

CURRICULUM VITAE



Name	Dr Spandana J
Speciality	Endocrine Surgery
Gender	Female
Date of birth	12 February 1994
Nationality	Indian
Qualification	MBBS, MS, DNB (General Surgery)
Current Position	Assistant Professor
Registration No.	DMC 97662
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Areas of Interest	Endocrine Surgery and Research

Educational Qualifications

S.No	Degree	Institution	Period
1.	Master of Chirurgiae (M.Ch.) (Endocrine & Breast Surgery)	Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow	2022-2025
2.	Master of Surgery (General Surgery)	Lady Hardinge Medical College Delhi University, New Delhi	2018-2021
3.	MBBS (Medical School)	Mysore Medical College and Research Institute Rajiv Gandhi University of Health Sciences, Karnataka.	2011-2017
4.	Intermediate	Demonstration Multipurpose School, NCERT, Mysore, Karnataka	2011
5.	High School	Demonstration Multipurpose School, NCERT, Mysore, Karnataka	2009

Academic Honor:

- Distinction in Pathology, ENT and Ophthalmology during the study period for MBBS
- Stood first in All India Entrance examination for MCh Endocrine Surgery
- Thesis during MS: Correlation between Serum High Density Lipoprotein Cholesterol and the severity of Acute Biliary Pancreatitis- A Prospective Observational Study

Professional Experience:

Sl. No.	Position Held	Department	Institution	Period
1.	Senior Resident	Endocrine and Breast Surgery (MCh)	All India Institute of Medical Sciences, Rishikesh	3 months
2.	Resident Intern		Mysore Medical College and Research Institute, Karnataka	March 2016 to March 2017

Certifications

- Advanced Trauma Life Support Certification, February 2020
- Advanced Cardiac Life Support (ACLS) Certification, August 2019
- Basic Life Support (BLS) Certification, August 2019
- Xi Multi Port Intuitive Technology Training as First Assistant Workshop July 2023

- Fellowship training in Endocrine Surgery, University Medical centre, Mainz, 2023
- Clinical Observership at Endocrine Surgery unit at Sheffield Teaching Hospitals, Sheffield, UK, 2024

Professional Memberships

- Association of Surgeons of India (ASI)
- Indian Association of Endocrine Surgeons (IAES)
- European Association of Endocrine Surgeons (ESES)
- Indian Thyroid Society (ITS)
- Association of Breast Surgeons of India (ABSI)
- Pursuing Membership of Royal College Of Surgeons, Glasgow (MRCS), completed Part A

Awards and Achievements

- Dr Jyoti Ramalingam Best Paper award at the annual conference of Indian Association of Endocrine Surgeons (IAES) 2024
- First place in Quiz at the annual conference of Indian Association of Endocrine Surgeons (IAES) 2024
- KGMU ABSICON Best Poster award in annual conference of Association of Breast Surgeons of India (ABSI) 2024
- Best Research Paper (Second place) in SGPGI Research Day 2023
- First Place in Quiz in Post Graduate Course in Endocrine Surgery (PGES) 2023
- First Place for Best Video Presentation in annual conference of Association of Surgeons of Rural India (ASRI) 2023

- Dr Sarath Chandra Travelling Fellowship in Indian Association of Endocrine Surgeons conference (IAESCON 2023)
- Prof S Vittal Best Paper award in annual conference of Association of Surgeons of India (IAES section), ASICON 2022
- Best Research Paper (second place) in SGPGI Research Day 2022
- Dr C Palanivelu Best Post Graduate Paper Award in annual conference of Association of Surgeons of India, ASICON 2020
- Second runner up in ASI Regional Refresher Course 2020
- First Place in case presentation in LHMC update 2021
- Second place in Best Poster presentation , ASICON 2019

Publications and Research Work

- Jagannath S, Aggarwal L, Ali S, Kumar A, Mohta A. Male breast carcinoma in the oldest old: an extremely rare entity. Int Surg J. 2021 Jan;8(1):424-426
- Kumar A, Jagannath S, Phulware RH, Mendiratta V. An ulcerated exophytic tumour over the gluteal area- eccrine porocarcinoma in an immunocompromised female. Int Surg J. 2021 May;8(5):1600-1602
- Jagannath S, Kumar A. Black pleural effusion: an unusual complication of pseudocyst pancreas. 2021 Jul; 8(7) : 2238-2240
- Jagannath S, Mayivaganan S, Idrees S. Correspondence on Adrenal Incidentalomas. BJS, 2022, 109, 647-649
- Jagannath S, Mayilvaganan S, Idrees S, Letter to editor: Parathyroidectomy for Normocalcemic Primary Hyperparathyroidism (nPHPT) is associated with improved

bone mineral density regardless of postoperative parathyroid hormone levels. World J Surg. 2022 Dec

- Jagannath S, Mayilgananan S, Idrees S. Journal watch: Thyroidectomy in Australia 2022: Lessons from 21,000 consecutive cases. Indian J Endoc Surg Res 2022 Dec; 17(2):77
- Jagannath S, Mayilvaganan S, Idrees S. Viewpoint: Tattooing for thyroid disorders: Will it help the knife happy endocrine surgeons? Indian J Endoc Surg Res. 2022; 17(2):75-76
- Jagannath S, Hill AG, Mayilvaganan S. Comment on “High infertility rates and pregnancy complications in female physicians indicate a need for cultural change” Ann Surg Open. 2023; 1:e265
- Idrees S, Mayilvaganan M, Jagannath S et al, Validation of cost effective model for Breast- Self Examination. Ann Med Surg. 2023;85:166-171
- Jagannath S, Mayilvaganan S. Journal Watch- Comparison of Lobectomy vs Total Thyroidectomy for Intermediate-risk papillary Thyroid carcinoma with Lymph Node Metastasis. Indian J Endoc Surg Res. 2023;18(1):38
- Bhargav PRK, Mayilvaganan S. (2023). History of Graves’ Disease (GD) Graves’ Disease. Spandana Jagannath (Ed), Monograph (Diffuse Toxic Goitre) : Surgical and Other Perspectives (16-18). Mark-Fly Publishers.
- Jagannath S, Mayilvaganan S. Letter to the Editor From Jagannath and Mayilvaganan: “FCH-PET/CT in Primary Hyperparathyroidism With Discordant/Negative MIBI Scintigraphy and Ultrasonography”. Jour Cli Endo Met. 2023; dgad612
- Jagannath S, Mayilvaganan S, Letter to the Editor from Jagannath and Mayilvaganan: “Is Multifocality a Predictor of Poor Outcome in Childhood and Adolescent Papillary Thyroid Carcinoma?”, Jour Cli Endo Met. 2024; dgae117

- Kumar V, Tripathi SK, Prakash J, Dubey A, Chauhan RS, Jagannath S, Mayilvaganan S, Singh SK. What an Endocrine Surgeon Should Know about Sample Collection and Tissue Preservation. Indian J Endoc Surg Res. 2023; 18 (2):53-57.
- Jagannath S, Mayilvaganan S, Comment on Neoadjuvant 177Lu-DOTATATE for non-functioning pancreatic neuroendocrine tumours (NEOLUPANET): multicentre phase II study. Br J Surg. 2024 Dec 12;
- Jagannath S, Mayilvaganan S, Mishra S, Chand G, Mishra A, Agarwal G. Use of Animation Video and Clay Model for Surgical Decision- Making in Patients with Early Breast Cancer- A Prospective Study. South Asian J Cancer. 2025 Feb 17; DOI: 10.1055/s-0045-1802591 (Original article)
- Jagannath S, Sabaretnam M, Chand G, Mishra A, Misra DP, Rai MK, Agarwal G. ProInflammatory Cytokines in Patients With Thyroid Nodules Before, During, and After Thyroidectomy in a Tertiary Referral Center. World J Surg. 2025 Jul;49(7):1820-1827 (Original article)

Presentations

- Interesting case presentation- Unusual complication of pseudocyst of Pancreas, ASI Delhi Chapter 2019
- Poster Presentation- Renal Leiomyoma: A Rare entity, SURGICON 2019
- Competitive Poster presentation- Black pleural effusion, SURGICON 2019
- Case presentation- Soft tissue sarcoma, Regional Refresher Course, ASICON 2020

- Competitive Paper Presentation- Correlation between serum high density lipoprotein cholesterol and the severity of acute biliary pancreatitis- A prospective observational study, ASICON 2020
- Case presentation- Benign Toxic Goitre, LHMC update 2021
- Poster presentation- Tale of two letters to editors, SGPGI Research Day 2022
- Competitive Paper presentation- Colloid aspiration thyroidectomy, ASICON, IAES section, 2022
- Competitive video presentation- Palliative Mastectomy, ASRI 2022
- 2 Poster presentations in ESES 2023, Mainz Germany
- Competitive poster presentation- ‘Retrosternal Goitre-Modified t incision an alternative to sternotomy, PGES 2023
- Case Presentation- FTC with Skeletal metastasis with Hypoglossal nerve paralysis, Endocrine Imaging Session, Post Graduate Course in Endocrine Surgery (PGES), SGPGIMS, 2023
- Competitive Poster presentation- Publish or Perish, SGPGIMS Research Day 2023
- Case Discussion in Advanced Disease Tumour Board - Metastatic PDTC, WCTC 2024 (Virtual)
- Competitive Poster presentation - Use of animation and clay model for patients in surgical decision making in early Breast cancer, ABSICON, 2024
- IAES Interesting case presentation- Crouching Tiger and Hidden Dragon, ISW 2024
- BSI Poster presentation- Breast Cancer Surgery under Local Anaesthesia in a select cohort of patients- ISW 2024
- Competitive Paper Presentation- Pro inflammatory markers in thyroid nodule- An enigma, IAESCON 2024
- Competitive Poster Presentation- Pro inflammatory markers in thyroid and colloid, BAETS, 2024

Conferences and meetings attended

- BAETS 2024
- IAESCON 2024
- ABSICON 2024
- International Surgical Week 2024
- EndoUpdate 2024
- Johnson and Johnsons Endosurgical Skills Workshop 2023
- BRASCON- TIVAD workshop 2023
- Diabetic Foot CME 2023
- PGES 2023
- ESES 2023
- ASRI 2023
- ASICON 2022
- Robotic and Open Thyroidectomy Live Operative Workshop , SGPGIMS, July 2022.
- MAMC update 2021
- SCOPE 2021
- LHMC update 2021
- ASICON 2020
- ATLS course, RML hospital, 2020
- Regional Refresher Course (virtual) 2020
- ASICON 2019
- SURGICON 2019
- BLS and ACLS course, RML hospital, 2019
- Delhi State Chapter ASI, 2019

Non-Academic Pursuits and Extracurricular Activities

- Volunteer, People Science Forum (NGO), Mysore
- Trained Classical singer in Carnatic music
- Certified diploma in French (DELF)
- District level Hockey Player in school
- Awarded All Rounder in School, 2009
- Part of inter school debate team
- College Dance team, MMCRI, Mysore
- First place in National Symposium on Lakes, IISC, Bangalore, 2007
- Awarded Scholarship in National Talent Search Examination (NTSE)
- Certification from National Cadet Corps (NCC) 2007-2008
- Participation and paper presentations in various national and state level conferences and symposiums in school