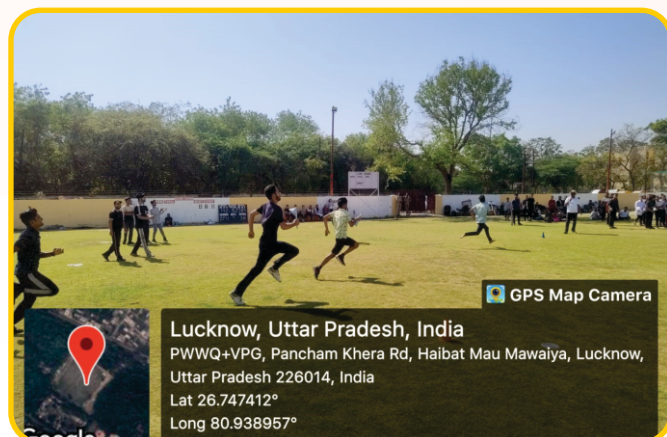


Annual Sports Meet 2023

The annual sports meet embodies the zeal, talents, and spirit of sportsmanship of the students of the College of Nursing, SGPGIMS, Lucknow, encouraging them to be persistent and to refine their talents, achieving the greatest of heights.

The sports program was organized under the guidance of Principal, Dr. Radha K. College of Nursing, SGPGIMS and coordinated by Mr. Arun Kumar & Mr. Kuldeep Yadav along with all the Faculty of the College of Nursing SGPGIMS

The program started at 8 AM by welcoming the Principal and the Faculty members and all the other members present in the Sport Complex & Cricket Ground SGPGIMS with a good start by prayer to keep us safe and healthy.



Cme And Workshop On Phlebotomy For Paramedics



A CME and workshop on Phlebotomy for paramedics was organized by the Laboratory Medicine Apex Trauma Centre, SGPGIMS on 13/04/2023 at seminar hall 5th floor Apex Trauma Centre from 8 am to 4pm. Under the Guidance of Dr. Radha K, Principal College of Nursing, B.Sc. Nursing 1st-year students (46) and B.Sc. Nursing 2nd-year students (48), and BSc nursing 3rd student (6) Participated in workshop and hands-on practice of phlebotomy on Mannequin.

The Workshop was coordinated and supervised by the Mrs. Shabana Khatoon, Associate Professor, Mrs. Pushpa Singh, Tutor, Mr. Bhupendra Kr Yadav, Tutor, and Mr. Kuldeep Yadav, Tutor CON.

The workshop started with the welcome of chairperson.

Session I: In this session the Dr. Alka verma discussed the overview of Phlebotomy, best laboratory practices and variables that Impact sample collection.

Session II: In this session, Dr. Swati Sharma included the discussion on open and closed phlebotomy procedures and sampling by dermal and capillary blood collection.

Session III: Dr. Chinmay Sahu informed the students regarding various aspects of sampling by central venous arterial access and sample collection in special conditions like Burns injury to limbs and post-surgery for malignancy.

Session IV: Prof. Amit Goel presented the risk factor and incidence of needle stick injury among



health professionals and sample storage techniques of different samples.

At 12: 30 Prof. RK Dhiman Director SGPGIMS, and Prof. Vimal Paliwal Dean SGPGIMS Inaugurated the ceremony with Lamp Lightening and Saraswati Vandana.

At the end of the session, 3 best questions from the students were awarded.



Television telecast on Doordarshan, Uttar Pradesh

Date: 11.05.2023

Time: 30 Min

**Venue: Doordarshan Kendra, 24 Ashok Marg,
Lucknow - 226001.**

As per the email invitation by Doordarshan Kendra, Lucknow for recording the telecast on TV channel Doordarshan, Uttar Pradesh on 11.05.2023 and telecast on 6:00 PM to 6:30 PM on 12.05.2023 on the occasion of International Nurses Day. Resource Persons are Mr. Shabana Khatun, Lecturer & Mrs. Pushpa Singh, Tutor College of Nursing SGPGIMS, Lucknow. The following were asked:

1. What is nursing?
2. Types of Nursing and admission criteria.
3. Females and males may do the nursing.
4. Challenges for nursing in dealing with the patient's family members.
5. How the corona may prevent in the community.
6. How do nurses handle depressive patients.
7. What is the career opportunity for nurses.
8. What is the UP-government scheme for nursing.
9. Tips for future opportunities.

Overall, the telecast may be very informative for the person who all wanted to pursue Nursing. I am so glad and thank all the authorities of the College of Nursing, SGPGIMS for giving me an opportunity to represent. I am so proud of being a part of the College of Nursing, SGPGIMS,



Faculty development program

Faculty Development Program is aiming for higher intellectual development in order to attain sustainable development and achieve optimum growth rates which could be enabled through the creation, transmission, and dissemination of knowledge. The FDP programs focus on enhancing functional area expertise improving one's classroom delivery both as a teacher and trainer enhancing abilities for conducting meaningful research. It will not only promote the professional practices relevant to technical education but also motivates the faculty to achieve a competitive teaching and learning environment, thus channelizing development with respect to academic qualifications and personal matters.

Mrs. Abha Verma, tutor CON SGPGIMS, requested to Prof Sanjay Dhiraaj, Nodal officer, CON, SGPGIMS, present the opening remark for the Faculty Development Program on January 21,



2023, at Seminar Hall College of Nursing, SGPGIMS. During the inaugural speech, the nodal officer emphasized the significance of the FDP and how it will affect teachers' professional development. Sir also introduced today's resource person, Dr. Prabhakar Mishra, Additional Professor of Biostatistics and Health Informatics and Sub Dean (Examination), SGPGIMS, Lucknow. As per the FDP program schedule, today's speaker Dr. Prabhakar Mishra presented the sample size calculation at the seminar hall, College of Nursing, SGPGIMS on January 21, 2023, from 11 a.m.-12:30 p.m. Sir explained sample size calculation for descriptive and experimental studies, level of significance, confidence intervals, and power analysis with examples.

Training program on First Aid & Hand Hygiene

Training program is a process use to teach their employees/Students about particular topic. Training also helps the learners to learn and enhance relevant skills to improve their performance and foster professional growth.

College of Nursing got the privilege to conduct a training program on Hand, Hygiene & First aid for NCC cadets in the yearly combined training camp - 211 at La-martinere College, Lucknow. This program was well organized under the guidance of Dr. Radha K Principal, College of Nursing SGPGIMS, with the coordination of Mr. Mata Deen (Tutor), Mr. Bhoopendra Singh Yadav (Tutor), and Mrs. Merlin Cheema A (Teaching Staff).

An introductory speech was delivered by Mrs. Merlin Cheema followed by a lecture was given on introduction regarding First aid, along with first aid for bleeding/Hemorrhage. The demonstration also was performed on first aid for nose bleeding and Hand hygiene. Re demonstration also was performed by all the students.

The second Lecture was delivered by Mr. Mata Deen on Cardio Pulmonary Resuscitation (CPR) along with a Demonstration on CPR mannequins. Some of the students were also asked to perform re demonstration on CPR and they performed well and mistakes were rectified.

Mr. Bhoopendra Singh Yadav delivered a lecture on First aid for Fracture which includes long bone fracture, cervical fracture, and Backbone fracture along with splinting and Bandages. He also has explained First aid for Snake bites. The training program was winded up with expressions of gratitude by the Army Officers Mr. Anand Pratap and Mr. Somnath. Participants were so interested in learning new concepts and doing demonstrations also. It was a good experience for the faculties of the College of Nursing. In the end, Mr. Anand Pratap felicitated the Speakers with a memento as a token of Love.

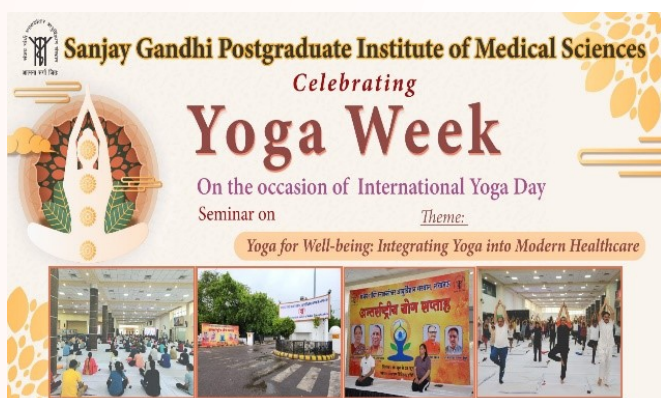




International Yoga Week-2023 (15/06/2023-21/06/2023)

Yoga is a group of physical, mental, and spiritual practices or disciplines that originated in ancient India and aims to control (yoke) and still, recognize a detached witness consciousness untouched by the mind and mundane suffering. Regular yoga practice has been shown to improve heart health, reduce blood pressure, enhance flexibility, and increase muscular strength. It can also improve respiratory function, reduce inflammation, and improve overall mental wellbeing.

Yoga Week is celebrated in the institute from 15th July 2023 to 21st June 2023. 21st June 2023 was celebrated as International Yog Day worldwide in SGPGIMS, Lucknow to spread awareness. This year Yoga Day is celebrated with the International Yoga Day 2023 theme of **“Vasudhaiv Kutumbakam”**.



Pronto Simulation And Team Training

(In-Person Interprofessional Training)

19th June 2023 (Monday)

Organized by

COLLEGE OF NURSING, SGPGIMS, LUCKNOW

In collaboration with

**Department of Maternal and Reproductive
Health, General Hospital, UPSMF, Pronto
International and JHPIEGO**

Two days Pronto simulation In-Person Interprofessional Training organized by College of Nursing, SGPGIMS, Lucknow in collaboration with Department of Maternal and Reproductive Health, General Hospital, UPSMF, Pronto International and JHPIEGO from 19th to 20th June 2023 in SS Agarwal Lecture Theater. Chairperson for the program was Prof. Sanjay Dhiraj, Chief Medical Superintendent, SGPGIMS, organizing secretary for the program was Dr. Radha K, Principal College of Nursing. The program coordinators were Mrs. Shabana Khatun & Mrs. Anju Verma, Associate Professor, Mrs. Bhumiika & Mr. K. Halemani.

The inauguration program was on 19th June 2023, starting at 9:45 am in which a welcome speech was delivered by Prof. Sanjay Dhiraaj, CMS SGPGIMS and Nodal Officer, College of Nursing, SGPGIMS.

Chief Guest of the program Prof. R K Dhiman, Director, SGPGIMS, Lucknow addressed the gathering with his encouraging words and shared his student life experience about the lack of such simulation training which is very much necessary for a doctor and nurse or any other health care team member to do the task with minimal errors in caring the patients.

Guest of Honour of the program Dr. Seema Handu, Country Director, PRONTO International,

explained the importance of interprofessional teamwork and also how PRONTO international team provides low technology, low cost, and highly reliable simulation technique. PRONTO International is focusing on different levels of health care setting such as District Hospitals, Taluka Hospitals, CHC, and PHC.

Prof. S P Ambesh, Dean, SGPGIMS as explained the meaning of the word PRONTO which is derived from the Italian language i.e., Quick or Prompt. He also mentioned about its funding agency i.e., Bill and Melinda Gates Foundation, USA. He also has explained about Mission Niramaya which is initiated by the U.P. Govt in October 2022, which is mainly focused on creating skilled nursing and Paramedical personnel in turn improving the quality of health care in UP and also setting an example in India.

Dr. Anju Rani, Senior Gynecologist, General Hospital, SGPGIMS, Lucknow addressed the gathering and mentioned the importance of empathy, sympathy, and good interpersonal relationship between the health care team and antenatal mothers and their relatives. She is also encouraged to conduct such simulation training sessions frequently for residents and nurses to keep updated on the skills of MCH care.

After the inauguration PRONTO team consisting of Ms. Divya Vincent, Ms. Nidhi Subramaniam, Ms. Rebecka David, and one person from the JHPIEGO Team Ms. Kalpana Pustela continued with PRONTO Simulation and team training in which a total 34 participants were present out of which 8 were Senior Residents and Junior Residents from MRH ward and other departments. 26 were nursing officers from SGPGIMS, Lucknow.

Other than clinical skill-building activities, there was an emphasis on the components of Respectful Maternity Care (RMC) and providing privacy and confidentiality to the mothers.

Teamwork and communication activities were conducted to enhance collaboration within the healthcare team.

Simulations on normal vaginal delivery and neonatal resuscitation were conducted where the nursing officers and the doctors participated as mothers, companions, and healthcare providers. Sessions were very interesting and kept the participants engaged throughout the day by sharing real-life situations by the PRONTO Team. The first day of the training ended at 5 pm.

20th June 2023 (Tuesday)

The second day started with an activity to make trainees understand the difference between the instructor and the facilitator. Pronto Team members Ms. Rebecka, Ms. Nidhi Subramaniam, and Ms. Divya Vincent moderated the Simulation on Post Partum Hemorrhage, newborn resuscitation, and pre-eclampsia, and participants themselves got involved in the simulation actively.

Dr. Seema Handu demonstrated the communication technique (Animal card lineup) through group activity to understand the given situation and act accordingly without giving any oral command. The program ended with the distribution of certificates and the vote of thanks given by Mrs. Shabana Khatun, Associate Professor, College of Nursing, SGPGIMS. At the end of the session, the feedback of participants was taken



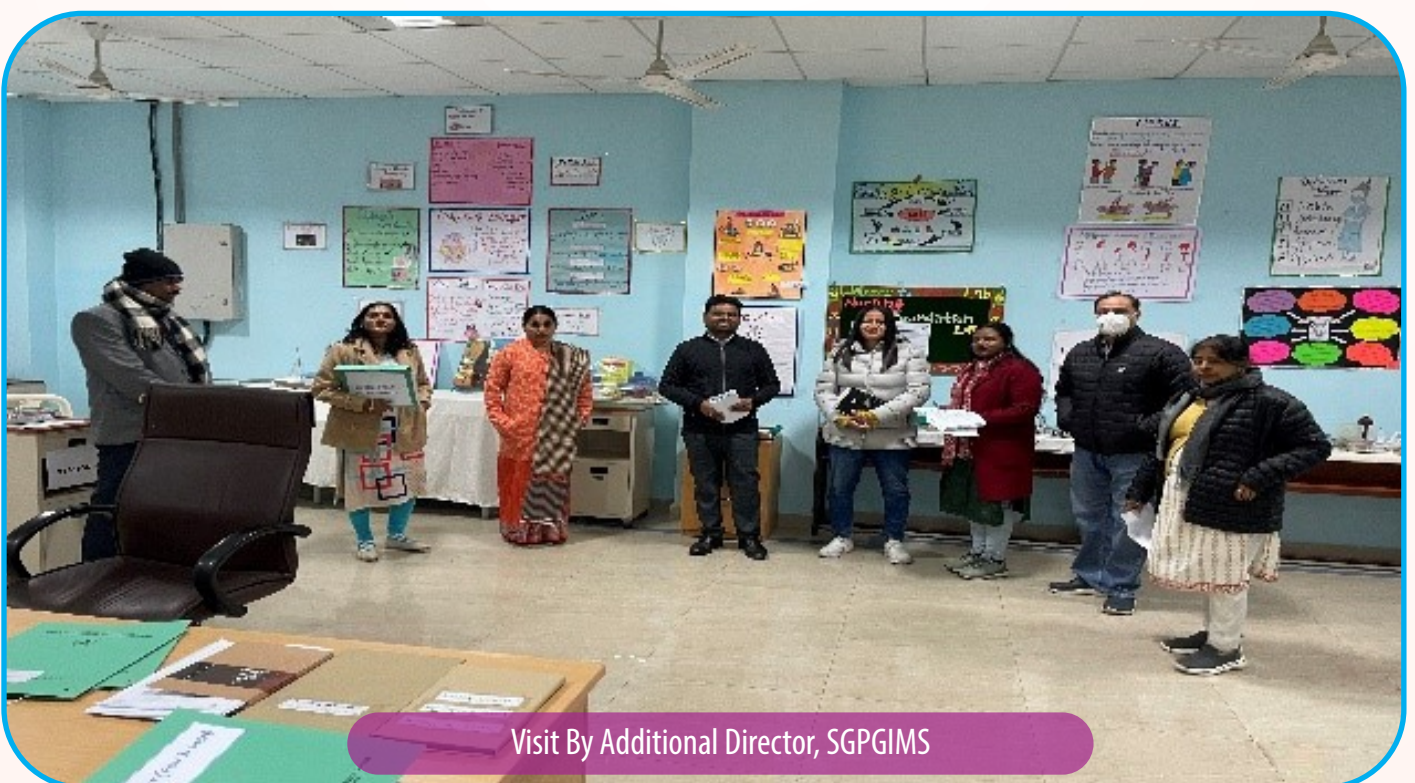
Visits



Student Exchange Programme



Visit By Additional Director, SGPGIMS



Visit By Additional Director, SGPGIMS

Visits



Global Reach Educational Consultation



Visit By Principal Secretary, Medical Education Government of UP



Mentorship Assessment Team II

