

Curriculum Vitae- Dr. Arpita Katheria

Presently serving as an Assistant Professor(Contr) in the Department of Cardiology at Sanjay Gandhi Post Graduate Institute of Medical Sciences. I have completed my MBBS from GSVM Medical College in 2015 and Post Graduation from LLRM Medical College, Meerut in General Medicine, following which I worked as a Senior Resident in General Medicine at the same institution. I joined SGPGIMS in 2019 as Senior Resident (DM) in Cardiology, and after completing my DM course in 2022, served two year bond as an Assistant Professor(Cardiology) at SGPGIMS, and currently working in the same capacity.

Professional Qualifications & Experience-

- **High School-** Mount Carmel Girls' College, Lucknow. (2005)
- **Intermediate-** Mount Carmel Girls' College, Lucknow. (2005)
- **MBBS:** Ganesh Shankar Vidyarthi Memorial Medical College, Kanpur (2015)
- **MD (Medicine):** Lala Lajpat Rai Memorial Medical College, Meerut (2018)
- **DM(Cardiology):** Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow (2022)
- **Senior Resident (Medicine):** Lala Lajpat Rai Memorial Medical College, Meerut, Uttar Pradesh (2018-2019)
- **Assistant Professor (Cardiology):** Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow, Uttar Pradesh (Sept. 2022- Present)

Conferences and Presentations-

- Paper presentation at **Mid Term CSI-NIC, UP Chapter, 2021**
- Free Paper Presentation at **15th Asia Pacific Heart Rhythm Society Conference**, Singapore,2022
- Attended **CSI- Heart Failure conference** in Lucknow in March 2023
- Attended **Cardiac Electrophysiology: Back to basics workshop** organised at AIG Hospital, Hyderabad in April 2023.
- Member of Organizing Committee and hosted **Mid Term CSI-NIC, UP Chapter, 2023.**
- Selected among top 50 thesis in Cardiology in India presentation in **AV Gandhi SCAI Award**, February 2024.
- Paper Presentation at **India Live 2024** conference at New Delhi in March 2024
- Paper Presentation at **NIC 2024 conference** at Chennai in August 2024

Academic activities and Certificates-

- **ALS/BLS classes-** Conducts ALS classes at SGPGIMS for senior and junior residents, on topic of Defibrillation and Pacing.
- Participated as course faculty in **Refresher Course in Comprehensive Cardiac Nursing Care** (2023) conducted by Cardiology Dept. at SGPGIMS, Lucknow.
- **Research Day-** Presented posters at Research Day at SGPGIMS in 2022 and 2023.
- Completed Basic Course in Biomedical Research in September 2022.
- Completed **Holistic Approach to Heart Failure Management Course** organized by Heart Failure association of India in December 2023

- Completed Good Clinical Practice Certificate by NIDA Clinical Trials Network in January 2024.
- Participated as course faculty in Cardiac Cath Lab Staff Refresher Course, 2024.

Awards and Honours-

- UP APICON (2016)- Dr S.N. Gupta Award First prize for Oral Paper Presentation
- Mrs. Chitra Mathur Memorial Gold Medal in MD (Medicine)
- 11th Mid Term UPCSI Conference: First prize in Case Presentation

Publications-

- 1) Sahu AK, Katheria A. Is this the beginning of end for warfarin in bioprosthetic mitral valve recipients with atrial fibrillation? - New insights from RIVER trial. Indian Heart J. 2021 Jul-Aug;73(4):516-517. doi: 10.1016/j.ihj.2021.06.019
- 2) Khanna R, Katheria A. Intervention in cardiogenic shock. Indian J Cardiovasc Dis Women 2023;8:94-8.
- 3) Katheria A, Kapoor A, et.al. A pilot study evaluating the role of ivabradine for rate control in patients with rheumatic atrial fibrillation. Indian Heart J. 2023 Sep-Oct;75(5):376-382. doi: 10.1016/j.ihj.2023.08.006.
- 4) Saha S, Kapoor A, Raut K, Katheria A, Khare H, Sahu A, Khanna R, Kumar S, Garg N, Tewari S. RAdiation Dose Attenuation using RADPAD in CATH lab for primary and secondary operators - RADAR-CATH STUDY. AsiaIntervention. 2024 Jul 26;10(2):135-143. doi: 10.4244/AIJ-D-23-00058. PMID: 39070977; PMCID: PMC11261659.
- 5) Tomar D, Kapoor A, Hashim Z, Raut K, Katheria A, Khare H, Sahu A, Khanna R, Kumar S, Garg N, Tewari S. Use of strain imaging to detect subtle myocardial involvement in post COVID-19 patients: An Indian perspective. Indian Heart J. 2024 Oct 1:S0019-4832(24)00183-4
- 6) Sharma S, Singh D, Katheria A. Tuberculosis among medicine residents –a neglected/alarming fact. JIACM 2017;18:257-9.
- 7) Sub-editor and wrote 2 chapters in CSI Yearbook of Cardiology 2023- Heart Failure.