



COLLEGE OF NURSING SGPGIMS
RAIBARELLY ROAD LUCKNOW 226014
TRAINING PROGRAM ON FIRST AID & HAND HYGEINE

Training program is a process use to teach their employees/Students about particular topic. Training also helps the learners to learn and enhance relevant skills to improve their performance and foster professional growth.

College of Nursing got a privilege to conduct a training Program on Hand, Hygeine &First aid for NCC cadets in yearly combined training camp -211 at **La martinere College, Lucknow**. This program was well organized by under the guidance of Dr. Radha K Principal, college of Nursing SGPGIMS, with the coordination of Mr. Mata Deen (Tutor), Mr. Bhoopendra Singh Yadav (Tutor) and Mrs. Merlin Cheema A (Teaching Staff).

Topic: First aid &Hand hygiene

Date: 17-6-23

Time: 10.30am to 12.30pm

S. NO.	TOPIC	DEMONSTRATOR	PARTICIPANT	VENUE
1	First aid – Introduction Hemorrhage Hand Hygiene	Mrs. Merlin Cheema, Teaching Staff CON SGPGIMS	Approximately 500 NCC students from various schools of Lucknow.	Auditorium La martinere College, Lucknow.
2	CPR Lecture Demonstration	Mr. Mata Deen Tutor CON SGPGIMS.	Approximately 500 NCC students from various schools of Lucknow	Auditorium La martinere College, Lucknow
3	First aid-Fracture Snake bite	Mr. Bhoopendra Singh Yadav Tutor CON, SGPGIMS, LUCKNOW	Approximately 500 NCC students from various schools of Lucknow	Auditorium La martinere College, Lucknow







Introductory speech was delivered by **Mrs. Merlin Cheema** followed by lecture was given on introduction regarding First aid, along with first aid for bleeding/Hemorrhage. Demonstration also was performed on first aid for nose bleeding and Hand hygiene. Re demonstration also was performed by all the students.

Second Lecture was delivered by **Mr. Mata Deen** on Cardio Pulmonary Resuscitation (CPR) along with Demonstration on CPR mannikine. Some of the students were also asked to perform re demonstration on CPR and they have performed well and mistakes were rectified.

Mr. Bhoopendra Singh Yadav has delivered lecture on First aid for Fracture which includes long bone fracture ,cervical fracture and Back bone fracture along with splinting and Bandages . He also has explained about First aid for Snake bite. The training program was winded up with expression of gratitude by the Army Officers Mr.Anand Pratap and Mr.Somnath. Participants were so interested in learning new concepts and to do demonstration also. It was a good experience for the faculties of College of Nursing. At the end Mr.Anand Pratap felicitated the Speakers with a memento as token of Love .